



# 2020-2021 COMMUNITY HEALTH CONTRACT (CHC) Q3 GRANT IMPACT REPORT

**Organization Name:** Fallbrook Land Conservancy

**Program Title:** Fallbrook Land Conservancy Preserve and Trail Walkability Enhancement

**Person submitting the report:** Karla Standridge Executive Director

**Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:**

	Percentage served	Total Number Served
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)		
Seniors (60+)		
Unknown	100	

**Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:**

	Percentage served	Total Number Served
Female		
Male		
Non-binary		
Unknown	100	

**Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:**

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)		
Very Low (50% Income (ceiling of \$53,500)		
Low (80%) Income (ceiling of \$85,600)		

	Percentage Served	Total Number Served
Higher than listed limits		
Unknown	100	

**How many District residents directly benefited (participant/client) from this program in this reporting quarter?** 3750

## GOALS & OBJECTIVES

**Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.**

Improve, maintain, and promote FLC trails and open spaces in an effort to provide safe and reliable trails accessible to people of all abilities in order to advance the wellbeing of District residents.  
 Obj 1. Maintain and improve 13 miles of FLC trails to ensure safety and accessibility. Success will be measured by miles of trails maintained or improved. This is an ongoing task to meet the larger goal.

FLC staff, including Preserve Manager and Assistant Preserve Manager, maintained FLC’s network of 13 miles of trails, as well as continued improvements on a new preserve with approximately 1 mile of trails (Pala Mesa 36). The majority of staff time was spent at Monerate Mountain and Los Jilgueros Preserves, the preserves most heavily used. Staff trimmed vegetation to widen trails, corrected erosive portions of trails, and removed trash and debris from preserves. Additional has been completed at Dinwiddie Preserve to remove brush and open trails for increased visibility. FLC has also began preparing its Gird Valley Preserve for an official opening. This Preserve offers a one mile, moderate looped trail behind the Monserate Winery property. Trail work to be completed includes installing steps and handrails and filling washes in trails and diverting water to prevent future problems. A trail map and preserve signage are being developed. The trail will officially open on April 23, 2022.

Obj 2. Collect trail use data via infrared trail counters to inform management decisions and gauge overall preserve use. Infrared trail counters installed at the trailheads will provide total number of hiking trips per preserve per month. Data can be extrapolated to provide a further breakdown of peak use times.

Trail counter data is below. Notes: 1. The trail counter at Heller’s Bend Preserve was vandalized and stolen so no data is available. A new counter has been ordered but has not yet arrived due to supply chain issues. 2. Rainbow Municipal Water District is completing a pipeline project on Monserate Mountain Preserve and it is suspected this is why use has decreased slightly. 3. The Palomares House and Garden hosts weekly volunteer events. The counts at this location are high because volunteers regularly pass through the entrance for materials, supplies, etc.

Dinwiddie Preserve: January: 721 February: 689 March: 638

Engel Family Preserve: January: 83 February: 35 March: 56

Karen Tucker at Hellers Bend: NO DATA

Los Jilgueros: January: 6,896 February: 5,559 March: 7,281

Monserate Mt.: January: 6,070 February: 4,757 March: 4,680

Palomares House & Garden: January: 12,162 February: 19,061 March: 15,168

Obj 3. Promote FLC trails to District residents and local healthcare providers. FLC will conduct outreach via email, social media, print media, in person (or electronic) meetings, and other communications to community members and local healthcare providers. Communications will be at least monthly. During the first quarter, FLC staff will connect with ParkRx program personnel to explore the feasibility of expanding the program to our area.

No new developments since Q2.

Obj 4. Collect preserve usage demographic data via a survey posted at trailheads. FLC will develop or expand upon an existing survey to gather demographic and usage data of program participants. This

data will be available at the close of the grant term to allow for ample time for participation.  
In progress.

**Please provide the Goal 2 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.**

NA

## **PARTICIPANT SUCCESS STORY**

### **Participant Success Story:**

I have been hiking at Dinwiddie Preserve for more than four years. I have noticed significant improvements over the last 6 or 8 months. The trails are easier to navigate (I am a senior) and trees have been trimmed so I feel safer walking. I am happy to have such a great resource in our community.

- Anonymous trail user

## **ACKNOWLEDGEMENT**

**Please describe how the Fallbrook Regional Health District's Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.**

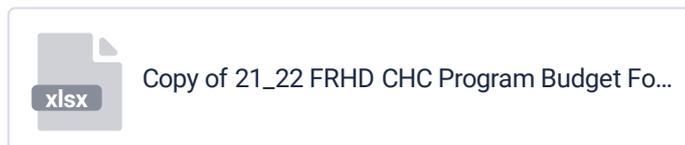
The FRHD's investment was acknowledged via FLC's website (FRHD logo), e-news, and at the Los Jilgueros Preserve trailhead kiosk. Additionally, Los Jilgueros Preserve and Monserate Mountain trail maps were distributed to community members at events and the FRHD logo is present on this map/brochure.

**Please upload one example of how the District's support for this program was publicly acknowledged.**



## **BUDGET**

**Please upload a copy of the program budget you submitted with the application. Fill in the Q3 column demonstrating the current utilization of grant funds.**



**Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.**

There are no significant differences in budget or services this quarter.

**Please sign your form:**

A handwritten signature in black ink, appearing to be "JAE".