

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Senior Care Advocacy

Brief Program Description

Our Senior Care Advocacy program ensures that seniors and disabled adults can access local resources and national entitlements to manage their healthcare safely, maximize their independence, and enjoy an enriched quality of life. We seek to remove obstacles, educate, connect to needed resources, and provide hands-on support and guidance.

Funding Amount Awarded

47000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	9	29
Seniors (60+)	91	297
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	60
Male	38
Non-binary	
Unknown*	2

*Target Population - Gender

We receive calls requesting referrals and/or resources, and sometimes clients decline to provide this information.

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	58
Very Low (50%) Income Limits, ceiling of \$53,500	36
Low (80%) Income Limits, ceiling of \$85,600	6
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

326

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

Ensure that seniors and disabled adults in need of caregiving, resource provision, nutrition, transportation, housing intervention, mental health support, or other age-related in-place services are supported through hands-on assistance or through referrals to trusted, vetted resources so that they may live independently and safely as long as possible. When necessary, act as a Case Manager to coordinate care for those with complex health or living conditions, setting goals to stabilize their situation for optimal mental, physical, and social well-being. Obj 1: Support 1,000 seniors and/or disabled adults with our Care Advocate services to address needs and overcome obstacles during the FRHD fiscal year. Obj 2: Visit with at least 300 seniors or disabled clients at home or healthcare facilities, assess their unmet needs, evaluate health and home safety, and take action steps to address those needs during the FRHD fiscal year. Obj 3: Act as a Case Manager for 70 clients with complex health or living needs, creating a plan of action and regular visits and follow-ups during the FRHD fiscal year, intending to stabilize their situations with a positive outcome. Obj 4: Discuss mental health wellbeing with at least 100 individuals, referring at least 50% to mental health providers during the FRHD fiscal year.

Program Outcomes & Measurables

During this quarter, our Senior Care Advocates have provided services and referrals to 326

unique clients out of the expected 1000. This represents an additional 33% towards the FRHD fiscal year. Of these clients, 162 were visited at home or healthcare facilities to ensure health and safety standards were met and needs were addressed. Moreover, 48 clients were assisted with complex health and living situations through case management. This entailed implementing action plans and conducting regular follow-ups to monitor progress. Additionally, twelve clients were consulted on their mental health, and eleven of them received referrals to mental health providers.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, appearing to be the initials 'AJ' followed by a stylized flourish.

Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

7607237570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



FRHD 23-24 Q2_CareAdvoc... .docx

Impact Story



FRHD 23-24 Q2_CareAdvoc... .docx

Program Budget



23_24 FRHD CHC Grant - FF... .xlsx

FRHD 23-24 Q2_CareAdvocates

Impact Story

Gayle is a single parent with two growing teenagers and a job that provides barely enough to get by every month. Gayle's mother, who has mobility challenges, recently moved to Fallbrook to live with Gayle, so all of a sudden, the responsibility for her mother's care falls on Gayle's shoulders. Gayle came to the Foundation for Senior Care looking for a way to get different types of low-cost help for her mom during the day when she is at work.

Elisha, one of our Referral and Support Advocates, helped Gayle apply for Medi-Cal and explained how those benefits may work to provide both Gayle and her mom with some of the needed resources. Elisha also connected Gayle with our transportation program as a solution for getting her mom to important appointments during the day.

The continuous backing from the Fallbrook Regional Health District is critical to our ability to maintain a dedicated Support and Referral Advocacy team. This team is pivotal in delivering essential services, providing valuable resources, and offering guidance to seniors like Gayle and their families. Thanks to this unwavering support, we can create an environment where seniors can feel safe, stay healthy, and foster self-sufficiency.

FRHD 23-24 Q2_CareAdvocates

Acknowledgments

Email Signature



Elisha Wright • Referral and Support Advocate

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FOUNDATION FOR SENIOR CARE • *Committed to the wellbeing of older adults*

135 S. Mission Rd., Fallbrook, CA 92028 • www.foundationforseniorcare.org

Programming supported by **Fallbrook Regional**
HEALTH DISTRICT

Communications:

2023 Impact Report

Grantors, Foundations and Endowments

We are so very grateful for the unwavering support we continue to receive from our grantors and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and our efforts on behalf of older adults.



**C. MITCHELL
ENDOWMENT**



**DAVID T. AND
DORRIS E. STAPLES
FOUNDATION**

**ELIZABETH WILSON
ENDOWMENT**

Fallbrook Regional
HEALTH DISTRICT

GHJ &
FOUNDATION

Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Senior Care Advocacy**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$47,665.78	\$0.00	\$2,308.00	\$11,917.00		
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	\$150,452.71	\$42,100.00	\$18,597.00	\$10,525.00			
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	\$18,200.00	\$4,900.00	\$2,246.00	\$1,225.00			
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		\$216,318.50	\$0.22	\$23,151.00	\$23,667.00	\$0.00	\$0.00	

Total funds expended to date: **\$46,818.00**