



# 2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

**Organization Name** Neighborhood Healthcare

**Person submitting the impact report** Adrian Zavala

**Ages:** List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served
Children (infants to 12)	
Young Adults (13-18)	
Adults (18-60)	30
Seniors (60+)	70
Unknown	

**Gender:** List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served
Female	55
Male	45
Non-binary	
Unknown	

**Income:** List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Income limits: 4 person family).

	Percentage served
Extremely Low-Income (ceiling of \$32,100)	50
Very Low (50% Income (ceiling of \$53,500)	50
Low (80%) Income (ceiling of \$85,600)	
Higher than listed limits	
Unknown	

**How many District residents directly benefited (participant/client) from this program:** 53

**Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program:** 520

## **GOALS & OBJECTIVES**

**Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

To increase community awareness and knowledge of diabetes foot care.

Objective 1: By June 30, 2021, at least 800 community members will receive information about diabetes foot care through community events conducted by outreach workers.

We are on target with reaching more than 11,000 community members through our digital efforts as measured by our impressions. We have 500 community members who have actually clicked our ads online. By June 30, we will reach 800 clicks which is direct interaction with community members.

**Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

Objective 2: By June 30, 2021 increase community-level awareness of the importance of diabetes foot care through targeted mailings to at least 1000 low-income households.

We are scheduling this mailing for February-March. We will reach the 1000 members through this mailing then.

## **PARTICIPANT SUCCESS STORY**

### **Participant Success Story:**

Our plans remained the same as we come out of the pandemic. Our health organization has been focusing on vaccination efforts starting with our staff in preparation of vaccinating our patients. Our goal will be to employ the use of the resources that we purchased in the last years grant and get these to the patients that continue to come to our site and continue the efforts to build awareness through digital campaigns.

Impact Narrative: The story remains the same for our efforts, we continue to see the positive impact of our podiatric services in Fallbrook. I wanted to follow up the story of Jose. I believe he is a perfect example of the impact of our services in Fallbrook. When I last shared with you in the Q1 report Jose has been coming to our site since July of 2020 with severe issues with his feet. Jose had several toes amputated and has ongoing diabetes issues. The only way Jose has a chance to have a good quality of life is for him to get continued care from Dr. Negron at our site. Through continued coordination of care and education Jose has seen continued success and improvement in his health.

Our efforts are not without challenges. Due to COVID, many diabetic patients have deferred their care because of their worries of being exposed to COVID – add to that is we are talking about the highest “at risk” patients. It is going to be critical for us to continue to educate families who know of or have someone in their residence that is at risk to pay attention to critical signs such as:

- Neuropathy, weakness, numbness, and pain from nerve damage in the feet caused by diabetes.
- Wounds in the feet that do not heal
- Unchecked diabetes

Neighborhood Healthcare is inundated at the moment on our efforts with the vaccine roll out, but we are also preparing ourselves to relaunch all initiatives that were “on-hold” because of COVID.

**Participant Success Story:**



## ACKNOWLEDGEMENT

**Please describe how the Fallbrook Regional Health District’s investment in this program was acknowledged during this reporting timeframe.**

We included this in our annual report (page 19) that goes out to the community via email, social media, and internally. All our board members are made aware of these grants.

**Acknowledgment example: please upload an example of one method in which the District was acknowledged.**



## BUDGET

**Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.**

I will need to send this separately as we have had some staffing adjustments in our finance department.

**Please sign your form:**

A handwritten signature in black ink, consisting of stylized initials.

# Grants

Neighborhood was the proud recipient of a number of grants in 2020, each of which played a critical role in enabling the organization to continue the important work it does in improving the health and happiness of our communities.

## Responding to the COVID-19 Challenge

Neighborhood has been greatly appreciative of the funding from many sources in support of our efforts to respond to the COVID-19 pandemic.

- Grossmont Healthcare District: support for mobile phlebotomy and personal protective equipment
- Escondido Community Foundation: general operating support
- NORCAL: support for telehealth
- Delta Dental: general operating support
- Direct Relief: support for uninsured
- U.S. Health and Human Services, Health Resources and Services Administration with funding from:
  - Coronavirus Aid, Relief, and Economic Security Act (CARES)
  - Expanding Capacity for Coronavirus Testing (ECT)
  - Coronavirus Supplemental Funding for Health Centers

## Fallbrook Diabetic Foot Care

Neighborhood was honored to receive funding to provide much-needed diabetic foot care in the Fallbrook area through the Fallbrook Regional Health District. Those with diabetes are more likely to have problems with their feet because the disease can damage nerves and lessen blood flow, leading to amputation in extreme cases. The American Diabetes Association estimates that 1 in 5 people with diabetes who seek hospital care do so for their feet problems.

## Title X

Neighborhood Healthcare appreciates the opportunity to expand the capacity of our Title X STD prevention and services program. As an FQHC, we serve some of the most at-risk patients for many diseases, including STDs. Our Title X sites stretch across San Diego and Riverside Counties in Lakeside, El Cajon, Escondido (2), Valley Center, and Temecula. Title X family planning clinics play a critical role in ensuring access to a broad range of family planning and preventive health services.

## Reach out and Read

In April 2020, Neighborhood received a grant from The San Diego County Employees' Charitable Organization (CECO) for Neighborhood's Reach Out and Read Program. CECO has been a long-time supporter of our organization, providing grant funding for over 10 years!

Early literacy is proven to support early childhood development and address social determinants of health- the conditions in the environments in which people are born, live, learn, work, and play. The earliest months in a child's life are critical to the development of language and literacy. Our pediatricians "prescribe" reading for the patient, encouraging families to spend time each day dedicated to reading aloud together.

This CECO grant provided 407 books for our pediatric patients between the ages of 0-5 years old. Patients seen at Neighborhood for a Well-Child visit in this age range receive a brand-new language and age-appropriate book to take home and enjoy with their families!

## First 5 Riverside

First 5 Riverside aims to invest in efforts that will have the most effective and positive impact on children and our community. Annually, a portion of the state's tobacco tax revenue is distributed to the respective counties based on their annual live birth rate. In turn, First 5 Riverside awards funds to organizations, specific projects, and providers that facilitate programs or services that fit with the Commission's strategic plan to support Riverside County children 0 through 5 years of age. chronic mental illness, homelessness and substance use.

## All of Us

The All of Us Research Program is a historic effort to gather data from one million or more people living in the United States to accelerate research. Researchers will uncover paths toward delivering precision medicine by taking into account individual differences in lifestyle, environment, and biology.

## CalCRG

The CalCRG program was included in the Adult Use of Marijuana Act (Proposition 64) to support job placement, mental health treatment, substance use disorder treatment, system navigation services, and legal services to address barriers to reentry and linkages to medical care for communities disproportionately affected by past federal and state drug policies.

This collaborative care partnership seeks to provide whole person care in a single location to repair damage and inequity created by drug enforcement and sentencing practices on those who experience

