2014
ANNUAL REPORT
A SPECIAL DISTRICT
SERVING FALLBROOK, BONSALL, RAINBOW & DE LUZ
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People of the Fallbrook Healthcare District community -

2014 has proven to be a very challenging year. Despite the best efforts of the District, CHS, the local medical community, hospital employees, and the citizenry at large, we unfortunately faced the gradual shut-down of our beloved hospital. We are not alone in this loss. Across the nation, hospitals are closing their doors – 22 in 2014. In neighboring communities, hospitals are struggling. Experts in the healthcare industry expect this trend to continue for some time. Naturally, this raises the question: what’s next?

In 1998, the Hospital District transitioned to a Healthcare District initiating the capability to explore, to identify and to address segments of healthcare services that were not being sufficiently provided or not available, primarily to populations at risk, which include the elderly, the young, the disabled, and the uninsured as well as individuals with chronic conditions needing access to some very specific services. To that end, in 2014, the District supports twenty-three healthcare related programs via grants to local community healthcare partners, as well as several direct community offered services through collaboration with other entities and with a remarkable host of volunteers. Programs like the Health Fair and Prostate Screening, collaborations in support of Take Back Day and Oral Cancer Screening. In comparison to needs – this is a drop in the bucket.

What’s next? The good news is, our community healthcare programs with Grants being the largest and most impacting on the greatest number of people - are here to stay. Outcome of the District’s municipal service review by LAFCO (a regional organization that evaluates the efficacy and necessity of California special districts), was indicative that we are on the right track. Our District was credited with strategically maximizing our resources to meet community healthcare needs, meaning that we are doing a good job of fulfilling our purpose while using taxpayer dollars wisely and as intended.

In 2012, Dr. Nick Yphantides, the Chief Medical Officer for the County of San Diego, in addressing the Community Collaborative, noted that we have the opportunity to do something very special in the Fallbrook community. What that means is up to us. We can work to develop and deliver “gap” services that are not available now that would collectively provide services to our community that foster maintenance of good health and develop preventive or rehabilitative means to restore and/or keep people healthier. ‘Prevent the preventable’ was a strong theme throughout Dr. Nick’s presentation as also was ‘hospitals are for sick people – let’s keep people well.’

Right now our primary focus is the SNF and urgent care services, as the community has consistently identified these as the top two priorities. We will conduct a needs assessment to determine what partnerships we should pursue and develop to further augment “gap” services. We have begun a facility assessment of our hospital campus to determine its future utilization. Possibilities: ambulatory surgery center, wound care, a dialysis center, and cardiac/stroke rehabilitative services; an education and resource center for classes and support groups within a community health center. These are possibilities – not promises.

What’s next? Over the next several years we have the opportunity, and an obligation, to make the most out of a very trying set of circumstances. To that end, we must explore and develop health care services and programs that this community needs, and can support over the long term. This endeavor needs a partnership comprised of citizens, of healthcare professionals, of business people, of the retired and of the employed, of home-makers and ranchers - EVERYONE.

The District Board is committed to moving forward. It will likely be difficult, costly and consuming of time, talent, effort and patience. We fully appreciate and ardently request your continued input and support.

On behalf of the Board of Directors,

Stephen Abbott, President
MISSION STATEMENT

allbrook Healthcare District is committed to:

- continuing services provided by Fallbrook Hospital;

- identifying, promoting and supporting a broad range of healthcare related needs within the District and;

- managing Healthcare District assets.

VISION

To be a collaborative leader in promoting a healthier community

VALUES

- Dedication
- Objectivity
- Efficiency
- Integrity
- Prudence
- Respect
- Transparency

Revised by Fallbrook Healthcare District Board of Directors - February 9, 2011
## DISTRICT FINANCIAL SUMMARY

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED JUNE 30 2013 AND JUNE 30 2014
FROM INDEPENDENT AUDITORS REPORT
PREPARED BY PUN & McGEADY, CERTIFIED PUBLIC ACCOUNTANTS

<table>
<thead>
<tr>
<th>REVENUES:</th>
<th>2014</th>
<th>2013</th>
<th>CHANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Property tax revenue</td>
<td>$1,511,120</td>
<td>1,465,253</td>
<td>45,867 *</td>
</tr>
<tr>
<td>Total revenue</td>
<td>1,511,120</td>
<td>1,465,253</td>
<td>45,867 *</td>
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<table>
<thead>
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<th>EXPENSES:</th>
<th>2014</th>
<th>2013</th>
<th>CHANGE</th>
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<td>Grant allocations</td>
<td>556,159</td>
<td>646,559</td>
<td>(90,400) **</td>
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<td>Administrative services</td>
<td>470,328</td>
<td>298,819</td>
<td>171,509 ***</td>
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<tr>
<td>Community Healthcare Programs</td>
<td>19,968</td>
<td>17,198</td>
<td>2,770 **</td>
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<tr>
<td>Depreciation</td>
<td>1,821</td>
<td>1,657</td>
<td>370</td>
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<td>Total Expenses</td>
<td>1,048,276</td>
<td>964,233</td>
<td>84,043</td>
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<td>Operating Income</td>
<td>462,844</td>
<td>501,020</td>
<td>(38,176)</td>
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<tr>
<th>NON-OPERATING INCOME (EXPENSE):</th>
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<tbody>
<tr>
<td>Interest and other income</td>
</tr>
<tr>
<td>Other income (expenses)</td>
</tr>
<tr>
<td>Total non-operating income</td>
</tr>
</tbody>
</table>

| CHANGE IN NET POSITION: | $581,101 | $526,521 | 54,580 |

<table>
<thead>
<tr>
<th>NET ASSETS:</th>
<th>2014</th>
<th>2013</th>
<th>CHANGE</th>
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</thead>
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<tr>
<td>Beginning of year</td>
<td>$11,080,112</td>
<td>10,556,591</td>
<td></td>
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<tr>
<td>End of year</td>
<td>11,661,223</td>
<td>11,080,112</td>
<td>581,111</td>
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</table>

* The increase of $45,867 of property taxes reflects a slight turnaround in the real estate market and the general state of the economy within the District’s service area.

** Grant Allocation varies from year to year. The District allocates in accord with budgetary needs, known and anticipated, in all elements of its concerns and obligations. Other Community Healthcare Programs increased due to increased event production and participation costs.

*** Administrative expense includes admin services and supplies, insurance, education, association and consultant fees plus salaries and benefits. Includes Board stipend; employees health and welfare; and reflects accrued but unpaid vacation and sick pay. Substantial increase reflective of increase in consultant and staffing expense.

**** Total non-operating income increased due to the increase in interest earnings available from investments set aside by the District.

To request a copy of the complete Basic Financial Statements and Independent Auditor’s Report for the year ended June 30, 2013, contact the District Administrator, Vi Dupre at 760-731-9187 or email, fallbrookhealthcare@earthlink.net. You may view the complete document on the District website: www.fallbrookhealthcaredistrict.net
WHAT is FALLBROOK HEALTHCARE DISTRICT?

FALLBROOK HEALTHCARE DISTRICT (FHD) was originally formed in 1950, as a Hospital District to build and operate Fallbrook Hospital. In November of 1998, the District Board, with voters consent, signed a thirty year agreement with CHS (Community Health Systems) to operate and manage the Fallbrook Hospital. At that time the District re-organized to become a Healthcare District operating under the Local Health Care District Law of the State of California. FHD is one of 3,400 special districts in the state of California. Enterprise districts (25%) charge customers for their services. Non-enterprise districts provide services which generally don’t lend themselves to fees. Their services benefit the entire community, not just individual residents. (Example: fire protection services and healthcare programs) Non-enterprise districts rely overwhelmingly on property taxes to meet their operational expenses. FHD is a non-enterprise district. FHD does not charge for its’ programs and service.

INDEPENDENT GOVERNMENT AGENCY: Fallbrook Healthcare District is an independent district which means that the five members of the board of directors have been elected by the districts’ voters or have been appointed by the County Board of Supervisors.

DEFINED GEOGRAPHIC AREA: The defined boundary of the FALLBROOK HEALTHCARE DISTRICT is inclusive of Fallbrook, Bonsall, Rainbow and DeLuz. The service area is approximately 110.5 square miles. There are approximately 57,000 residents within this boundary.

How is it structured?

BOARD OF DIRECTORS
5 Elected or Appointed members
President of the Board appoints Committee Chair and member

The District Board consists of five elected or appointed members. There are four officers of the Board: President, Vice President, Secretary and Treasurer. The Regular Board meeting is held on the second Wednesday of each month. There are five standing committees: Finance; Community Health; Long Range Planning; Government & Community Relations and Facilities. In the color-keyed diagram above, each committee’s function is summarized. Each committee meets separately on an as needed basis. Each committee chair presents full report of his/her meeting each month at the Regular Board meeting. More detail regarding Committees of the Board is available on-line www.fallbrookhealthcaredistrict.net or you may contact the District to request 760.731.9187 or fallbrookhealthcare@earthlink.net.

- 4 -
To the staff of the Fallbrook Hospital, who since the 1930’s, has served this community as the dedicated and compassionate

- Physicians
- Nurses
- Business professionals
- Dietary Services personnel
- Rehabilitation therapists
- Environmental services personnel
- Plant services personnel
- Information systems technicians
- Health information management
- Business office personnel
- Accounting personnel
- Medical staff coordinator
- Human Resources
- Quality & Risk management staff
- Materials Managers
- Pharmacists
- Pharmacy Technicians
- Auxiliary Volunteers
- Student Volunteers
- Nurse’s Aides
- Unit Clerks
- Marketing staff
- Imaging Technicians
- Clinical laboratory personnel
- Staff Education personnel
- Nurse Staffing coordinators
- Administrative Assistants
- Women’s Center personnel
- Emergency Room personnel
- ICU personnel
- Med/Surg personnel
- Peri-operative services personnel
- And others here unmentioned.

On behalf of the people of this community, many of whom you have cared for with dignity and regard for their humanity, health frailty and recuperative need, we extend our heartfelt appreciation and high regard.

Fallbrook Healthcare District
Board of Directors
HEALTHCARE HERO

This title is awarded to those who possess qualities of selflessness, dedication and perseverance and who demonstrate extraordinary service to foster the health and well-being of the people of the Fallbrook community.

Nominated, reviewed and recommended to the Fallbrook Healthcare District by people of the community who are witness to their service. The nominee names are held in confidence by the review committee and the selected individuals are announced at the annual Community Collaborative Breakfast.

There is no monetary prize. No t-shirt. No parade in their honor. There is a commemorative plaque and the regard, respect and acknowledgement and appreciation of the people of the community. They are invited throughout their year as special guests of the District to participate in various healthcare events.

They are humble, unassuming individuals who make a difference; who proceed with shameless perseverance in service to others. We thank and applaud them and then, we ask them to keep it up.

THANK YOU
BILLY LOCKETT

2014 HEALTHCARE HERO

Fallbrook Hospital has enjoyed the privilege of having this young man serve as a volunteer for ten years.

As a volunteer he began helping our Materials Management staff to deliver supplies, run errands in the facility, and simply uplift our overall culture.

Every employee and all of our physicians know and love this young man. He has assisted our Marketing/PR Director at many events. Whenever any manager, employee or volunteer needs a helping hand, he is there.

This young man has a gift of remembering people’s names, and if an employee forgets to wear his/her name badge, he politely reminds them to put it on. He has a wonderful sense of humor; does not enjoy being in the limelight - though he enjoys some recognition. He prefers to help in any way that he can and loves to feel he is contributing and is a part of our hospital family.

For the record, this young man is a Special Olympics Gold Medalist and we celebrated his achievement at a barbecue held in his honor. He most recently was awarded a Gold Medal for Floor Hockey. It is our understanding that his Special Olympics coach commented that this young man has become better able to receive and understand directions and seemed to be more comfortable with himself after volunteering at our hospital.

We have learned that every person has limitations – yet every person has something to contribute. This young man has learned a lot while at Fallbrook Hospital; however, the lessons he has taught us are tenfold. He childlike in his innocence and his desire to learn and his generous spirit inspires us.

The Medical Staff, volunteers and employees of Fallbrook Hospital – All 400 of us, value this young man and endorse his nomination for he is truly a Health Care Hero.

He is BILLY LOCKETT

MANNY ORTEGA

2014 HEALTHCARE HERO

If you had to place this person in a single category, you’d have to say he is a Man’s Man. What does that mean? Well, he’s a real class act. He always shaves and wears clothes that fit. He’s worldly, educated, and a gentleman. He thinks that buttoned shirts are not just for special occasions and that newspapers have more than one section. While he is polite, he is not a pushover. He can handle himself and takes care of himself...and others as well. Most importantly, he will admit his faults and errors, because that is what real men do. He just does whatever he thinks makes himself a good person - that he can be proud of. For these reasons, women like to be around him and men want to be him. Some examples of a Man’s Man that you may be familiar with are Cary Grant, Gregory Peck, Denzel Washington, Matt Damon.

Now this guy is not a movie star even though he is tall, good looking and charming. People do recognize him. If there’s something going on in Fallbrook, chances are he’ll be there. He keeps things and people safe and in order. If assistance is needed, he is knowledgeable about local resources and will guide people to them.

He is a quiet man, unassuming and humble. Yet, he is a leader – One who leads with organization, dignity, skill and strength. He is committed to the volunteers he works with and the people and programs that they serve. The service may involve children or families at schools or parks, it may be a celebration or holiday event for the entire community, it may even be one person with a simple phone call and a “How are you today?” brief conversation. This man is concerned and is mightily involved in a community organization that addresses and works to serve needs of our senior citizens...He even does free taxes!

Sometimes this man wears a shirt and tie, sometimes a Hawaiian shirt and sometimes a uniform. Whatever he is wearing, his smile and caring nature are with him and is extended to all he encounters. Men, women and children respect and admire him. Fallbrook is lucky to have him. This Man’s Man Health Care Hero is committed, compassionate and kind.

He is MANNY ORTEGA
FALLBROOK HEALTHCARE DISTRICT’s  
FALLBROOK HEALTH & FITNESS FAIR  
SATURDAY OCTOBER 18, 2014  
SUMMARY REPORT OF EVENT

<table>
<thead>
<tr>
<th>ATTENDANCE</th>
<th>ESTIMATE</th>
<th>550-600</th>
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<tbody>
<tr>
<td>BOOTHs</td>
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<td>47</td>
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<tr>
<td>SCREENING BOOTHS</td>
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<tr>
<td>PATHWAY TO HEALTH</td>
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<tr>
<td>SCREENINGS PROVIDED</td>
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<td></td>
</tr>
<tr>
<td>BLOOD PRESSURE</td>
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<td></td>
</tr>
<tr>
<td>BMI</td>
<td></td>
<td></td>
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<tr>
<td>DENTAL SCREENINGS</td>
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<td>FLUORIDE VARNISH TREATMENTS</td>
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<td>GLUCOSE</td>
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<td>VISION SCREEN</td>
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<td>FLU VACCINATIONS</td>
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<td>TDAP</td>
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<td>18</td>
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<tr>
<td>SPONSORS</td>
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<td>14</td>
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<tr>
<td>HONORED GUESTS</td>
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<td>21</td>
</tr>
<tr>
<td>VOLUNTEERS</td>
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<td>110</td>
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<tr>
<td>REFRESHMENTS PREPARED AND SERVED</td>
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<tr>
<td>CALIFORNIA GRINDERS GOURMET</td>
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</tr>
<tr>
<td>WATER DONATED BY ALBERTSON’S AND MAJOR MARKET</td>
<td></td>
<td></td>
</tr>
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</table>
ALPINE SLIDE

FALLBROOK HEALTHCARE DISTRICT
HEALTH & FITNESS FAIR
Sat. Oct 18 2014
9:00AM to 1:00PM
La Paloma
Elementary School
300 Heald Lane
FREE!
For more info call 760.731.9187

Activities & Information
For All Ages!
Health Screenings
Fitness Activities
Rock Climbing Wall
Senior City Nutrition
Vaccinations
Flu Shots for 6 months & up
Tdap for 18 years & up
Fluoride Varnish: Ages 1-18
Live Entertainment
Games and Activities
Prizes and Giveaways

CONTRIBUTING SPONSORS
FALLBROOK HOSPITAL
FALLBROOK VETERINARY HOSPITAL
SAN DIEGO COUNTY HUMAN SERVICES
FALLBROOK FAMILY HEALTH OPEN
ALZHEIMER'S ASSOCIATION
SAN DIEGO COUNTY HEALTH "N" HUMAN SERVICES
FALLBROOK FAMILY HEALTH CENTER
FALLBROOK PUBLIC STORAGE
SAN DIEGO COUNTY FIRE PROTECTION

HEALTHY ACTIVITIES

PRIZES
NORTH COUNTY FIRE

RIBBON CUTTING PRACTICE?

Belly Dancing

Healthcare Heroes
Billy and Manny
THE COMMUNITY COLLABORATIVE COMMITTEE

The Community Collaborative Committee (CCC) is comprised of representatives from multiple healthcare and health related organizations or agencies of the Fallbrook community. It is an ad hoc sub-committee of the District that provides valuable input to the District Board of Directors and Administrator. The CCC meets once a month in an informal setting to identify, discuss, gain and/or give information and to initiate or recommend action on matters of concern to the health and well-being of the community. It began in 2005 and at every meeting the attendees share their programs and lend support to those of other organizations. Additionally, they take information to their clients, patients and programs for application as appropriate to their endeavors. They are a dependable and resourceful component of FHD’s service in the community. FHD applauds and appreciates their commitment and service. Director Barbara Mroz chairs the CCC. The following is a partial list of organizations that participate and support the Community Collaborative Committee.

- Applied General Aging
- Bonsall Chamber of Commerce
- Fallbrook Acupuncture
- Fallbrook Chamber of Commerce
- Fallbrook Community Center
- Fallbrook Family Chiropractic
- Fallbrook Family Health Center
- Fallbrook Family Support League
- Fallbrook Food Pantry
- Fallbrook Home Health & Hospice
- Fallbrook Hospital
- Fallbrook Hospital Auxiliary
- Fallbrook Library
- Fallbrook Medical Center
- Fallbrook Regency
- Fallbrook Senior Care
- Fallbrook Sheriff's Department
- Fallbrook Smiles Project
- Fallbrook Union Highschool
- Fallbrook Village Dental
- Fallbrook Youth Advocacy Coalition
- Foundation for Senior Care
- FUHSD Asperger's Support Center
- Jeremiah's Ranch
- Kindred at Home
- Meals-On-Wheels
- Mental Health Systems
- North County CERT
- North Inland Community Prevention Program
- Palomar Family Counseling
- Reins
- Right At Home
- San Diego County Public Health
- Save Our Children's Sight Program
- Sheriff's Senior Patrol
- Think First

MEETING SCHEDULE

COMMUNITY COLLABORATIVE COMMITTEE MEETINGS (CCC) ARE HELD ON THE 4TH TUESDAY OF EACH MONTH (EXCEPT JUNE AND JULY) FROM 9:00 A.M. TO 10:30 A.M. IN THE BOARD ROOM OF FALLBROOK PUBLIC UTILITIES DISTRICT (FPUD) – 990 E MISSION ROAD – FALLBROOK

TO REQUEST NOTIFICATION OF MEETINGS - CONTACT 760-731-9187 OR EMAIL fallbrookhealthcare@earthlink.net

FALLBROOK COMMUNITY HEALTHCARE RESOURCES DIRECTORY

Each year in January, the revised Community Resource Directory is published. Over 100,000 have been produced in the FHD administrative office since 2009 and unknown quantities have been produced by those who also print and distribute them. The Community Resource directory is distributed to clinics, businesses, churches, civic groups, clubs, schools, fire station, sheriff station and more. It is a valuable resource for contact information for a broad range of health related services. It is presented in English and in Spanish to best serve the population of this community. Each year the directory is produced in a different color to ensure that the most recent information is being circulated. The HOT PINK 2015 edition has 31 categories with 213 resources listed! An asterisk before the name of the agency indicates that they have a website that can provide additional information. The Resource Directory is the widest known project of the Community Collaborative Committee (CCC).

To request directories, contact the District admin office at 760-731-9187 or fallbrookhealthcare@earthlink.net. You may also view the directory on the District website: www.fallbrookhealthcaredistrict.net.
The District acknowledges and appreciates the commitment with which each grant recipient attends to its programs. They are required to report the work and expense of their programs as well as their triumphs and challenges. The District and the grantees faced difficult circumstances in terms of funding of programs in recent years. Neither has abandoned or curtailed their commitment to the health and well-being of the people of this community. The information provided for each grant is from the final report of their grant year ending June 30, 2014. They invested their time and hard work to deliver their program for the benefit of the clients they served. These were tax dollars funneled back into your community.

Since 2000, the District has awarded 249 grants to over 40 non-profit organizations. Throughout these years, each grant recipient has performed the work defined in their grant application, managed the funds awarded and brought service to the people who needed and benefitted from their programs. Recipients of services range from infant to senior citizen. The types of service are medical, dental and mental health, vision, nutrition, healthy and safe behaviors and transportation to medical appointment. For many recipients, these programs are life-saving and life-altering. For some, it provides their only affordable access to healthcare assistance. Without funds provided by the District’s grant program, many of these programs/services would be gone from our community or gravely diminished.

### GRANT AWARDS FY 2013-2014

**FALLBROOK HEALTHCARE DISTRICT GRANT PROGRAM**

The District acknowledges and appreciates the commitment with which each grant recipient attends to its programs. They are required to report the work and expense of their programs as well as their triumphs and challenges. The District and the grantees faced difficult circumstances in terms of funding of programs in recent years. Neither has abandoned or curtailed their commitment to the health and well-being of the people of this community. The information provided for each grant is from the final report of their grant year ending June 30, 2014. They invested their time and hard work to deliver their program for the benefit of the clients they served. These were tax dollars funneled back into your community.

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### POPULATION SERVED

<table>
<thead>
<tr>
<th>GRANTS AWARDED</th>
<th>SENIORS</th>
<th>YOUTH</th>
<th>ALL AGES</th>
<th>TOTAL</th>
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<td>$125,750</td>
<td>$121,209</td>
<td>$309,200</td>
<td>$556,159</td>
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<tr>
<td>4</td>
<td>7</td>
<td>10</td>
<td>21</td>
<td>100%</td>
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### HEALTH FOCUS

<table>
<thead>
<tr>
<th>GRANTS AWARDED</th>
<th>PREVENTION/EDUCATION</th>
<th>TREATMENT</th>
<th>ANCILLARY</th>
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<tr>
<td>$45,413</td>
<td>$46,660</td>
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<td>$74,224</td>
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<td>$38,388</td>
<td>$325</td>
<td>$15,810</td>
<td>$54,523</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$125,751</strong></td>
<td><strong>$121,209</strong></td>
<td><strong>$309,201</strong></td>
</tr>
</tbody>
</table>

### GRANT 206 FOUNDATION FOR SENIOR CARE

**ADVOCATES** $41,000

Served: 228 Residents  Visits: 626  Referrals: 540
Provides case management services that will assist in the safety and well-being of Senior citizens living at home.

### GRANT 207 FOUNDATION FOR SENIORS CARE VAN

$32,500

Gave senior and disabled citizens free door-to-door transportation to health related appointments within Fallbrook.
Clients served: 3409  Rides given: 6717

### GRANT 208 FOUNDATION FOR SENIOR CARE

**ADULT DAY CARE PROGRAM** $10,000

Provided 144 senior and disabled Fallbrook residents with special day of activity and care; and a day of respite for 144 caregivers.
FHD grant: 288 days – 288 people.

### GRANT 209 FALLBROOK SENIOR SERVICES CENTER

$42,250

Served: 550 meals/week
Served: 22,124 meals
Plus Week-end frozen meals and fresh produce.

### GRANT 210 FUHS ASPERGER’S SUPPORT CENTER

$6500

Addressed social and emotional needs of 18 students who have Asperger’s Syndrome in their high school setting. 78% of students passed all classes. Short of their goal but proud of their students. All six seniors graduated.

### GRANT 211 BOYS AND GIRLS CLUB

**TRIPLE PLAY: Mind, Body and Soul** $20,000

Served five local schools in after school programs averaging total 400 students per day. 5 to 14 year olds served through a multi-faceted program to become and stay healthy and active and learn ways to handle stress and maintain a healthy body.

### GRANT 212 HEALTHY ADVENTURES

$9000

Completed 32 Healthy Cooking Classes - 32 Gardening/Nutrition Classes and 6 Healthy Living Classes Plus 2 Family Night cooking classes. After school program at Fallbrook Community Center.

### GRANT 213 NICPP - YOUTH ADVOCACY PROGRAM

$8500

Presented and participated in prevention and awareness events about alcohol and drugs to youth, parents, educators, and law enforcement. Assisted FHD and other local agencies with programs and services.

### GRANT 214 SAVE OUR CHILDREN’S SIGHT

$6600

Pre-schooler Exams & Treatment of eye condition treatable only to age 5. Also Rx for children needing glasses.
* Screened 132 * Passed 106 *Provided with Glasses 8 Six children are being treated for vision problems at no cost. FHD funded program as collaborative with UCSD
GRANT 215  THINKFIRST – K – 12 SAFETY PROGRAM    $8500
Presentations to: Elem/MS  4500  High School  1600  
Classroom and assembly presentations to K – 12 students to make life saving choices to prevent injury and death.  To encourage awareness of consequences of drugs and alcohol, car safety, bicycle safety, water safety, violence, bullying and more.

GRANT 216  PALOMAR FAMILY COUNSELING    $62,109
Assessed and triaged 180 youth. Served 56 Fallbrook children and youth who do not qualify for Medi-Cal or other public services and who suffer from severe mental health disorders. When appropriate, family members of these children will also be involved in the clinical treatment process. Therapists work closely with the Fallbrook school system and serve these children in the school setting.

GRANT 217  DELUZ VOLUNTEER FIRE DEPARTMENT    $7000
Purchased and placed 2 AEDs in the Deluz community at Ross Lake Fire Department and Deluz Ecology Center. Additionally, provided medical supplies to Ecology Center site.

GRANT 218  FALLBROOK HOSPITAL AUXILIARY    $7450
Provided free transportation for 1174 District residents for trips to/from healthcare providers. (862 volunteer cars & 312 by wheelchair lift equipped van) Only service that takes patients to out of Fallbrook medical appointments.  2708 Volunteer hours.

GRANT 219  TRAUMA INTERVENTION PROGRAMS OF SAN DIEGO, INC [TIP]  $6800
14 member volunteer Fallbrook Crisis Intervention Team:  Served 48 call outs; 224 clients and 189 first responders.

GRANT 220  FALLBROOK FAMILY HEALTH CENTER BEHAVIORAL HEALTH PROGRAM  $70,000
Provided 498 visits for 112 patients  
Provided access to psychiatric care for persons afflicted with biological brain disorders, behavioral/mental conditions that require medication and/or counseling treatment that reside in the Fallbrook Healthcare District.

In July 2014, for fiscal year 2014-2015, $590,000. was awarded to twenty-three programs. They are listed below: Summary of how those funds are utilized will be provided in next year’s annual report.

<table>
<thead>
<tr>
<th>Grant #</th>
<th>Program Name</th>
<th>Description</th>
<th>Funding Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>227</td>
<td>FOUNDATION FOR SENIOR CARE</td>
<td>Provided 30 visits for 30 clients</td>
<td>$10,000.00</td>
</tr>
<tr>
<td>228</td>
<td>FOUNDATION FOR SENIOR CARE</td>
<td>Provided 30 visits for 30 clients</td>
<td>$42,000.00</td>
</tr>
<tr>
<td>229</td>
<td>FOUNDATION FOR SENIOR CARE</td>
<td>Provided 30 visits for 30 clients</td>
<td>$33,000.00</td>
</tr>
<tr>
<td>230</td>
<td>FALLBROOK SENIOR SERVICES CENTER</td>
<td>Provided 60 visits for 60 clients</td>
<td>$46,500.00</td>
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<tr>
<td>231</td>
<td>FUHS ASPERGER’S SUPPORT CENTER</td>
<td>Provided 30 visits for 30 clients</td>
<td>$6,500.00</td>
</tr>
<tr>
<td>232</td>
<td>BOYS &amp; GIRLS CLUB - SUMMER LUNCH &amp; SNACK</td>
<td>Provided 60 visits for 60 clients</td>
<td>$5,600.00</td>
</tr>
<tr>
<td>233</td>
<td>BOYS &amp; GIRLS CLUB - SUMMER WATER SAFETY</td>
<td>Provided 60 visits for 60 clients</td>
<td>$6,000.00</td>
</tr>
<tr>
<td>234</td>
<td>HEALTHY ADVENTURES</td>
<td>Provided 60 visits for 60 clients</td>
<td>$9,000.00</td>
</tr>
<tr>
<td>235</td>
<td>SAVE OUR CHILDREN’S SIGHT</td>
<td>Provided 60 visits for 60 clients</td>
<td>$6,600.00</td>
</tr>
<tr>
<td>236</td>
<td>THINK FIRST K-12 SAFETY PROGRAM</td>
<td>Provided 60 visits for 60 clients</td>
<td>$9,000.00</td>
</tr>
<tr>
<td>237</td>
<td>YOUTH ADVOCACY COALITION - NICPP</td>
<td>Provided 60 visits for 60 clients</td>
<td>$8,500.00</td>
</tr>
<tr>
<td>238</td>
<td>BOYS &amp; GIRLS CLUB - TRIPLE PLAY</td>
<td>Provided 60 visits for 60 clients</td>
<td>$26,000.00</td>
</tr>
<tr>
<td>239</td>
<td>JEREMIAH’S RANCH - ADAPTIVE ARTS</td>
<td>Provided 60 visits for 60 clients</td>
<td>$6,000.00</td>
</tr>
<tr>
<td>240</td>
<td>JEREMIAH’S RANCH - SUPPORT GROUP</td>
<td>Provided 60 visits for 60 clients</td>
<td>$8,790.00</td>
</tr>
<tr>
<td>241</td>
<td>PALOMAR FAMILY MENTAL HEALTH SERVICES</td>
<td>Provided 60 visits for 60 clients</td>
<td>$62,500.00</td>
</tr>
<tr>
<td>242</td>
<td>TRAUMA INTERVENTION PROGRAM</td>
<td>Provided 60 visits for 60 clients</td>
<td>$7,500.00</td>
</tr>
<tr>
<td>243</td>
<td>FALLBROOK FAMILY HEALTH CENTER - BEHAVIORAL HEALTH</td>
<td>Provided 60 visits for 60 clients</td>
<td>$70,000.00</td>
</tr>
<tr>
<td>244</td>
<td>FALLBROOK FAMILY HEALTH CENTER - UNCOMPENSATED CARE</td>
<td>Provided 60 visits for 60 clients</td>
<td>$70,000.00</td>
</tr>
<tr>
<td>245</td>
<td>FALLBROOK HOSPITAL AUXILIARY</td>
<td>Provided 60 visits for 60 clients</td>
<td>$11,010.00</td>
</tr>
<tr>
<td>246</td>
<td>FOOD PANTRY</td>
<td>Provided 60 visits for 60 clients</td>
<td>$55,000.00</td>
</tr>
<tr>
<td>247</td>
<td>REINS</td>
<td>Provided 60 visits for 60 clients</td>
<td>$21,500.00</td>
</tr>
<tr>
<td>248</td>
<td>SMILES: HEALTH EDUCATION</td>
<td>Provided 60 visits for 60 clients</td>
<td>$53,000.00</td>
</tr>
<tr>
<td>249</td>
<td>SMILES: DENTAL PROGRAM</td>
<td>Provided 60 visits for 60 clients</td>
<td>$16,000.00</td>
</tr>
</tbody>
</table>
COMMUNITY HEALTHCARE PROGRAMS

An important component of the Mission of FHD is focused on the identification, promotion and support of a broad range of healthcare related needs and services within the District. Collaborative efforts between the District, Grant recipient programs and other Agencies plus scores of volunteers, provide multiple programs and services throughout each year. Some are described below. Throughout the year the District Board members and staff are attentive to multiple undertakings and concerns that are of impact and importance to the District and healthcare community – Some of those are listed below as well.

JANUARY 2014
COMMUNITY COLLABORATIVE BREAKFAST – Annual FHD report to the community

FEBRUARY 2014
SUICIDE PREVENTION TRAINING - A FHD CCC collaborative with SD County HHSA

MARCH - MAY 2014
GRANT PROGRAM – Application and review - FHD program

APRIL 2014
ORAL CANCER SCREENING – Fallbrook Village Dental – FHD promotion & support

APRIL - MAY 2014
LEGISLATIVE DAYS and ACHD CONFERENCE
The Directors of the Board must be aware and informed on legislative concerns and actions that impact on this community. FHD maintains relationship with legislative representatives and maintains membership and interaction with the Association of California Healthcare Districts as well as other entities whose focus is health in local communities. FHD has been recognized by various entities as having a responsible and comprehensive community healthcare programs that serve its’ community well. Pictured is Director Shumway with Assemblymember Rocky Chavez at Legislative Days 2014. FHD Administrator Vi Dupre attended the three day annual ACHD Conference representing FHD in May.

APRIL & SEPT 2014
TAKE BACK DAY Twice in 2014, FHD supported the work of the San Diego Sheriff’s, the DEA and the Senior Sheriff’s Patrol by producing and distributing promotional posters and flyers for this important event. FHD Grant 237 recipient, the Fallbrook Youth Advocacy Coalition group worked with the Sheriff’s at the drive-by /drop off event. Through these events, held throughout the County, hundreds of prescriptive and over the counter drugs were collected and then destroyed in a safe monitored manner. The Misuse - Abuse – Confused use of drugs, whether accidental or purposeful, puts many people at grave risk. TAKE BACK DAY removes them from availability to youth, adults and seniors thus avoiding dangerous consequence.

REMINDER: There is a drug drop-off kiosk in the Sheriff’s Station lobby for convenient drop-off throughout the year.

JUNE 2014
FALLBROOK SUMMER NIGHTS The Tooth Fairy of FHD charmed and educated children and adults with tooth brushes, tooth paste and information about keeping teeth healthy. Local dentists, Dr James Moran and Dr Rosario Desimone, donated over 200 sets of tooth brush and paste as give-aways to encourage attention to good preventive dental care for children and adults. The Smiles Project, FHD Grant 225, provided literature. The Smiles Project in one portion of their program, screened 370 second graders at Fallbrook and Bonsall elementary schools. The Smiles volunteers educated over 900 children on dental health and provided over 200 kindergarten and 1st grade oral assessments.
JULY - AUG 2014
SWIM & WATER SAFETY
FHD Grant 233 of the Boys & Girls Club provided Swim Lessons and Water Safety Instructions. In the months of July and early August over 80 children between the ages of 5 and 18 participated in the program. The majority of these youth do not have access to swimming or water safety instruction. Many live in apartments with a pool but no life guard service. Swimming is a healthy, lifetime exercise and skill as well as source of enjoyment and accomplishment.

JULY 2014
ANNUAL AUDIT
– Annual event. FHD Administrator & Accountant Refer to page 4.

SEPTEMBER 2014
PSA SCREENING
FHD with Fallbrook Family Health Center and Dr. Philip BRODAK, with volunteers from the San Marcos School of Nursing, Youth Advocacy Coalition and the Fallbrook Hospital Auxiliary worked together to provide a free Prostate Cancer Screening opportunity. Each participant is confidentially provided the results of his two part screening. Sixty of the seventy-five participants had Normal PSA blood study and exam. Fifteen participants had abnormal results on one or both studies. It is the accountability of each person to follow-up with his physician with the results of his PSA Screening.

OCTOBER 2014
SAFE HALLOWEEN – PARKS & RECREATION - Annual event. FHD participant
This annual event sponsored by the San Diego County Parks and Recreation Department provides safe trick or treating experience for youth of the community. Over five hundred children accompanied by parents attend the event at the La Paloma Elementary School where games, contests, music and fun abound in this safe environment. District staff provided a haunted house themed bean-bag toss, and awarded the children with glow-in-the-dark prizes, healthy treats and laughter for ghosts, goblins, princesses and animals of all ages.

OCTOBER 2014
HEALTH & FITNESS FAIR
Refer to pages 8 -10.

NOVEMBER 2014
DIRECTOR LEVERING, having completed his term of office, was honored by the District in appreciation of his four year service as Director and Treasurer of the Board. His leadership and attentiveness to the financial well-being of FHD has been exemplary.
Every year the District Board presents its’ report to the community. The reports to the community cover their conscientious endeavors to meet and even exceed their responsibility to promote and support healthcare needs and concerns through appropriately managing the financial assets of the District while initiating, promoting and supporting programs and services that address current needs and promotes preventive and educational undertakings for building a healthier life for families and individuals. Transparency, collaboration and communication are key in the cooperative and supportive relationships that the District seeks to build and maintain with other entities and organizations that deliver programs and services for the health and well-being of citizens.

Kapua Conley, CEO of the Fallbrook Hospital presented information about the addition of several new specialty physicians to the community as well as the establishment of Fallbrook Healthcare Partners, a primary care focused medical group with rotating specialists. Specialties added to the community are Cardiac, Gastroenterology and Nephrology as well as OB/GYN. Mr. Conley reported that the hospital is pursuing more specialists to use facilities available at the Fallbrook Hospital. The hospital employs 400 people, brings business and revenue to the community and provides quality medical care for inpatient and outpatient services. Mr. Conley urged people to make Fallbrook Hospital their healthcare choice.

The Affordable Care Act was the keynote presentation of the CCB. People were unsure, uninformed, misinformed, confused and fearful of what it would mean to their healthcare coverage and to their budgets. Dr. Gerald Kominsky, Professor of Health Policy and management in Public Health at UCLA brought meaningful information and clarity to some misunderstood elements and revealed some previously unknown but valuable information to attendees. His presentation was “user friendly”, well-delivered and received and appreciated. His power point presentation gave listings of the kinds of insurance Covered California sells, the Essential health Benefits that MUST be offered. He advised people to go online to Covered California website and use the “Shop and Compare Tool”. All persons choosing a plan should look for their hospital and their physician in that plan. He advises all hospitals to check their lists of contracts to make certain that they hold contracts with California plans. Dr. Kominsky answered many questions within his presentation and responded to questions presented.

HealthCare Heroes 2014 were trickily announced and both recipients were pleased and surprised. MANNY ORTEGA and BILLY LOCKETT – very deserving gentle men who contribute to the well-being of others; each in his own quiet and humble but impacting manner. Read each of their special stories on Page ____

Prizes were presented through raffle tickets and to the first postcard returned by USPS mail: Frank and Sue Russell.

President Stephen Abbott adjourned the meeting with extension of appreciation to all who attended. To those who work and/or volunteer in healthcare, special thanks was extended for their contributions. January 2015 is the next Community Collaborative Breakfast.
<table>
<thead>
<tr>
<th>MONTH</th>
<th>FHD EVENTS unbulleted</th>
<th>OUTCOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>JAN</td>
<td>COMMUNITY COLLABORATIVE BREAKFAST</td>
<td>- OCCURRENCE</td>
</tr>
<tr>
<td></td>
<td>CEO reported hospital adding Specialists to their staff, Family Healthcare Partners - 3 primary care physicians with specialty rotations. Urges all to choose Fallbrook Hospital.</td>
<td></td>
</tr>
<tr>
<td>FEB</td>
<td>SUICIDE PREVENTION TRAINING GRANT 2014-15 PROGRAM</td>
<td>Presented at CCC meeting – Promoted in Local news – All interested invited. Application process begins</td>
</tr>
<tr>
<td>MAR</td>
<td>GRANT APPLICATIONS</td>
<td>Received &amp; preliminary review commences</td>
</tr>
<tr>
<td>APR</td>
<td>TAKE BACK DAY ORAL CANCER SCREENING LEGISLATIVE DAYS</td>
<td>Drive-by drop-off of unused medications at Sheriff’s sub-station Local dentist provides free screenings Sacramento – FHD participates</td>
</tr>
<tr>
<td>MAY</td>
<td>- Hospital Notice to District ACHD Conference</td>
<td>States desire to terminate all core services except Lab and Pharmacy. FHD Administrator attends</td>
</tr>
<tr>
<td>JUNE</td>
<td>- District seeks alternative facility operator Contingency Plan update completed Weekly meetings scheduled TOOTH FAIRY attends ‘SUMMER NIGHTS’</td>
<td>Request for Proposal (RFP) sent by District to 12 hospital operating entities. 8 respond with indicator of intent to submit. Approved by FHD Board. Fact based overview of current circumstance – Fact based recommendation for addressing problems 2 District board members meet weekly with Hospital CEO FHD promotion of dental care to adults and children</td>
</tr>
<tr>
<td>JULY</td>
<td>23 GRANTS AWARDED - Advisory Committees established by FHD to assist in review of RFP submissions Hospital presents narrative basis for proposed termination of core services</td>
<td>Local non-profit agencies awarded funding - programs benefiting citizen health concerns. 2 committees: 1 comprised of 10 Physicians and 1 comprised of Community Citizens involved in varying aspects of healthcare District requests data that supports narrative</td>
</tr>
<tr>
<td>AUG</td>
<td>- Hospital announces suspension of Maternity Services District’s Public Hearing: Hospital Services (8/25) Proposals received (8/29)</td>
<td>Services to be suspended September 3rd. Published in local press. Overview of Contingency Plan updates conclusions. Presentations by Hospital CEO and District Board members. Q&amp;A opportunity for citizen inquiry and statement. Only 3 submissions. Only 1 indicates interest in assuming hospital operations.</td>
</tr>
<tr>
<td>SEPT</td>
<td>Maternity Services suspended District signs continuation agreement to keep other services available. District Public Hearing: Review of Proposals (09/16) PSA SCREENING (9/27) 2nd TAKE BACK DAY of year</td>
<td>September 3 Hospital extends Core services operations from October 1st through November 17th. Presentation by Consultant and FHD Board - Q&amp;A segment for attendees 75 gentlemen screened Drive-by drop-off of unused medications at Sheriff’s sub-station</td>
</tr>
<tr>
<td>OCT 8th</td>
<td>FHD Board meeting - DISCUSSION/ACTION Agenda Item: Proposals relative to Fallbrook Hospital and Skilled Nursing Facility HEALTH &amp; FITNESS FAIR - 3 Districts initiate Process &amp; Plans SAFE HALLOWEEN</td>
<td>Board determination to establish alternative to acute care services facility within Fallbrook. 500 attendees – 110 volunteers- 140 Flu shots Meet to determine JPA format and plan. Community Center program – FHD staff contributed time, table and “goodies”</td>
</tr>
<tr>
<td>NOV</td>
<td>Emergency Room initiates function as Urgent Care DISTRICT installs 911 direct dial phones on outside of facility TRI-CITY withdraws from JPA</td>
<td></td>
</tr>
<tr>
<td>DEC</td>
<td>HEALTH CARE HERO nominations begin. CMS declines request for certification URGENT CARE at facility closes</td>
<td>Request by Palomar Health for certification by CMS for Distinct Part SNF declined due to distance of 20 miles. December 20, 2014</td>
</tr>
</tbody>
</table>
FOR ADDITIONAL INFORMATION, CONTACT

FALLBROOK HEALTHCARE DISTRICT

577 EAST ELDER STREET SUITE U
FALLBROOK CA 92028

MAILING ADDRESS:
P.O. BOX 2587
FALLBROOK CA 92088

760.731.9187
TOLL FREE: 877.932.7913
FAX: 760.731.9131

Office Hours: Mon – Fri 10 a.m. – 6:00 p.m.
Email: fallbrookhealthcare@earthlink.net  Web: www.fallbrookhealthcaredistrict.net

BOARD MEETINGS:

2ND WEDNESDAY OF EACH MONTH AT 6:00 P.M.
FALLBROOK HOSPITAL – CONFERENCE ROOMS A & B
624 EAST ELDER – FALLBROOK CA 92028

ALL REGULAR MEETINGS OF THE BOARD ARE OPEN TO THE PUBLIC.
AGENDAS ARE POSTED 72 HOURS IN ADVANCE OF REGULAR MEETINGS
(FHD Admin Office – FHD Website)

CONTACT THE ADMINISTRATIVE OFFICE FOR ADDITIONAL INFORMATION OR
SPECIAL NEEDS ASSISTANCE.

VI DUPRE, ADMINISTRATOR
LINDA BANNERMAN, ADMIN ASSISTANT  PAM KNOX, SPECIAL PROJECTS COORDINATOR