

Impact Report

Organization: Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14223795)

Request: Adult Day Care (#60520639)

Impact Report Type: Fallbrook Regional Health District Impact Report

Disposition: Completed

Completed by: Organization on 10/07/2020 by Karen Geuy

Required?: Yes

Available Date: 10/01/2020

Due Date: 10/14/2020

Comments:

Revision Comments:

GrantSeeker Editor: Karen Geuy

Project Title: Adult Day Care

Project Start Date:

Project End Date:

This is an ongoing program that began on: 04/05/2004

Person Submitting the impact report?: Karen Geuy

760-723-7570

kgeuy@foundationforseniorcare.org

Ages Served: Adults (18-60): 5%

Seniors (60+): 95%

Gender: Female: 59%

Male: 41%

Select the income limit category of your target population: Low (80%) Income Limits- ceiling of \$85,600

How many residents directly benefited (participant/client) from this program: 25

Approximately how many residents received an indirect benefit: 75

The following category was identified as the best descriptive of the program's primary goal and objectives: Ancillary: Services that support our mission to promote health for the people of the District.

You defined the measure of success of the program's interventions or services during the application process.:

Define goal #1 for this program : The goal of Respite Care at the Adult Day Care program is to provide ongoing -- nonresidential caregiving relief care for clients' suffering from dementia or other senility related diagnosis whose family members do not have the financial means to afford day care services, to allow clients the opportunity to receive socialization and enrichment through participation in day care programs, activities and events, and for the caregivers to have the time to attend to other matters that this respite support can facilitate.

Number of Objectives for this program: 1

Objective 1: 1a. Provide respite care support for 4 to 12 low-income District residents, who will receive at least 400 days of respite care annually at The Club.

1b. Identify, educate and support the clients' caregivers on caregiving issues that have shown to have a negative impact on the caregiver's health.

Objective 2:

Objective 3:

Objective 4:

Measuring Success for Goal #1: 1a. Measurability: Enroll 4 - 12 clients who income qualify for respite care "scholarships". And track the number of respite days provided per client.

Even with a limited re-opening of our Day Care in July, we've managed to offer scholarships to 4 clients in July, 5 in August and 5 in September. A total of 88 scholarship days have been provided, still pacing closely towards the 400 day annual goal despite the temporarily reduced attendance in July.

1b. Caregiver Surveys were given to Day Care families to better understand the issues they are facing and identifying how we can better educate and support them in their efforts to care for those with cognitive issues.

The results demonstrated that 80% of respondents struggled with loneliness and isolation as a result of the care they need to provide a loved one struggling with cognitive difficulties.

60% of caregivers responding in the survey find that their sleep is directly impacted negatively due to the care they are required to provide.

These results only underline the importance of the respite care provided in our Adult Day Care and the measurable relief that comes with having such a program generously funded by the Fallbrook Regional Health District.

COVID placed an enormous amount of stress on families caring for those with dementia during the shelter-in-place period when our Day Care was closed and the relief was tangible judging by the rapid readmittance of clients by their families.

Define goal #2 for this program if applicable.:

N/A

Number of Objectives for Goal #2 of this program:

1

Objective 1 for Goal #2:

N/A

Objective 2 for Goal #2:

Objective 3 for Goal #2:

Objective 4 for Goal #2:

Measuring Success for Goal #2:

N/A

Participant Success Story:

Grant #374_FRHD FY2020-2021 Report_Participant Success and Supporting Data_Senior Adult Day Care.pdf

Please list how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting time frame. :

Social Media & press releases July-Sept.[31606].pdf

Actual Program Budget File:

Senior Adult Day Care Budget Q1 FY2020-2021 FRHD.xlsx, Q1 FY2020-2021_FRHD_CHC_Program_Budget_Adult Day Care_as applied.xlsx



FRHD GRANT #374 – Q1 FY2020-2021

ADULT DAY CARE

At the Foundation we traditionally think of the Seniors we serve directly when discussing the impact that grant funding from the Fallbrook Regional Health District makes but sometimes the most powerful stories are transmitted from our staff members.

Recently one of our Drivers was transporting two Day Care clients home and both of them were so filled with excitement, animatedly discussing all that they had experienced that day—the walk they had taken outside in the fresh air on our property...the fun they had with the arts and crafts earlier in the day and the delicious cookies they'd baked with Shelia and Stephen, our Activities teammates. They even resumed singing a few bars of a song they'd sung together that day at *The Club*.

The clients mentioned that they are so happy to be there spending time with the other clients, their friends, and how everyone at the Foundation always seems so willing to help them.

Our Driver was almost in tears relaying this story, speaking about how grateful she was to be able to help these beautiful people and what an honor it was. You never know when a routine day might be suddenly infused with such joy and gratitude. The Foundation staff, and the Health District by extension, are so fortunate to provide such a compassionate service.

Press Release:



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OCTOBER 11, 2020
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[komenie.org/morethanpinkwalk](https://www.komen.org/morethanpinkwalk)

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Foundation for Senior Care receives support for elderly programs

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Last updated 7/9/2020 at 4:21 am



Fallbrook Regional Health District Executive Director Rachel Mason receives the first copy of the Seniors' Bill of Rights from Foundation for Senior Care President Dr. Robert Pace. The foundation awards copies of the Seniors' Bill of Rights to notable groups and citizens that support independence efforts for the elderly in the two-county area.

FALLBROOK – Recognizing the unique kinds of support needed to support seniors in North San Diego County, many organizations, prominent citizens and local nonprofit organizations made much-needed donations in the first half of the year to keep Foundation for Senior Care programs up and running for area elderly.

Keith Birkfeld, executive director for the Fallbrook-based organization, noted that some emergency funding was earmarked to continue many transportation services provided by the Foundation for Senior Care, among them grocery deliveries to sheltered-in-place seniors. Other funds supported ongoing transportation of elderly to and from medical and other appointments.

"A critical amount of support came through when operational funding was reduced and various government sources were temporarily halted as many

Social Media: posts are on Facebook, Instagram and Twitter

Instagram

fallbrookseniors

AUGUST COVID-19 TESTING DATES



OFFERED BY
NORTH COUNTY FIRE PROTECTION DISTRICT, FALLBROOK REGIONAL HEALTH DISTRICT,
AND SAN DIEGO COUNTY FIRE
IN COOPERATION WITH SAN DIEGO COUNTY HHS

AUGUST 4th, 18th, & 25th | 9:00AM - 2:00PM



1636 E. Mission Rd.
Fallbrook, CA

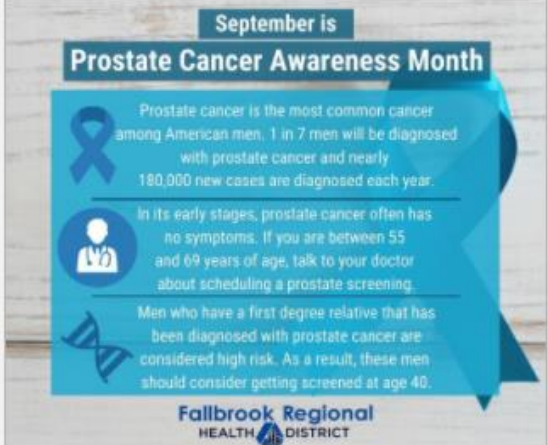
Schedule an appointment online at: 211sandiego.org
Registration opens 4-6 days before testing.
Drive-ups are welcome.
(760) 731-9187

fallbrookseniors Easy drive through COVID testing on Aug 25 provided by Fallbrook Regional Health Distri... more

Instagram

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September is Prostate Cancer Awareness Month



Prostate cancer is the most common cancer among American men. 1 in 7 men will be diagnosed with prostate cancer and nearly 180,000 new cases are diagnosed each year.

In its early stages, prostate cancer often has no symptoms. If you are between 55 and 69 years of age, talk to your doctor about scheduling a prostate screening.


Men who have a first degree relative that has been diagnosed with prostate cancer are considered high risk. As a result, these men should consider getting screened at age 40.

Fallbrook Regional HEALTH DISTRICT

fallbrookseniors September is National Prostate Cancer Awareness Month. Men over age 55 should co... more

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Support a local Senior!
Donate Today!
GivingHeartsCare.org

Senior Care
760-723-7570

fallbrookseniors
<https://www.sandiegouniontribune.com/north-county-community-news/story/2020-08-03...> more





Flyers: COVID testing flyers were posted on our community announcement board, and distributed to clients through the Care Advocates, Adult Day Care, Transportation, and Grocery Delivery programs.

Email Signatures: Every employees email signature included the Health District logo and recognizes the support.

FOUNDATION FOR Senior Care

Theresa Geracitano
Outreach and Development Officer
Office: (760) 723-7570 **Fax:** (760) 723-0358
Email: tgeracitano@foundationforseniorcare.org
Website: www.foundationforseniorcare.org
Address: 135 S. Mission Rd., Fallbrook, CA 92028
Nonprofit tax designation ID# 95-3389263

Support for our programs is made possible by the:
Fallbrook Regional HEALTH DISTRICT

Website: Recognized as top supporter on website page with a link to the Health District website



Building entrance Thank You Banner:

