

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Adult Day Care Program

Brief Program Description

Our Adult Day Care Program provides support, caregiving, and socialization for clients living with moderate to profound cognitive and medical impairments, as well as support for those who care for them.

Funding Amount Awarded

32000

Target Population - Age

| | Percent of program participants | Estimated number of participants |
|---|---------------------------------|----------------------------------|
| Children (infants to 12) | | |
| Young Adults (13-17) | | |
| Adults (18-60) | 3 | 1 |
| Seniors (60+) | 97 | 30 |
| We do not collect this data (indicate with 100%)* | | |

Target Population not collected - Age

NA

Target Population - Gender

| | Percent of program participants |
|------------|---------------------------------|
| Female | 61 |
| Male | 39 |
| Non-binary | |
| Unknown* | |

*Target Population - Gender

NA

Target Population - Income Level

| | Percent of program participants |
|---|---------------------------------|
| Extremely Low-Income Limits, ceiling of \$32,100 | 6 |
| Very Low (50%) Income Limits, ceiling of \$53,500 | 16 |
| Low (80%) Income Limits, ceiling of \$85,600 | 36 |
| Higher Than Listed Limits | 42 |
| We do not collect this data (indicate with 100%)* | |

*Target Population - Income Level

NA

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

62

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

The program addresses specific physical and mental needs of cognitively or physically impaired seniors and adults through socialization, physical and mental enrichment activities, and movement exercises. To support and provide respite to our client's informal caregivers.

Program Outcomes & Measurables

The Adult Day Care program served 31 clients during this reporting period, providing a total of 562 days of service. This is an increase of 6 clients and 40 days of service from the previous quarter. Among these 31 clients, two low-income seniors were provided with a scholarship made possible by FRHD grant funding. Their attendance accounted for 27 of the 562 total days of service this quarter. By participating in our program, 31 families were able to take a break while their loved ones received care. During this cycle, three support sessions were provided through the Caregiver Support Group.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, appearing to be the initials 'AK' followed by a flourish.

Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Chinese (Mandarin/Cantonese)

Acknowledgment of District Support



FRHD Acknowledgements_... .docx

Acknowledgment of District Support



FRHD Acknowledgements_... .docx



Impact Story23-24 Q3_ADC.docx

Impact Story



Impact Story23-24 Q3_ADC.docx

Program Budget




23_24 FRHD CHC Grant - FF... .xlsx


FRHD Acknowledgements 23-24 Q3

Social Media





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Posts

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 Liked by fallbrookhealth and 13 others

fallbrookseniors Our Adult Day Care clients had a blast playing "Ping Pong Roulette". This is one of the many fun activities in their jam packed daily schedule.

Our Adult Day program is just one of our senior support services made possible by funding through the Fallbrook Regional Health District.

2023 Annual Report

Grantors, Foundations and Endowments

We are so very grateful for the unwavering support we continue to receive from our grantors and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and our efforts on behalf of older adults.



2024 March Impact Email

THANK YOU TO OUR GRANTORS, FOUNDATIONS AND ENDOWMENTS

We are so very grateful for the unwavering support we continue to receive from our grantor, foundation, and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and our efforts on behalf of older adults.



DONATE RIGHT NOW

Please donate today.
EVEN BETTER – SET UP A RECURRING, MONTHLY CONTRIBUTION!
 No matter the size, your generosity will have an immediate impact on the life of an older adult.
Together we can make a difference!

HOURS OF OPERATION
 Monday through Friday • General: 8:00am to 5:00pm • Adult Day Center: 9:00am to 4:00pm

FOR MORE INFORMATION
 To make a donation, volunteer, or learn more about the Foundation for Senior Care, please call 760-733-7979 or visit www.foundationforseniors.org
The Foundation for Senior Care is a 501(c)(3) charitable organization. © 2024 FSC

Impact Story

The Fallbrook Adult Day Care, affectionately known as The Club, offers a haven for those living with dementia, thanks to the generous funding from the Fallbrook Regional Health District.

Meet Sarah, whose life was touched by dementia. At The Club, Sarah found a warm and nurturing environment, tailored activities, and compassionate staff. From music therapy to sensory experiences, Sarah discovered moments of joy and connection. For Sarah's family, The Club provides a peace of mind.

Thanks to the Fallbrook Regional Health District's support, Sarah's journey with dementia is filled with brighter days and meaningful interactions.



Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Adult Day Care Program**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

| | | | | | | | | |
|----|----------|--|---------------------|---------------------|--------------------|-----------------|-----------------|-----------------|
| 1) | A | INDIRECT EXPENSES: | PROGRAM COST | REQUESTED FROM FRHD | AMOUNT USED Q1 | AMOUNT USED Q2 | AMOUNT USED Q3 | AMOUNT USED Q4 |
| | | TOTAL INDIRECT EXPENSE | \$61,584.99 | \$0.00 | \$18,044.00 | | | |
| | B | PERSONNEL EXPENSES - PROGRAM SPECIFIC | PROGRAM COST | REQUESTED FROM FRHD | AMOUNT USED Q1 | AMOUNT USED Q2 | AMOUNT USED Q3 | AMOUNT USED Q4 |
| | | TOTAL PERSONNEL EXPENSE | \$193,973.35 | \$28,000.00 | \$30,438.00 | | | |
| | C | DIRECT PROGRAM EXPENSES | PROGRAM COST | REQUESTED FROM FRHD | AMOUNT USED Q1 | AMOUNT USED Q2 | AMOUNT USED Q3 | AMOUNT USED Q4 |
| | | TOTAL OTHER EXPENSES | \$35,424.00 | \$4,000.00 | \$8,928.00 | | | |
| | D | TOTALS | PROGRAM COST | FRHD Funds Awarded | Total Amount Q1 | Total Amount Q2 | Total Amount Q3 | Total Amount Q4 |
| | | | \$290,982.34 | \$0.11 | \$57,410.00 | \$0.00 | \$0.00 | \$0.00 |

Total funds expended to date: **\$57,410.00**