

# Lori Moore Fundraising Specialist

## Fallbrook Senior Citizens Service Club

Submission Date: Oct 13, 2021 3:44 PM

Organization Name: Fallbrook Senior Citizens Service Club

Program Title: Congregate Meal Program

Person submitting the report: Lori Moore Fundraising Specialist

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)	0	0
Young Adults (13-18)	0	0
Adults (18-60)	8	
Seniors (60+)	92	
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	57	
Male	43	
Non-binary		
Unknown		

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)		
Very Low (50%) Income (ceiling of \$53,500)		
Low (80%) Income (ceiling of \$85,600)		
Higher than listed limits		
Unknown	100	

How many District residents directly benefited (participant/client) from this program in this reporting quarter?  
199

Please provide the Goal 1 statement from your application. Discuss the actions within each

Goal 1 Statement: The primary goal of the Congregate Meal Program is to alleviate food insecurity by providing hot, freshly prepared nutritious meals

objective and provide your outcome data accordingly.

daily to as many seniors as possible in the greater Fallbrook area, who otherwise would not have regular access to such meals.

To meet the stated Goal, The Fallbrook Senior Center has provided approximately 30-45 meals each day, five days a week, at no cost to seniors (60+), in a Congregate setting to encourage socialization. Meals provided were substantial, hot and nutritious, meeting the strict dietary guidelines established by the San Diego County AIS and based on the specific nutritional needs of seniors. Menu plans, food preparation, and meal service successfully passed all San Diego County inspections conducted during the first quarter, thus ensuring that all clients served received one-third of their daily nutritional needs. We have consistently maintained our objective of providing 30-45 meals each day. Specifically, during the first quarter, a total of 854 meals were served to seniors and 199 residents of the Health District directly benefited from the Congregate Meal Program.

Please provide the Goal 2 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

N/A

Participant Success Story:

“I love the meals, especially the salmon and chicken pot pie! It’s also so nice to meet new people at the congregate lunch. Socialization is important after a year of being stuck at home because of COVID. Thank you for this program! – Rose Peralta

“The meals are wonderful. I also appreciate that they are nutritious. The socialization aspect of the lunch meal program is so important too. Thank you! – Connie Mescall

Please describe how the Fallbrook Regional Health District’s Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.

The Fallbrook Regional Health District logo is listed under our Supporters and Partnerships category in our monthly newsletter The Senior Center Chronicle. The FRHD logo is also on our monthly menu page. The Senior Center Chronicle is distributed to 394 members every month. An average of 20 Chronicles are handed out at the Senior Center as well. Total monthly outreach = 414. Total outreach for quarter 1 = 1,242.

The FRHD logo is also prominently displayed on our website under About Us - Supporters.

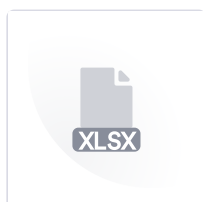
A “Thank You” to the FRHD social media post was posted on our Facebook and Instagram pages on August 6, 2021.

Please upload one example of how the District’s support for this program was publicly acknowledged.



[FRHD Thank You.pdf](#)

Please upload a copy of the program budget you submitted with the application. Fill in the Q1 column demonstrating the current utilization of grant funds.



[FSC Congregate Meals Q1 Utilization.xlsx](#)

Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

**There were no significant differences in the budget or the services that we provided during this quarter.**

Please sign your form:

A handwritten signature in black ink, consisting of a stylized 'L' followed by a more complex, cursive-like flourish.