**Organization Information**

**Legal Name**
Boys Club of Fallbrook (Inc)

**DBA (if Applicable)**
Boys & Girls Clubs of North County

**Program Name/Title**
Triple Play

### Target Population - Age

<table>
<thead>
<tr>
<th>Group</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children (infants to 12)</td>
<td>91</td>
<td>1182</td>
</tr>
<tr>
<td>Young Adults (13-17)</td>
<td>9</td>
<td>108</td>
</tr>
<tr>
<td>Adults (18-60)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Seniors (60+)</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

*We do not collect this data (indicate with 100%)*

### Target Population not collected - Age

n/a

### Target Population - Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>47</td>
<td>609</td>
</tr>
<tr>
<td>Male</td>
<td>52</td>
<td>678</td>
</tr>
<tr>
<td>Non-binary</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Unknown*</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

*Target Population - Gender

n/a
### Target Population - Income Level

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Percent of program participants</th>
<th>Total Number of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extremely Low-Income Limits, ceiling of $32,100</td>
<td>35</td>
<td>449</td>
</tr>
<tr>
<td>Very Low (50%) Income Limits, ceiling of $53,500</td>
<td>33</td>
<td>431</td>
</tr>
<tr>
<td>Low (80%) Income Limits, ceiling of $85,600</td>
<td>20</td>
<td>247</td>
</tr>
<tr>
<td>Higher Than Listed Limits</td>
<td>12</td>
<td>163</td>
</tr>
<tr>
<td>We do not collect this data (indicate with 100%)*</td>
<td>n/a</td>
<td></td>
</tr>
</tbody>
</table>

*Target Population - Income Level

n/a

Total number of residents that benefited (participant/client) from this program this quarter.

3870

### Program/Services Description - Social Determinants of Health

- Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)
- Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)
- Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)
- Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)
- Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

### Program/Services Description - FRHD Community Needs Assessment

- Health (Diabetes - prevention, management)
- Health (Cholesterol, High Blood Pressure, Hypertension, Obesity)
- Mental Health (Social Support - Youth or Families)
- Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)
- Health (Healthy Food/Nutrition)

### Program Objectives

Hire and train staff to deliver Triple Play activities at each site. Provide 60 minutes of physical activity to each member each day at every site to serve at least 400 youth per day. Provide 3 family nights each year at each site.
Program Outcomes/Measurables

Hiring and training logs will be kept to ensure that each site has staff that are trained in Triple Play activities. Participation counts and survey results will track data related to physical activity, nutrition and members ability to cope with challenges.

All sites have staff that have been trained in Triple Play activities. 520 members receive a nutritious super snack each day and participate in 60 minutes of vigorous physical activity each day.

FRHD Grant Support Acknowledgment

Social Media Postings

FRHD Grant Support Acknowledgment

In the first quarter the Triple play grant was acknowledged in our social media account.
Contact Information
Contact Name
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Title
Director of Operations
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Fallbrook, CA, 92028

Impact Story
CSUSM nursing 22-23.docx
Success Story Summer 2022.docx