

# FALLBROOK REGIONAL HEALTH DISTRICT

Serving Bonsall, De Luz, Fallbrook & Rainbow

**Call to Activity**

**Wellness—One Step at a Time**



**Wellness Walk**

**Wednesday, June 21, 2017**



**10:00 a.m. Registration**



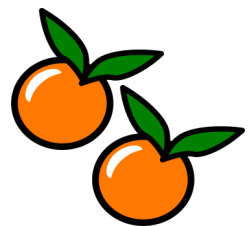
Meet new people; form your own walking group.

Join us at the **Fallbrook Community Center**

Led by Elizabeth Quezada  
Anytime Fitness General Manager



**FREE PEDOMETERS**



Proud to be a partner of:



**FRHD MISSION**  
Promoting health for the  
people of the District

