

## Organization Information

### Legal Name

FALLBROOK FOOD PANTRY

### DBA (if Applicable)

FALLBROOK FOOD PANTRY

## Program Name/Title

ALLEVIATING HUNGER IN GREATER FALLBROOK

## Brief Program Description

The Fallbrook Food Pantry (FFP) provides access to healthy and nutritious food for all. Through food distribution, education, and health monitoring, we work to address food insecurity and the social determinants of health by reducing inequities.

## Service Area

Bonsall

De Luz

Fallbrook

Rainbow

## Number of residents that directly benefit (participant/client) from this program.

8954

## What language(s) does this program accommodate:

English

Spanish

Tagalog

## Target Population - Age

	Percent of program participants	Number of participants
Children (infants to 12)	30	2686
Young Adults (13-17)	10	895
Adults (18-60)	38	3402
Seniors (60+)	22	1970

	Percent of program participants	Number of participants
We do not collect this data (indicate with 100%)*		

### Target Population not collected - Age

n/a

### Target Population - Gender

	Percent of program participants
Female	80
Male	20
Non-binary/other	
Unknown*	

### \*Target Population - Gender

n/a

### Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	75
Very Low (50%) Income Limits, ceiling of \$53,500	25
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

We approve only extremely-low and low-income/at-risk children, individuals, families, and seniors. We follow the FEDERAL GUIDELINES OF POVERTY.

### What demographic group does this program predominately serve:

- Youth - school based
  Older Adults
- Youth - other setting
  Special Populations
- Community - Health & Fitness

### Program/Services Description - Social Determinants of Health

- Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)
- Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

## **Program Objectives & Measurable Outcomes**

## Provide Consistent Access to Nutritious Food

- Who & What: Ensure that all households seeking food assistance receive an average of 50–80 pounds of food per visit, or 15-18 pounds of food per person in the household.
- Measurement: Track the total pounds of food distributed and the number of households served per week and per year.

## Program Impact & Data Reporting

FFP will gather and report:

- Total pounds of food distributed (monthly/annually)
- 1ST QUARTER TOTAL FOOD DISTRIBUTION POUNDS SERVED:  $134,310 \times 3 = 402,930$
- Total number of households served (weekly, monthly, annually)
  
- 1ST QUARTER TOTAL INDIVIDUALS SERVED: 8,954
- Demographic data of participants (age groups, family size, etc.)
- 1ST QUARTER AGE GROUPS SERVED: 2,686 (children), 895 (youth), 3,402 (adults), 1,970 (seniors)
- 1ST QUARTER AVERAGE SIZE FAMILY = 5 PP PER HOUSEHOLD

By consistently measuring and evaluating these objectives, FFP ensures that its food distribution program meets its goal effectively, providing sustainable, impactful support to those experiencing food insecurity.

**Please upload an Impact Story (Word doc or pdf preferred).**

Meet Jan\_5938.docx

## FRHD Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

## FRHD Acknowledgment

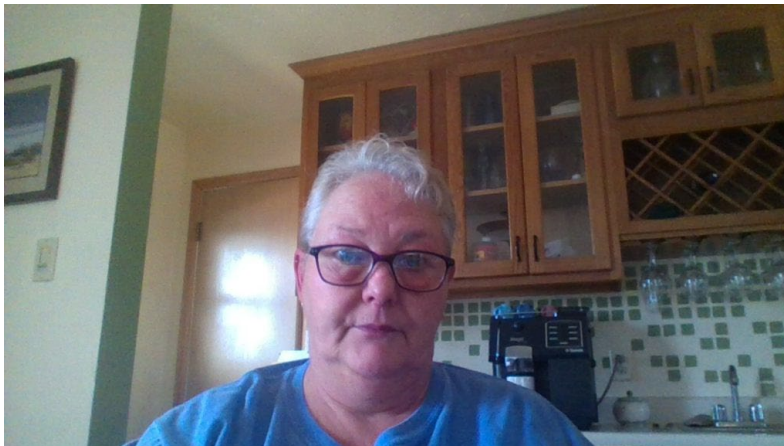


## Program Budget

25\_26 FRHD CHC Program Budget F... .xlsx

**Please type the name of the person submitting this report.**

Shae T. Gawlak



## Meet Jan

Jan has been a pantry client for over 10-years, and she is very active in our community. She helped the Pantry lobby for our new bus stop at the corner of N. Brandon Road and Alvarado last year. Jan is always looking out for the underdog and wants everyone in her community to thrive.

Below is a quick email she sent our CEO, just last week.

“Really liking what the food pantry is doing... Wow. I'm eating very healthily... Today I'm cooking pork roast and making a cucumber tomato onion salad from yesterday's groceries.

It's very exciting to see the growth of your efforts. Thank you for all you do. I love the classes. Been paying attention. I don't think this community says thank you enough. So, I'm saying thank you. I do try and tell Rachel Mason that too. She's a smart cookie also. “

-Jan Scott

Without the support of FRHD we could not provide enough adequate and nutritious food to our food insecure neighbors. This grant opportunity continues to “feed” our organization and its clients with healthy food choices.



**Fallbrook Regional**  
HEALTH DISTRICT

1950

Date 7.9.2015

Pay to the Order Of Fallbrook Food Pantry \$ 100 000

ONE HUNDRED THOUSAND + 00/100 Dollars

For Alluviating Hunger

FRHD  
Authorized Signature

⑆ 12345678900123456789⑆ 1001



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Liked by carorozcoc and others

fallbrookfoodpantry On behalf of our entire team, thank you fallbroo... more

**FRHD CHC GRANT BUDGET REPORTING FORM**

 Agency Name: **FALLBROOK FOOD PANTRY** PROGRAM NAME: **ALLEVIATING HUNGER IN GREATER FALLBROOK**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	<b>\$255,500.00</b>	<b>\$0.00</b>				
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	<b>\$222,000.00</b>	<b>\$40,000.00</b>					
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	<b>\$130,000.00</b>	<b>\$60,000.00</b>	<b>\$25,000.00</b>				
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		<b>\$607,500.00</b>	<b>\$0.16</b>	<b>\$25,000.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	

 Total funds expended to date: **\$25,000.00**