

## Organization Information

### Legal Name

Boys Club of Fallbrook

### DBA (if Applicable)

Boys & Girls Clubs of North County

## Program Name/Title

Triple Play Program

## Brief Program Description

Triple Play is a proven health and wellness program. It has 3 components to teach youth Healthy Habits, provide Daily Physical Challenges and Social Recreation to improve social and emotional development.

## Funding Amount Awarded

40033.00

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	88	1020
Young Adults (13-17)	11.5	140
Adults (18-60)	.5	3
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

## Target Population not collected - Age

n/a

## Target Population - Gender

	Percent of program participants
Female	48
Male	52
Non-binary	0
Unknown*	0

## \*Target Population - Gender

n/a

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	38
Very Low (50%) Income Limits, ceiling of \$53,500	37
Low (80%) Income Limits, ceiling of \$85,600	13
Higher Than Listed Limits	12
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

n/a

### Actual number of residents that directly benefited (participant/client) from this program during this quarter.

1163

### Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

### Program Goal & Objectives

To improve the overall health of youth members of the Boys & Girls Clubs of North County, specifically working to prevent obesity and diabetes, high blood pressure, hypertension and to increase social supports for youth and families while increasing healthy food/nutrition education and health literacy. Objectives: #1 Hire and train staff to provide Triple Play Program at each of the sites. #2. Provide 60 minutes of vigorous physical activity each day for at least 400 youth. #3. Provide 3 family nights during the grant year for the members and their families.

### Program Outcomes & Measurables

1. Hiring and training logs for each staff are kept by Director of Professional Development.
2. Staff members track participants on roll sheets at each site, those numbers are then reported centrally each month. We use the BGCA NYOI survey tool to determine the range of impact the program is having on the members.
3. Participation counts will be kept on the annual family night events and reported centrally.

### Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

**Terms and Conditions**

Accepted

**Authorized Signature**

*Jana Lora*

## Contact Information

### Contact Name

Lisa Ware

### Title

Vice Pres. of Operations

### Primary Contact Phone

7607285871

### Email Address

lisaw@bgcnorthcounty.org

## Writing Instructions:

**What language(s) does this program accommodate:**

English

Spanish

## Acknowledgment of District Support



Healthcare District q2 23-24.pdf

## Impact Story



Families in Need 2024 (002).docx

## Program Budget



Budget Report.Triple Play.Q2.pdf