

Organization

Official Name: SENIOR SPECIAL NEEDS ANIMAL ASSISTANCE PROJECT ENDEAVOR
***Legal Name:** Senior/Special Needs Animal Assistance Project Endeavor
***Year Company was Founded:** 2006
***Address:** 705 Porter St
Address (2): (PO Box 1317 - 92088)
***City:** Fallbrook
State: California
Zip/Postal Code: 92028
***Main Telephone:** 7607280249
Main Fax: 8665153972
Website Address: www.ssnaape.org
***Main Email Address:** mabouse@roadrunner.com
***Mission Statement and History:** To encourage the adoption of senior and special needs pets by financially supporting medical and surgical care and spay/neuter for individuals and rescue groups. Educating the public regarding elder and special needs animal care and developing resources and support networks for domestic pet guardians.
***Board of Directors :** Mary Ann Bouse, Founder and President
Marlene Ballinger, Secretary
Helene Braizer, Treasurer
Jayne Crain
Jane Kemp
Most Recent 990: 990-N 2018-2019.jpeg
***Most recent audited financial statement with management letter:** 2018_financial.xlsx, 2019_financial.xlsx

Proposal

***Request Owner:** Rachel Mason
Request Source: External (Submitted 04/10/2020)
Proposal Type: Ongoing Program

Agency Capability

Briefly describe your organization's history and accomplishments. :

SSNAAPE was founded in Fallbrook and is active here, and in surrounding San Diego communities. In September 2006, Mary Ann Bouse founded SSNAAPE after much support and encouragement from friends and family. (Previous to this Mary Ann relied solely on her own resources to have pets and strays spayed and neutered as well as providing necessary medical help.) With the support of her friends, annual yard sales and donations enabled the organization to help those in need. The word of SSNAAPE's assistance to pet guardians was slowly being circulated.

In March 2011, a yard sale was held raising enough funds to bring a Spay and Neuter mobile clinic to our area. The clinic, held on April 30, 2011, benefited 32 animals --cats and dogs. (Since, SSNAAPE has helped hundreds of animals as well as pet owners.) It was at that time Marlene Ballinger joined the organization and has since promoted SSNAAPE throughout Fallbrook and surrounding communities. Marlene has increased our efforts by bringing in new members and sparking community interest. As well as being a life-long animal rescuer, Marlene brings expertise from her years in Costa Rica where she organized a spay/neuter clinic.

What are the current activities and/or programs offered by your organization?:

SSNAAPE responds to requests from residents of Fallbrook, Rainbow, and Bonsall for assistance with pet food, funds for veterinary care and grooming, transportation of animals, feral cat trapping and spay/neuter/release. We also offer services, upon request, for local senior citizen agencies, animal shelters, and rescues. SSNAAPE runs low-cost spay and neuter clinics in Fallbrook, and periodically provides food and financial assistance for veterinary care to rescue groups in Baja California.

List and describe current collaborations with other organizations that enhance your ability to provide services through this program.:

We currently receive requests from The Foundation for Senior Care in Fallbrook and local animal rescue organizations. As the program is expanded, we will offer services to other community organizations serving seniors and the disabled. As we have always done, we will continue to assist qualifying individuals who contact us directly.

Program Information

Is this application being submitted in collaboration with another agency?: No

Project Title: Senior Special Needs Animal Assistance Project Endeavor (SSNAAPE) Senior Companion Animal Outreach

Requested Cash Amount: \$5,000.00

This is an ongoing program that began on: 03/02/2020

Name of the person submitting the grant: Mary Ann Bouse
760-728-0249
mabouse@roadrunner.com

Name of Program Coordinator: Susan Rappoport
760-645-3287
srappoport@ucsd.edu

Is the Program Coordinator responsible for submitting quarterly reports?: Yes

Ages Served: Adults (18-60): 10%
Seniors (60+): 90%

Gender: Unknown: 100%

Select the income limit category of your target population: Very Low (50%) Income Limits, ceiling of \$53,500

Projected number of residents (participant/client) that will directly benefit from this program: 120

Projected number of residents that will indirectly benefit from this program: 60

How will the program be staffed?: Paid: 34%
Volunteer: 66%

Statement of Problem/Needs Assessment

Discuss the need for the proposed program or service within the District.:

Since 2006, SSNAAPE has been responding to requests from community organizations and individuals. There is a significant population of pet owners in the District who require assistance with pet care due financial constraints. Seniors and the disabled are disproportionately represented in the poverty level demographic of our area.

SSNAAPE's current programs serve 5-10 individuals monthly with financial assistance for veterinary services, grooming, and pet food and supplies. Our low-cost spay and neuter clinic appointments are filled to capacity, with veterinarians seeing 25-30 clients each day.

SSNAAPE Companion Animal Outreach is a new program we are developing to serve low-income seniors and the disabled in Fallbrook, Rainbow and Bonsall. In recent years, we began working with The Foundation for Senior Care in Fallbrook to help clients with their pets; providing food, transporting pets to groomers, and funding medical care. This service, offered at no charge, not only assists the pets, but provides peace of mind to their human companions. Services up to this time have been provided through SSNAAPE with no age or income restrictions

SSNAAPE Companion Animal Outreach will provide:

- *Home veterinary services for health maintenance, minor illnesses, and injuries including vaccinations
- *Transport and payment assistance for required office-based veterinary care
- *Microchip placement and registration
- *Grooming
- *Pet food and supplies

The SSNAAPE Companion Animal Outreach will allow residents to keep their pets fed, groomed and healthy without sacrificing their own nutritional or healthcare needs.

And, it is our goal to assist those clients who would like to adopt a pet, but are constrained by finances, to be able to enjoy the emotional and physical health benefits of having a pet in their homes.

We are receiving an increasing number of requests from The Foundation for Senior Care. And, SSNAAPE plans to publicize our Companion Animal Outreach program to organizations in the District serving disabled and senior veterans, local mental health providers, and faith based community service groups.

Reference your supporting data below.: SSNAAPE Data:

(2006-2020) 5-10 requests per month from individuals requesting assistance with pet food, veterinary care, and grooming

(2015-2020) 2-3 requests per month from the Foundation for Senior Care for assistance

(2011-2017) 13 low-cost spay and neuter clinics serving 25-30 clients each day.

What other organizations within the community offer similar programs/ services that address this need?:

There are no other programs that provide similar in-home services to seniors in the communities of Fallbrook, Rainbow, or Bonsall.

Program/Services Description

The Fallbrook Regional Health District has identified several health disparities that effect the long term health and well being of our community. The following questions address how your program addresses these concerns. :

Which one of the following categories best describes the primary goal and objectives of your program?:

Ancillary: Services that support our mission to promote health for the people of the District.

Which of the following health disparities does the program address:

- Behavioral & Mental Health (e.g., Anxiety, Depression, Substance Use,)
- Cardiovascular health (e.g., High Cholesterol, Hypertension)
- General Fitness
- Senior Services (e.g., Aging in place, Dementia, Transportation)

Describe how the program provides the service.:

Having a pet companion in the home has been shown to have significant health benefits for older adults, the disabled, and individuals with mental health conditions. Pet ownership has been associated with lower blood pressure, lower heart rate, and faster recovery during mental stress (Allen et al., 2002, adults of all ages). Friedmann et al. (2013) demonstrated a link between pet ownership and cardiovascular health, both as a predictor of long-term survival in patients (ages 33--84 years) who had experienced a myocardial infarction (Friedmann et al., 2011), and in improving ambulatory blood pressure in hypertensive older adults. (Aiba et al. 2012) showed pet ownership to be an independent predictor of cardiac autonomic imbalance for patients with conditions such as diabetes, hypertension, or hyperlipidemia. In fact, the American Heart Association (AHA) issued a scientific statement suggesting that pet ownership (particularly dogs) may reduce the risk of cardiovascular disease (Levine et al., 2013)

Some studies have indicated a link between pet ownership and reduced depression for older adults (e.g., Garrity et al., 1989); the emotional bond between older adults and their pets seems to be a particularly important component of that relationship (Peretti, 1990).

In addition to cardiovascular and mental health and well-being outcomes, pet owners (and dog owners in particular) are often more likely to be physically active. Older adult dog owners are significantly more likely to walk more than non-pet owners, and have higher levels of physical activity (Dembicki and Anderson, 1996; Thorpe et al., 2006; Toohey et al., 2013; Curl et al., 2017). In addition, one study found less deterioration in ability to perform activities of daily living for older adult pet owners compared to non-pet owners (age 65+; Raina et al., 1999). Recently, a study using the ActivPal accelerometer showed that independent living older adult dog owners spent more time walking, walked for more minutes at a moderate cadence, and spent less time sitting compared to their non-dog-owning matched counterparts (Dall et al., 2017).

There were significant findings for the benefits of canine companionship for military veterans with post-traumatic stress disorder (PTSD), including effects on reducing feelings of loneliness, depression, worry and irritability, and increased feelings of calmness and there was some evidence for the direct effect of pets on depression and mood through close proximate contact and stroking.(Brooks, et al., 2018

While pets bring proven health benefits, the cost of caring for an animal can be a hardship for individuals on a limited income. In addition to food, regular grooming and veterinary care are required to keep animal companions in good health and comfortable. The additional expense of a dog or cat in household can leave pet owners financially struggling. Many choose to provide for a beloved pet and will sacrifice food or medication for themselves.

We propose to offer no-charge, quality, in-home companion animal care for low-income seniors and the disabled. We can provide health and wellness services, so that residents in our community can enjoy the benefits of a pet without endangering their own nutritional or healthcare needs.

Allen K., Blascovich J., Mendes W. B. (2002). Cardiovascular reactivity and the presence of pets, friends, and spouses: the truth about cats and dogs. *Psychosom. Med.* 64 727--739.

Friedmann E., Thomas S. A., Son H., Chapa D., McCune S. (2013). Pet's presence and owner's blood pressures during the daily lives of pet owners with pre-to mild hypertension. *Anthrozoös* 26 535--550.

Friedmann E., Thomas S. A., Son H. (2011). Pets, depression and long-term survival in community living patients following myocardial infarction. *Anthrozoös* 24 273--285.

Due to limited space, additional references will be provided upon request

What is/are the program goal(s) and what are the objectives for each goal.:

Define goal #1 for this program : Goal 1: To introduce SSNAAPE Companion Animal Outreach Program to potential clients in Fallbrook, Rainbow and Bonsall.

Number of Objectives for this program: 2

Objective 1: Objectives:

- *Design announcements for the Companion Animal Outreach Program (1 month)
- oPrinted materials
- oWebpage
- oSocial Media

Objective 2: *Outreach (2 months)

- oSenior Care Organizations
- oLocal offices of SD County Social Services
- oVeterans Groups
- oSupport providers for the disabled
- oDistrict animal shelters and rescues
- oLocal groomers and pet supply stores
- oFaith communities

Measuring Success for Goal #1: Success will be reflected initially by completed contact with the above organizations and agencies and an increased number of requests for services.

Define goal #2 for this program if applicable.: Goal 2: To begin providing healthcare and wellness services to the pets of seniors and the disabled:

Number of Objectives for Goal #2 of this program: 2

- Objective 1 for Goal #2:** *Health
- oVeterinary evaluation including laboratory testing
 - oTreatment of minor conditions and injuries including:
 - Respiratory / Cardiovascular
 - Dermatologic
 - Urinary / Gastrointestinal
 - Optic
 - Otic
 - Injury / Foreign Body
 - Parasites
 - oHospice / Euthanasia

- Objective 2 for Goal #2:** *Wellness
- oVaccinations
 - oMicrochipping
 - oEar Cleaning
 - oNail Trim
 - oPet Food
 - oSupplies
 - Food / water bowls
 - Collars / Leashes
 - Beds / Bedding
 - Toys

Measuring Success for Goal #2: Each request and home visit will be logged for audit and for compliance with all applicable regulations

Anticipated Acknowledgment

Acknowledgment: All advertising materials, webpages, and social media posts will acknowledge the support provided by the Fallbrook Regional Health District, and the Health District logo will be displayed.

Financial Reporting & Budget

Has your organization requested funding from FRHD for this program before?: Have not applied before

Have grant funds awarded to your organization ever been withdrawn, reduced or discontinued?: No

Please list other grant funders that have been approached by your organization in the past 3 years, including FRHD. Include Name, Date, Amount Requested, Declined or Pending.: 1/5/2017 Fallbrook Woman's Club received \$300

Please list the fund raising events conducted by yourself or other organization(s) where proceeds have been designated to your organization as beneficiary of funds raised. Include Name, Date, Amount: SSNAAPE has semi-annual Rummage Sales that provide funds for our mission, along with recurring monthly donations from some individual supporter. we are also participating in Amazon Smile Program

Describe your plan for maintenance/ continuation of the proposed program beyond the 2020-2021 fiscal year.: Plan to continue serving our new Companion Animal Outreach clients and expand the program to additional residents in need of services

Describe what other funding sources will be used to support this program; include fees for services contracts or other revenue sources?: Donations

Program Budget File: SSNAAPE_CAOP_proposed_budget.xlsx

Attestation: • I certify that all information presented in or attached to this Application is complete and accurate

Payment

Scan

No matches were found

Approval

Requested Amount: \$5,000.00

***Recommended Amount:**

Prior Approved Grants:

Request Status: External

Contact

Salutation: Ms
***First Name:** Mary Ann
Middle Name:
***Last Name:** Bouse
Title: President
Address: 705 Porter St
Address 2:
City: Fallbrook
State: California
Province:
Zip/Postal Code: 92028
Country:
Telephone: 7607280249
Fax:
Email Address: mabouse@roadrunner.com
Contact Type:
Creation Date: 03/12/2020
Last Saved By: 1000000010606443
Last Saved Date: 12-MAR-20 04.45.29.324139 PM
Notes:
***Internal Use Only?:** N
Suffix: