

Patty Sargent Executive Director

Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14...

Submission Date: Oct 14, 2021 3:55 PM

Organization Name: Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14223795)

Program Title: 401 Senior Transportation Services

Person submitting the report: Patty Sargent Executive Director

Ages: List the percentage and total number served of your program participants' ages who received services during this reporting time frame:

	Percentage served	Total Number Served
Children (infants to 12)		
Young Adults (13-18)		
Adults (18-60)	6	5
Seniors (60+)	94	128
Unknown		

Gender: List the percentage and total number served of your program participants' gender identification who received services during this reporting time frame:

	Percentage served	Total Number Served
Female	71	93
Male	27	36
Non-binary		
Unknown	2	3

Income: List the percentage and total number served of your program participants' income limit category of those who received services during this reporting timeframe:

	Percentage Served	Total Number Served
Extremely Low-Income (ceiling of \$32,100)	8	11
Very Low (50%0 Income (ceiling of \$53,500)	32	42
Low (80%) Income (ceiling of \$85,600)	45	59
Higher than listed limits	15	19
Unknown		

How many District residents directly benefited (participant/client) from this program in this reporting quarter? **131**

Please provide the Goal 1 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goal #1: Provide affordable, easily attainable, and wheelchair accessible transportation services to seniors and disabled adults throughout the greater Fallbrook area for access to basic services, medical care, social opportunities, and connection to the outside world.

Objectives:

- 1) Provide 400 local rides and/or essential grocery deliveries to seniors or disabled adults each month for a total of 4,800 annually.
- 2) Provide local transportation for at least 350 seniors or disabled adults annually.

In the first quarter, we provided a total of 1,070 Care Van local transportation rides (89% of quarterly goal) for 97 clients (111% of quarterly goal).

Of the 1,070 local rides, the trip destinations were distributed as follows:

- Doctors, Physical Therapy, Pharmacy, Healthcare Facility: 20.8%
- Adult Day Care Center at the Foundation: 5.2%
- Grocery Store: 6.5%
- Other: 12.1%
- Rides Home: 45.6%
- Grocery Delivery Service: 9.8%

Please provide the Goal 2 statement from your application. Discuss the actions within each objective and provide your outcome data accordingly.

Goal #2: Provide Fallbrook area senior residents with transportation services to medical and ancillary care in the greater San Diego and South Riverside County regions that would otherwise be cost-prohibitive or impossible with existing private and public transportation options.

Objectives: Provide 85 out-of-town rides to healthcare related appointments for local seniors or disabled adults annually

In Q1 we coordinated 61 Expanded Rides (out-of-town rides), for 34 clients, to medical appointments, typically to see specialists. This is a 20% increase over the number of rides of last quarter, equating to nearly 72% of our annual goal. This high volume is predominantly due to a senior who is having twice weekly treatments out of town.

Expanded ride destinations:

Temecula – 11
Murrieta – 1
San Marcos – 2
Vista – 1
Escondido – 37
Carlsbad – 2
Oceanside – 3
La Jolla – 3
San Diego – 1

Participant Success Story:

We recently heard from one of our clients whose husband had just passed away. She was overwhelmed trying to figure out how she was going to be able to do all the things her husband used to take care of. She contacted us and started out with getting her groceries delivered to her through our Care Van grocery delivery service. She also rode into town on our Care Van for the first time. This client has expressed such tremendous gratitude stating that she was not sure how she would have been getting food otherwise. Our Transportation Team also referred her to our Care Advocates who have been in contact with her and have been great helping her with many other things she needed at home. This client feels that the Foundation has helped her so much trying to pull through these hard times, first the pandemic, then the loss of her husband. She is so grateful that we have been open through the pandemic and have been able to help her. She would like to come in some day and give back to the community and volunteer.

Another special Transportation story occurred two weeks ago when our driver took groceries to a new residence in our program. When the client opened the door, our driver detected a foreign accent (one that she recognized as her mother's accent) and started a friendly conversation. The client, another recent widow, invited our driver to sit for a few minutes and welcomed the company. When our driver had to leave to provide a ride for another client, this client said, with tears in her eyes, that their conversation was the only face to face conversation she had with anyone in weeks, and that relating to another person who was so friendly and caring had made her day so much better.

As shown by these stories, sometimes delivering groceries to an isolated senior, or giving a ride to someone who would otherwise not get out of the house, makes the difference in the outlook and mental health of our seniors. These special touches combat the social isolation and help these seniors to know that they are not alone and forgotten. Funding and support from the Fallbrook Regional Health District allows our Care Vans to get seniors and disabled adults around this community and to healthcare specialists outside of town, to deliver groceries, and to provide a few minutes of socialization to isolated seniors. Without FRHD's support, we would not otherwise be able to provide these valuable services. Thank you!!

Please describe how the Fallbrook Regional Health District's

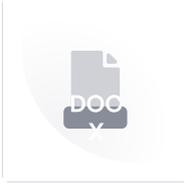
We acknowledged the District in the following ways throughout the quarter:

- The FRHD logo was affixed to the sides of our Care Vans.

Community Health Contract - Grant investment toward this program was acknowledged during this reporting timeframe.

- We included the FRHD logo and official sponsor designation in all emails from every staff member.
- Our organization and specific Care Van program brochure featured the FRHD logo and official sponsor language.
- The FRHD logo and sponsorship support status appears on our website.
- We promoted District events on a monthly basis via Social Media
- We thanked and acknowledged FRHD for their support in both social media and print ads (in Village News and Valley News)

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[FRHD Acknowledgements from the Foundation for Senior Care Q1 2021-2022.docx](#)

Please upload a copy of the program budget you submitted with the application. Fill in the Q1 column demonstrating the current utilization of grant funds.



[Transportation Program Actuals 2021-2022 Q1.xlsx](#)

Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

Our Transportation Coordinator was on a leave of absence for four weeks during this quarter, accounting for the reduction in expected payroll expense for that position. During this time, we covered her role by flexing our Receptionist, Office Manager, and occasionally our Drivers.

With the significantly increased number of Expanded rides for out-of-town doctors, utilizing volunteers for these rides, our reimbursements for mileage has increased considerably beyond what we expected...about a 200% increase over what was budgeted, in the first quarter alone!

Please sign your form:

A handwritten signature in black ink, appearing to read 'D. Langford'.

