

Organization

Official Name: D VINE PATH INC
***Legal Name:** D'Vine Path, Inc
***Year Company was Founded:** 2018
***Address:** 353 MORRO HILLS RD
Address (2):
***City:** FALLBROOK
State: California
Zip/Postal Code: 92028-9203
***Main Telephone:** 949-233-6515
Main Fax:
Website Address: www.dvinepath.org
***Main Email Address:** lenila@dvinepath.org

***Mission Statement and History:** D'Vine Path is a dynamic and safe community that provides vocational and life skills to people with disabilities in agriculture, hospitality and the arts.

D'Vine Path was founded by Lenila Batali, who has advocated for the special needs community since her daughter was diagnosed with autism 26 years ago. From 2011 to 2016, Lenila was director of the Support Group for special needs families (for Jeremiah's Ranch); she facilitated resources for families and social dances.

In 2013 Lenila received her certification in Special Needs Life Quality Coaching from the Training Education and Research Institute. In 2017, Lenila was awarded the North County Excellence in Supporting Students with Disabilities. Since 2013, over 400 Fallbrook High School students with disabilities have benefited from working on the ranch; the open air and natural setting have helped to alleviate their depression, anxiety, isolation and stress. The paraprofessionals and teachers have noted a marked improvement in social behavior, mental stress and physical fitness. In 2018 D'Vine Path became a 501(c)3 tax exempt organization; a program for disabled people to learn social skills, proper behavior and etiquette, healthy nutrition from farm to table, fitness and self- advocacy.

In 2019, the California State Department of Apprenticeship Standards approved D'Vine Path's Viticulture and Hospitality Program making it the first official apprenticeship for people with disabilities in the state. In 2020, the San Diego Regional Center approved funding for D'Vine Path's Life I Can Skills Training program, making it the first "Purpose/ Project Based" vineyard day program in the county.

***Board of Directors :** Lenila L. Batali, President, Business Co-Owner of Batali Ranch, Architect, Landscape Designer, Artist, Special Needs Quality Life Coach and Executive Director of D'Vine Path-non profit for people with disabilities. Vineyard Owner.

Sandi Anderson, Director, Business Owner and Executive Director of Arts in Motion, a program for autistic artists.

Judi Hayden, Director, Retired Director in Financial and Hospitality Industry.

Tom Olmstead, Director, Professor of Organic Chemistry in Higher Education, and Vineyard Owner.

Randy Anderson, Director, Retired Vice President and Dean of Special Services in Higher Education. Vineyard Owner.

Most Recent 990: DVP 2020 990EZ.pdf
***Most recent audited financial statement with management letter:** Profit and Loss Dvine Path Year to Date.pdf, Dvine path Balance sheet.pdf

Proposal

***Request Owner:** Rachel Mason
Request Source: External (Submitted 04/03/2020)
Proposal Type: Ongoing Program

Agency Capability

Briefly describe your organization's history and accomplishments. :

In 2013, Lenila Batali was approached by the Fallbrook Union High School Workability1 to be put on the Advisory Board and asked to partner her family business, the Batali Ranch, with the Workability1 Program in order to create a program that teaches students horticulture and farm maintenance. At the time, Lenila was working as a founder and director of a local support group and was able to naturally facilitate the new program which has since then, grown immensely -- in purpose and service -- and to this day, it still operates on the Batali Ranch property.

Due to the calming effects of the farm/ranch on the students with disabilities and the SEAS (Social, Emotional, Academic Students), the D'Vine Path program has become an integral part of the Fallbrook High School Workability1 program.

Since 2013, over 400 students have benefited from working on the ranch where the open air and rural setting alleviates their depression, anxiety, isolation and stress. Our intimate relationship with nature is sorely lacking in present day society which is a loss because it gives us the chance to appreciate the world at its natural pace and to remember where we come from. For the students who get the chance to engage with the ranch, a natural way of being, the practice of presence and removal from urbanization frees the mind to appreciate the world as it is. Parents, paraprofessionals, and teachers have continuously noted improvements in social behavior, mental stress and physical fitness for those who have the opportunity to take part in this program.

In 2017, due to the marked success of Lenila Batali and the Batali Ranch, she was awarded with a North County Consortium for the Special Education award of excellence. That same year, Lenila created D'Vine Path, the current program which provides life skills to young adults with high functioning autism in the very same ranch setting, and in partnership with many local organizations. In 2018, D'Vine Path became a 501(c)3 tax exempt organization, officially founding its socializing and training program for students aging out of high school (22+). In the ranch atmosphere, participants (re)learn social skills, appropriate behavior and etiquette, healthy nutrition from farm to table, physical fitness and self advocacy.

In 2019, the California State Department of Apprenticeship Standards approved D'Vine Path's Viticulture and Hospitality Program making it the first apprenticeship for people with disabilities in the state. In 2020, the San Diego Regional Center approved funding for D'Vine Path's Life I Can Skills Training program, making it the first "purpose/project" based vineyard day program in the county.

Today, D'Vine Path and the Batali Ranch serve their local communities of Bonsall, Fallbrook, De Luz, and Rainbow providing opportunities for the neurodiverse community to access life skills through agriculture and hospitality, social skills through the Thursday Social Club, and answering difficult questions with a highly talented team of teachers and mentors.

What are the current activities and/or programs offered by your organization?:

D'Vine Path offers a range of activities and programs for its students. The Viticulture & Hospitality program is the flagship program of the organization and it provides an encompassing life-enrichment opportunity. Currently, there are 8 students working to solve actionable objectives and projects with professionals. This goal-oriented process improves behavioral health, communication and social skills which begins to relieve anxiety and depression due to the new positive interactions experienced related to collaborative development. Each session, the students work with local community leaders in fields such as sales, business, health, fitness and nutrition. In the past they have travelled for further education such as Go Green Agriculture, an industry leader in revolutionizing the production of organic greenhouse vegetables.

There has been significant development in each of our students throughout this program. In the peer collaboration section, students learn social etiquette, assertiveness & initiative training, personal safety training, interpersonal relationship development, and problem-solving. In working with our group leaders and local professionals, the students proudly share that they have beaten their depression, are happier, healthier, manage stress better, and are more adequately prepared to embark on their own individual journeys into the world.

D'Vine Path also offers The Thursday Social Club for socialization opportunities which provides weekly 3 hours socials and outings. D'Vine Path hosts quarterly dances for the special needs community open to the public for all ages. For students that need more social support and help with self-esteem and confidence, D'Vine Path offers The Mentorship Program in which students work one-on-one or in small groups with life leaders. The Mentorship Program facilitates friendships and positive relationships between people with and without disabilities through planned social outings. It offers mentoring and fostering social inclusion to a population that is often isolated and ostracized (this is one of the leading causes of anxiety, isolation, and depression amongst the neurodiverse community). Each mentor for this program is required to complete sensitivity training. We offer instructors of the same age group as the students which creates a natural mentor / peer group.

Under the mentorship program, Disability Mentoring is offered, in which a person with a disability mentors another person, usually with a similar disability. The mentor serves as a role model and provides information and guidance specific to the mentee's experience.

The Mentorship Program also offers Group Mentoring, in which a mentor works with a group of mentees. As stated above under Peer Mentoring, we have instructors in the same age group as our students who offer group mentoring. In our experience, we have seen this group setting foster a social dynamic that leads to more collaborative behavior, growth, lasting friendships, and directly combats anxiety, depression, and behavioral issues.

D'Vine Path now offers the Life I Can Program, designed for students with high functioning autism who have aged out of high school (22+). In this program, students attend year long trimesters which last eight weeks each (but continues in an on-going manner). They spend this time learning about life skills and empowerment through farming, viticulture, agriculture and art. Students "adopt" a row of vines learning how to personally care for their plants giving them a sense of ownership and purpose. During the sessions, students learn social etiquette and skills, assertiveness and accountability, personal safety, problem solving, healthy nutrition from farm to table, physical fitness, and self advocacy. On the side, students enjoy recreational and leisure activities in the community. D'Vine Path offers 3 trained instructors and 3 support staff during the sessions.

List and describe current collaborations with other organizations that enhance your ability to provide services through this program.:

D'Vine Path remains and will always be community-based and highly collaborative, always emphasizing a commitment to work with the local grassroots existent in the local network.

D'Vine Path continues to maintain close connections to the Fallbrook High School SEAS program (Social, Emotional, Academic Students) due to their history as a successful partnership. This means that in the future, D'Vine Path will be able to market and make available its programs intended for young adults graduating high school -- forming a nice stepping stone for young adults with mental disabilities who are just leaving high school and aren't sure of where to go, or still need further education, or, a safe place to recover from the hardships of life with ID.

D'Vine Path works directly with various non-profits, for-profits, and several churches, all within the community. The organization partners with various local nutritional coaches to teach students the value of physical fitness and health. D'Vine Path additionally collaborates with Care Rite Vocational Services and Stepping Stones Resources on hosting social dances for people with disabilities. Furthermore, the North Coast Church provides a venue for the dances that are coordinated.

Other venue host collaborators have been: The Place, Fallbrook Active Nutrition, the Fallbrook Wellness Center, Bella Patina Antiques, Fallbrook Women's Club, Small Town Fallbrook and Coffee Corks & Cuisine.

In another vein, students network and link with the locality of Fallbrook through individuals with skill sets pertaining to their needs. For instance, D'Vine Path hosted guest speaker Michelle Verdugo, a Fallbrook-based licensed nutritionist from Organic Suites who gave advice on nutrition, meal planning and how to live a healthy lifestyle. We've also had fitness trainer Scott Schoenheit come and detail the health benefits (mental/physical) of fitness.

Program Information

Is this application being submitted in collaboration with another agency?: No

Project Title: Life I Can Program

Requested Cash Amount: \$21,840.00

This is an ongoing program that began on: 02/05/2019

Name of the person submitting the grant: Dominic Chequer
925.899.9749
dcchequer@gmail.com

Name of Program Coordinator: Lenila Batali
949-233-6515
lenila@dvinepath.org

Is the Program Coordinator responsible for submitting quarterly reports?: Yes

Ages Served: Young adults (13-18): 5%
Adults (18-60): 95%

Gender: Female: 50%
Male: 50%

Select the income limit category of your target population: We do not collect this data

Projected number of residents (participant/client) that will directly benefit from this program: 300

Projected number of residents that will indirectly benefit from this program: 400

How will the program be staffed?: Paid: 60%
Volunteer: 40%

Statement of Problem/Needs Assessment

Discuss the need for the proposed program or service within the District.: The 'Life I Can' program, designed by D'Vine Path, targets two of the most central concerns in mental health for those coping with Asperger's and High Functioning Autism Spectrum Disorders (HFASD) -- namely, anxiety and depression.

High functioning people with mental disabilities (particularly Autism Spectrum Disorder, Asperger's Syndrome, and other Intellectual Disabilities) are an at risk population which is underserved considering the scope and ramifications of the problem. This problem is especially significant for young adults, who after graduating from their respective school systems, are found unsupported, without employment, and unenrolled in higher education -- a societal blindspot -- an issue which is not addressed in Fallbrook nor the surrounding areas.

The risk for these individuals who find themselves underserved, without support and lacking the proper life-skills germane to their condition, is a proclivity towards severe psychiatric issues such as anxiety disorders, depression, self-harm and suicide. Psychological & Psychiatric research from the 1990s to the present day has found that Anxiety & Depression are two of the most frequent psychiatric disorders found in adults with mental disabilities and that adults with mental disabilities experience depression at greater rates than their peers with average intelligence.

For reference: the National Institute of Mental Health finds that 6.7% of adults in the US suffer from depression -- the Autism Speaks Foundation finds that 26% of adults with ASD suffer from depression.

For reference: the Anxiety and Depression Association of America finds that 18% of adults in the US suffer from Anxiety Disorders -- the Interactive Autism Network finds that 40% of adults with ASD suffer from Anxiety Disorders.

For reference: The National Institute of Mental Health finds that young adults are the most at risk population in the USA for developing depression.

Every year, 50,000 young adults with ASD age out of school based autism services. Most will not receive health care, more than half will be unemployed and unenrolled in further education, of those employed, 80% will be below the poverty line, of these young adults will have been bullied between the ages of 6-15, and society now leaves them with nowhere to turn to.

There is a need in Fallbrook and the surrounding areas to provide a systematic solution to the systemic issues found in the underserved mentally challenged population. It is in this light that D'Vine Path offers the 'Life I Can' Program which develops community, purpose, and the life skills needed so that these at-risk individuals can succeed in their own lives.

Reference your supporting data below.: Anxiety & Depression Association of America: Depression - <https://adaa.org/understanding-anxiety/depression>

Anxiety & Depression Association of America: Anxiety - <https://adaa.org/about-adaa/press-room/facts-statistics>

National Institute of Mental Health - <https://www.nimh.nih.gov/health/statistics/major-depression.shtml>

Autism Speaks - <https://www.autismspeaks.org/autism-statistics>

Interactive Autism Network - <https://iancommunity.org/anxietys-toll-people-autism>

What other organizations within the community offer similar programs/ services that address this need?:

While other organizations serve people with more severe disabilities (Reins, Care Rite Vocational Services and Stepping Stones), D'Vine Path is the only program that is a life skills training program for high functioning individuals with mental disabilities (Asperger's Syndrome, Autism, Intellectual Disabilities, or other mild learning disabilities) that are aging out of the high school system (22 years old and over). On the Batali Ranch farm atmosphere they are able to leave behind their strife-stricken past and given the space and encouragement in which they can learn social skills, proper behavior and etiquette, healthy nutrition from farm to table, physical fitness and self advocacy.

No other local organizations provide appropriate services for our target population's cognitive level.

Program/Services Description

The Fallbrook Regional Health District has identified several health disparities that effect the long term health and well being of our community. The following questions address how your program addresses these concerns. :

Which one of the following categories best describes the primary goal and objectives of your program?:

Prevention/Education: Supplies/training of health practices or to prevent/control of disease/injury.

Which of the following health disparities does the program address:

- Behavioral & Mental Health (e.g., Anxiety, Depression, Substance Use,)
- General Fitness
- Nutrition & Access to Food (e.g., Meal programs, Food Bank, Healthy Eating, Obesity, Type 2 Diabetes)
- Youth Services (non-school based)
- Youth Services (school based)

Describe how the program provides the service.:

Recipients who are interested in the Life I Can Program will contact the Executive Director for

site and program tour, interview and application. Once approved for the program, recipient

must fill out entrance paperwork and factsheets.

The program is offered on Wednesdays and Fridays in communication, social/ life skills and

courses in health, fitness, nutrition, hospitality, agriculture and arts.

Socials are on Thursdays to develop and maintain meaningful relationships.

Public dance events are hosted every quarter to all ages of people with disabilities and their

families to promote community socialization.

Daily Class Schedule:

All students are required to meet at 8 am and be picked up no later than 12:15 at Batali Ranch

unless otherwise specified. Transportation will only be provided to all off-site locations/ field

trips at this time.

Wednesdays 8 am - noon Facilitator: Jennifer Boldt and 2 Support Staff

Fridays 8 am - noon Facilitator: Chris and Phyllis Miller and Support Staff

8 am - 8:30 Student check-in and all student electronic devices are to be placed in the box.

(Behavioral and mental health- training in personal engagement)

8:30 - 9:15 Walk their vines and check their vegetable garden (general fitness, behavioral &

mental health)

9:15 - 9:30 Break

9:30 - 10:30 Guest Speaker or Field Trip

10:45 11:30 Life Skills -health, nutrition, and fitness workshops by licensed professionals

(nutrition, general fitness, behavioral & mental health)

11:30- 12:00 Socialization, self advocacy, leisure skills with Support Staff (behavioral & mental health)

Thursday Social Club 8 am - noon Facilitator: Julie Trafford and Support Staff

Quarterly Dances 6 pm- 9 pm with three mentors to facilitate socialization

Recipients may stay in the program until they feel confident and no longer need the workshops (the maximum is up to two years). D'Vine Path does an initial video interview and a final exit interview to determine success of the program. Furthermore, D'Vine Path is beginning to implement a novel survey/questionnaire in order to garner quantitative and qualitative indicators of success.

DVP will do follow up coaching one month after their exit from the program or as needed.

What is/are the program goal(s) and what are the objectives for each goal.:

Define goal #1 for this program : Decrease the degree of social isolation and depression in young adults with Autism, Aspergers, Intellectual Disabilities and other similar mental disabilities in the Fallbrook, Bonsall and surrounding areas.

Number of Objectives for this program: 3

Objective 1: By the end of the 2020, D'Vine Path will provide 75 adults with disabilities in the Fallbrook, Bonsall and surrounding areas a 3 hour public dance event 3 times a year that will promote and enhance social interaction. Dances are ongoing every year.

Objective 2: By the end of 2020, D'Vine Path will provide 10 adults with disabilities in the Fallbrook, Bonsall and surrounding areas one hour of mentorship sessions which will help develop and maintain deeper and more meaningful personal relationships. Mentorship is ongoing.

Objective 3: By November 2020, 80% of the recipients of D'Vine Path will relinquish their greatest social barrier, their cell phone devices, creating easier opportunities to interact socially and be more personally engaged.

Measuring Success for Goal #1: Objective 1: Guest participation will be measured at every dance. 75% of guests will attend 2 out of 3 of the dances per year.

Objective 2: After one year of one-on-one mentorship, 80% of the Mentor-Mentee partnerships will reunite on a monthly basis.

Objective 3: By the end of the year, record number of the recipients who voluntarily put their devices away during program day and demonstrate 2 social interactions a day.

Define goal #2 for this program if applicable.:

Teach adults with Autism, Aspergers, Intellectual Disabilities and other similar mental disabilities in the Fallbrook, Bonsall and surrounding areas how to live a healthy lifestyle.

Number of Objectives for Goal #2 of this program: 2

Objective 1 for Goal #2: By the end of the year, D'Vine Path will provide adults with disabilities in the Fallbrook, Bonsall and surrounding areas with a one hour nutrition workshop once a month by a licensed nutritionist to learn new healthy recipes.

Objective 2 for Goal #2: By the end of the year, provide adults with disabilities in the Fallbrook, Bonsall and surrounding areas with a one hour fitness workshop once a month with a certified trainer to learn new exercises to maintain physical health and wellness.

Measuring Success for Goal #2: Objective 1: By November 2020, Recipients will keep a food diary and 60% of the recipients will be eating healthier foods from the Nutritionist's recommended healthy foods list.

Objective 2: By September 2020, 75% of the recipients will be able to do 50% the exercises and expand on the number of repetitions as indicated by their fitness diary. Recipients will be able to identify 3 exercises and time and intensity that strengthen cardiovascular health.

Anticipated Acknowledgment

Acknowledgment: Fallbrook Regional Health District will be acknowledged in the 'Village Newspaper', the D'Vine Path newsletter, social media, and on all dance and social flyers.

Additionally, there will be a vine in the vineyard dedicated to the Fallbrook Regional Health District for guests to see. The vines will be turned into wines and put into wine bottles and sent to the Fallbrook Regional Health District (3 bottles). Every harvest, D'Vine Path produces 35 cases of wine, making roughly 420 bottles of wine. Each bottle of wine will have a Fallbrook Regional Health District labelled on it signifying the sponsorship received.

Financial Reporting & Budget

Has your organization requested funding from FRHD for this program before?: Yes, requested and funded

Have grant funds awarded to your organization ever been withdrawn, reduced or discontinued?: No

Please list other grant funders that have been approached by your organization in the past 3 years, including FRHD. Include Name, Date, Amount Requested, Declined or Pending.:

Legacy Foundatio, 2019 \$4,500
Masco Corporation, 2018 \$5,000
Masco Corporation 2020 \$2,500.00
Watkins Wellness, 2018 \$1,500
Christ the King Church, 2020 \$1,000
The Place Church, 2019-2020 \$300.00
Fallbrook Womens Club 2020 #550.00
Autism Speaks 2019 \$5,000
Fallbrook Angel Society 2019 \$2,000.00
Network for Good, 2019 \$950.00
California Apprenticeship Innovative Grant 2019, \$500,000 declined

Please list the fund raising events conducted by yourself or other organization(s) where proceeds have been designated to your organization as beneficiary of funds raised. Include Name, Date, Amount:

Hibiscus Bliss 2020 CANCELED due to Coronavirus
Vineyard Soiree, 2019 \$23,000
Fallbrook Chamber of Commerce Golf Tournament 2019 \$2,000.00

Describe your plan for maintenance/ continuation of the proposed program beyond the 2020-2021 fiscal year.:

DVP offers this program to recipients up to two years on an ongoing basis. If the recipient feels they need more support, they will be offered a concurrent program where they receive more support as needed. Since the objective of this program is to help adults with disabilities develop meaningful social relationships and therefore alleviating feelings of isolation and depression, class size is limited to 10 recipients. DVP offers concurrent classes to extend services to more recipients. This coursework and the concurrent supports provided will accrue their respective tuitions.

Over the coming decade, D'Vine Path intends to make its methodology for (re) education to this specific demographic (high functioning mental disabilities young adults) a successful and replicable system. With the proper evidence and success, D'Vine Path would like to grow to other locations in the San Diego region and California. The 'Life I Can' format will be integral to this.

Describe what other funding sources will be used to support this program; include fees for services contracts or other revenue sources?:

The Thursday Club Socials (50\$ per month) are on an ongoing schedule as are the quarterly public dance events.

Recipients who are supported by the San Diego Regional Center will fund their students' tuition making the program sustainable.

Further grants and donations will be required for the time being until the 'Life I Can' program is able to completely support and sustain itself.

Program Budget File: Life I Can Budget.xlsx

Attestation: • I certify that all information presented in or attached to this Application is complete and accurate

Payment

Scan

No matches were found

Approval

Requested Amount: \$21,840.00

***Recommended Amount:**

Prior Approved Grants:

Request Status: External

Contact

Salutation: Mrs.

***First Name:** Lenila

Middle Name:

***Last Name:** Batali

Title: Executive Director

Address: 353 MORRO HILLS RD

Address 2:

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Last Saved By: 1000000010625137

Last Saved Date: 23-MAR-20 10.18.37.936680 PM

Notes:

***Internal Use Only?:** N

Suffix: