

Lita Tabish

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Tax Exempt Status **YES**

Service Area **Bonsall De Luz Fallbrook Rainbow**

Will no less than 80% of the program recipients live within the communities of Fallbrook, Rainbow, Bonsall or De Luz? **YES**

Collaborative/Joint Application **NO**

Organization Information

Legal Name
Fallbrook Trails Council

DBA (if Applicable)
Fallbrook Trails Council

Contact Information

Contact Name
Lita Tabish

Title
President

Primary Contact Phone
7605867660

Email Address
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Organization Physical Address **4251 River Edge Rd
Fallbrook, CA, 92028**

Board of Directors



FTC Board of Directors.pdf
54.87 KB

Financial Documents - Audit



2022 Tax Return 990.pdf
122.97 KB

Financial Documents - P&L and Balance Sheet



FTC.3RD QTR 2023.pdf

127.55 KB

Financial Documents - 990



18_2022 Tax Return 990_8263.pdf

122.97 KB

Organization's Mission Statement

Fallbrook Trails Council's Mission is:

To assist in the preservation and maintenance of existing public trails and paths that provide access to open space and other paths, trails, and parks within the Fallbrook area.

To assist with design and development of new trails and paths that provides non-motorized public pedestrian, equestrian and bicycle access.

To assist in the development and formation of maintenance systems for public use trails within the Fallbrook area.

Organization's Vision Statement

Fallbrook Trails Council will promote and protect existing trails, expand new trails and maintain trails for public non-motorized use.

Organization History & Accomplishments

We provide hikers, horseback riders and bicyclists with a top-notch trail and pathway system – 1,384 acres of riparian area along the Santa Margarita river. We also promote awareness, education and conservation of local plants and wildlife – many of which are endangered.

We work together with Cal Fire & The Wildland's Conservancy to clean and repair our trails. The Wildland's Rangers and Fallbrook Trails Council members help maintain the trails, keep the area safe and provide educational programs for the visitors.

The Fallbrook Trails Council along with The Wildlands Conservancy have reduced littering and vandalism. We have turned this trail system into a safe and beautiful experience for all.

Program Name/Title

Santa Margarita River Trail System

Brief Program Description

We would like to provide safe access for the thousands of Fallbrook area visitors who use the Santa Margarita River trail system. Due to the recent storms, flooding, trees down and erosion our trails need cleanup and stabilization.

Is this a new initiative/service or established program within your organization?

New Initiative/Service

Funding Amount Being Requested

25000

Program Information - Type

Time Bound

Time Bound Program Dates

**2024-04-01
2024-10-01**

Projected number of residents that will directly benefit (participant/client) from this program.

25000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	20	
Young Adults (13-17)	20	
Adults (18-60)	30	
Seniors (60+)	30	
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

We have installed trail counters and record about 80,000 people visiting the trails per year. The percentages of age groups are from data collected by the Rangers and Mounted Patrols as they survey trail visitors.

Target Population - Gender

	Percent of program participants
Female	45
Male	40
Non-binary	5
Unknown*	

*Target Population - Gender

N/A

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	
Very Low (50%) Income Limits, ceiling of \$53,500	
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	100

*Target Population - Income Level

We do not ask the trail users for their financial data.

What language(s) can this program accommodate:

English

Spanish

What demographic group does this program predominately serve:

Community - Health & Fitness

Program/Services Description - Social Determinants of Health

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Social Determinants of Health - Social and Community Context

One of the most important elements for Health and Mental Wellness is "Vitamin N"! "Vitamin N" is Nature! Getting people out into nature improves overall health from exercise and fresh air. It also has a positive affect on mood and mental wellbeing. Nature is restorative to the body. Trail activities such as hiking, biking and/or horseback riding provide social outlets and a chance for people to enjoy the beauty of nature together.

Our 18 miles of trails along the 1,384 acres of the Santa Margarita river valley are open to the public for free, seven days per week 8 AM to 4:30 PM. We try to provide safe and enjoyable trail access to all.

Statement of Need/Problem

Fallbrook Trails Council holds the recorded public use easement for 18 miles of trails along the Santa Margarita river. We are **responsible** for the maintenance and upkeep of the trails. According to our trail counters we get 80,000-85,000 visitors per year. Most are Fallbrook, Bonsall, DeLuz and Rainbow residents. We have expanded and improved the trails over the years and they are very well known. We understand that people use the trails for health, exercise, wellness, peace & **rejuvenation**.

The majority of our trail users are hikers of all ages. The next largest groups are equestrians and bike riders, most of these are adults and seniors. We would like to continue to provide safe and walkable trails for our visitors.

After the recent winter storms we have flood damage, rutted walkways, trees down and closure of many river crossings. We will need trail repair crews, weed abatement, fencing, tree service and erosion control to make all our trails walkable again. These repairs are **consistent** with our Mission Statement of providing the maintenance of our public trails that provide access to open spaces.

How are other organizations addressing this need in the

There are several local trail areas in Fallbrook. None of these trail systems are along the river. None of these trail systems are as natural and beautiful.

community?

Program/Services Description - Program Entry & Follow Up

Our trails are open for FREE to the public seven days per week from 8:00 to 4:30. There are no signups or entry fees. We are listed online, social media and with signs throughout Fallbrook street.

Program/Services Description - Program Activities

Open spaces, outdoors and nature are beneficial to good health! Once our trails are repaired our community members can enjoy the 18 miles of hiking, biking or horseback riding. The Santa Margarita River trails are a precious resource for our community.

Program Goal

Our goal is to repair the use and walkability of the 18 miles of trails by October 2024. This will include weed abatement, fencing, tree service, erosion control and excavation of several areas along the trails.

Program Objectives & Measurable Outcomes

Fallbrook Trails Council will hire trail repair crews to complete tree service, excavation, weed abatement, fencing and erosion control. Every repair will be evaluated as the trail use and walkability is restored.

Organization Collaborations

Fallbrook Trails Council will collaborate with the Wildland's Conservancy as we move forward with the trail repairs.

Anticipated Acknowledgment

Social Media Postings

Website Display

Anticipated Acknowledgment

Fallbrook Trails Council has a website where we will place the Health District logo next to photos of the repairs! We also have a Facebook account where we will tell the story of our trail repairs.

Funding History

NO

Program Budget



24_25 FRHD CHC Program Budget Form (1).xlsx
62.12 KB

Terms and Conditions

Accepted

Authorized Signature

