AGENDA
BOARD OF DIRECTORS MEETING
Wednesday, April 9, 2025, 6:00 pm
1636 E. Mission Road, Fallbrook, CA 92028
Building A-2

***Please contact the Board clerk for language translation services 48 hours in advance of the meeting.**
In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Members of the public will be able to participate by webinar by using the following link:
https://us02web.zoom.us/j/84996606237?pwd=8g8qoAFVIYbfSYHgRnvjkgEy70AvsP.1
Meeting ID: 849 9660 6237. Passcode: 261246 Participants will need to download the Zoom app onto their mobile device.
Members of the public will also be able to participate by telephone using the following number:
+1-669-900-6833 Meeting ID: 849 9660 6237. Passcode: 261246

BOARD MEMBERS:
Board Chair Jennifer Jeffries, Vice-Chair Sally DeVito, Treasurer Howard Salmon, Secretary Bill Leach, Member Anabel Canseco

A. CALL MEETING TO ORDER | ROLL CALL | ESTABLISH A QUORUM | PLEDGE OF ALLEGIANCE

B. APPROVAL OF THE AGENDA -

C. PUBLIC COMMENTS FOR ITEMS NOT ON THE AGENDA | ANNOUNCEMENTS -
Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public may also speak on any item not listed on the Agenda which falls within the subject matter jurisdiction of the District immediately prior to Board Comments & Items for Subsequent Meetings section below. Members of the public attending in-person need to fill-out a "Request to Speak" card and those attending by webinar need to raise their hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

D. CONSENT ITEMS -

D1. Minutes of March 5, 2025, Finance Committee Meeting
D2. Minutes of March 12, 2025, Facilities Committee Meeting
D3. Minutes of March 12, 2025, Board of Directors Meeting
D4. Chief Programs Officer Report- Theresa Geracitano
D5. Chief Executive Officer Report – Rachel Mason

E. DISCUSSION ITEMS-

E1. Consider and Approve the Community Health Contracts Grant Fiscal Year 2025/2026

F. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS -

Announcements for upcoming events:

See the District website event calendar at https://www.fallbrookhealth.org/community-health-wellness-center

Finance Committee meets on the 1st Wednesday of the month at 10:00 am
Facilities Committee meets on the 2nd Wednesday of the month at 5:00 pm
Strategic Planning Committee meets at least quarterly on the 3rd Wednesday of the month at 5:30 pm. See website for the next meeting date.
Government & Public Engagement Committee meets at least quarterly on the 3rd Wednesday of the month at 6:00 pm. See website for the next meeting date.
Next Board of Directors meeting Wednesday, May 14, 2025

G. ADJOURMENT-

NOTE: I certify that on Friday, April 4, 2025, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. *If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187. **Please contact the Board clerk for language translation services 48 hours before the meeting. "The purpose of the Board meeting is to conduct District business. All demonstrations which disrupt, interrupt, or obstruct the Board's ability to conduct District business are prohibited. Members of the public that behave in a manner that disrupts, interrupts, or obstructs the Board's ability to conduct District business may be asked to leave the meeting. No signs, posters or other large objects shall be brought into the Board Conference Room or other meeting place if doing so would disrupt, interrupt, or obstruct the orderly course of the meeting."

Raquel A Williams
Executive Assistant / Board Clerk

MINUTES
FINANCE COMMITTEE MEETING
Wednesday, March 5, 2025, at 10:00 am
138 S. Brandon Road, Fallbrook, CA 92028
1st floor Conference room
***All meetings are hybrid unless otherwise noted**

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Members of the public were able to participate by webinar by using the following link:

Finance Committee Members- Treasurer/Chair Howard Salmon & Director Sally DeVito

Call to Order/Roll Call
In Attendance- Chair/Treasurer Howard Salmon, Vice-Chair Sally DeVito, Chief Executive Officer Rachel Mason, Chief Programs Officer Theresa Geracitano, Executive Assistant Raquel Williams, CPA Susan Woodward

Public Comments - Announcement

NONE

1. **Review of Financial Statements for January 2025**

Report 1 – Balance Sheet of **January 2025**
Report 2 – Income Statement for the Month Ended **January 2025 & FY to Date**
Report 3 – Profit & Loss Actual vs YTD Budget – **January 2025**
Report 4 – Local Agency Investment Fund (LAIF) Statement **January 2025**
Report 5 – CalTrust Statement – **January 2025**
Report 6 – California CLASS Statement- **January 2025**
FRHD Compliance Report
Report 7 - Check Detail Report as of **January 2025**
Report 8 – VISA Credit Card Statements– **January 2025**
Report 9 – Community Development Disbursement as of **January 2025**

Treasurer Salmon shared the Treasurers report. Nothing outstanding for him and all looks good.

2. **Discussion Items-**

FY 25.26 Budget Preparation- CEO Mason opened the discussion with a brief synopsis of her process of the budget. Starting with a blank spreadsheet looking back at the actuals for the past year, what we are spending monthly, trying to stay consistent in our

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expenses and not build in anomalies that happen occasionally. CEO Mason says her general approach to budgeting is conservative on the revenue side.
Discussion ensued.

3. **Board Member Comments and Future Agenda Item-** None

Adjournment-

There being no further business, the meeting was adjourned at 10:34 am.

Raquel A Williams
Executive Assistant/Board Clerk

MINUTES

FACILITIES COMMITTEE MEETING

Wednesday, March 12, 2025, at 5:00 pm

Administrative Office, 1st Floor Community Room
138 S. Brandon Rd., Fallbrook CA 92028

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar.

1. **CALL MEETING TO ORDER/ROLL CALL-**
   In attendance: Director Howard Salmon, Chief Executive Officer Rachel Mason, Chief Programs Officer Theresa Geracitano, Executive Assistant/Board Clerk Raquel Williams
   Property manager: Roy Moosa
   Director Bill Leach was absent

2. **PUBLIC COMMENTS – ANNOUNCEMENT-** None

3. **DISCUSSION ITEMS-**
   Ongoing/Completed Projects at the Community Health & Wellness Center

   a.) SiteLogiQ Update –Last week SDG&E energized the solar array into our account network. ChargePoint chargers have been installed, and they are running smoothly.

   b.) Building A: Room 2 - Encinitas Design Group Update- CEO Mason updated the committee on the hold pattern on the construction until the SiteLogiQ project is completed.

   c.) Building B: Education Rooms 3-6 Conversion and Exterior Restrooms- Arch 5 design Update

   d.) ADA Sidewalk & Ramps- Unfortunately due to past legal recommendations the bid process has become too onerous for local contractors to place any bids. Due to that we are having difficulty attracting general contractors. The new legal counsel has informed us that there are public works programs that we can apply for. We are exploring other options for this process.

   e.) Defunct HVAC removal Bldg. A & B. Addition of new unit for Bldg. B-

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Since we will be getting a new unit installed the use of a crane will be needed to remove the old HVAC unit.

4. BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS- None

5. ADJOURNMENT –

There being no further business, the meeting was adjourned at 5:27 pm

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Raquel A Williams

Executive Assistant/Board Clerk

MINUTES
BOARD OF DIRECTORS MEETING
Wednesday, March 12, 2025, 6:00 pm
138 S. Brandon Rd., Fallbrook, CA 92028
Administrative Office, 1st Floor Community Room
***All meetings are hybrid unless otherwise noted.**

***Please contact the Board clerk for language translation services 48 hours in advance of the meeting.**
In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Members of the public were able to participate by webinar.

BOARD MEMBERS:
Board Chair Jennifer Jeffries, Vice-Chair Sally DeVito, Treasurer Howard Salmon, Secretary Bill Leach, Member Anabel Canseco

A. CALL MEETING TO ORDER | ROLL CALL | ESTABLISH A QUORUM | PLEDGE OF ALLEGIANCE- Chair Jennifer Jeffries called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance.
In attendance: Chair Jeffries, Directors Howard Salmon, Sally DeVito, Anabel Canseco, Bill Leach and Accountant Susan Woodward. Staff members: CEO Rachel Mason, Chief Administrative Officer Judith Oswald, Chief Programs Officer Theresa Geracitano, Executive Assistant/Board Clerk Raquel Williams, Community Resource Navigator Katia Elizondo Marquez.
Members of the public.

B. APPROVAL OF THE AGENDA –

Action: It was moved by Director Salmon, seconded by Director Leach to approve the agenda as presented.
Motion carried (5-0)
Director Canseco. Aye
Director DeVito…Aye
Director Jeffries…Aye
Director Salmon…Aye
Director Leach…..Aye

C. PUBLIC COMMENTS FOR ITEMS NOT ON THE AGENDA | ANNOUNCEMENTS –
None

D. PRESENTATION -
Katia Elizondo Márquez- Community Resource Navigator – 2024 Report Attached to the minutes
Presentation on Local Government Agencies by Legal Counsel Aleks Giragosian- Power Point attached to the minutes.

E. CONSENT ITEMS -

E1. Minutes of February 5, 2025, Finance Committee Meeting

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E2. Minutes of February 12, 2025, Facilities Committee Meeting

E3. Minutes of February 12, 2025, Board of Directors Meeting

E4. Minutes of February 19, 2025, Strategic Planning Committee Meeting

E5. Chief Programs Officer Report- Theresa Geracitano

E6. Chief Executive Officer Report – Rachel Mason

Action: It was moved by Director Salmon, seconded by Director DeVito to approve the consent items as presented.
Motion carried (5-0)
Director Canseco. Aye
Director DeVito…Aye
Director Jeffries…Aye
Director Salmon…Aye
Director Leach…..Aye

F. DISCUSSION ITEMS-

F1. Review of January Financials – Treasurer Howard Salmon shared a few financial reports requested by Chair Jennifer Jeffries. The treasurer's report is included in the minutes.

F2. CSDA Board of Directors Call for nominations Seat B- CEO Mason informed the Board that when these notices come in, we will place it in the packet. Recommendations are made when there is a change to the seat. For now, the incumbent is doing a great job.

F3. Letter of Support for Assembly Bill 259- Remote Brown Act Meeting Bill- CEO Mason shared that the District pays close attention to both CSDA (California Special District Association) and ACHD (Association of California Healthcare Districts)Lobbying activities when the two associations come together and ask for support on AB 2449. This Bill is allowing for the continuance of remote attendance for board meetings.

Legal Counsel Aleks Giragosian shared options on how the Board can give authorization to the Chair or CEO to move forward on this type of nominations and Letters of Support in a more expedited manner due to the time constraints that these type of requests of have.

G. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS – CEO Mason gave direction to the Board of Directors on the grant application binders. They have a month to review and score the applications.

H. ADJOURMENT-

There being no further business, the meeting was adjourned at 7:25 pm.

Raquel A Williams
Executive Assistant / Board Clerk

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Fallbrook Regional Health District

Financial Statements and Analysis

Period Ending February 28 , 2025

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12. Report #4 LAIF Statement

13. Report #5 CalTRUST Statement

14. Report #6 CLASS Statement

16. Report #7 Check Detail

23. Report #8 First Bank Statements/Credit Card Statements

27. Report #9 Community Development Disbursements

Treasurers Report – February 2025

Report 1 Summary

Balance Sheet Summary:
The balance sheet for Fallbrook Regional Health District as of February 28, 2025, outlines the organization's financial position with total assets of $12,715,890.70, including current assets, fixed assets, and other investments. Liabilities totaled $101,555.70, primarily composed of accounts payable and payroll-related liabilities. Equity was reported at $12,614,335.00, made up of community development disbursements, unrestricted funds, and net income. Compared to the previous period, both assets and liabilities decreased slightly, while equity also showed a small decline. The report presents an overview of the district's financial standing at the end of February.

Reports 2 Summary

Profit & Loss Summary:
The Profit and Loss statement for Fallbrook Regional Health District for February 2025 and the fiscal year-to-date (July 2024 – February 2025) presents total income of $71,760.79 for the month and $1,638,711.82 year-to-date. Expenses amounted to $434,271.98 in February and $1,671,020.74 year-to-date, covering categories such as community health contracts, payroll, office expenses, and utilities. Other income sources included interest, grants, and unrealized gains, totaling $333,475.02 year-to-date. After accounting for other expenses and depreciation, net income was reported as -$313,703.44 for February and $920,669.30 for the year-to-date period.

Report 3 Summary

Budget vs. Actuals: Admin Report Administrative Class
The Budget vs. Actual report for administrative activities at Fallbrook Regional Health District for July 2024 through February 2025 shows total income of $1,636,291.82, exceeding the budgeted $1,497,736.66. Total expenses were $1,271,943.82, slightly above the budgeted $1,252,203.71. Major expenses included community health contracts, payroll, office expenses, and direct care services. Other income sources totaled $333,475.02, significantly higher than budgeted. After accounting for all expenses and other income, the net income was $1,349,354.22, compared to a budgeted net income of $342,173.30.

Budget vs. Actuals: Wellness Center Report Wellness Center Class
The Budget vs. Actual report for the Wellness Center at Fallbrook Regional Health District for July 2024 through February 2025 shows total income of $2,420.00, below the budgeted $3,250.00. Total expenses were $399,076.92, under the budgeted $540,634.72. Major expenses included direct care services, payroll, office expenses, and utilities, with several categories coming in below budgeted amounts. Net operating income was -$396,656.92 compared to the budgeted -$537,384.72. After accounting for depreciation expenses of $32,028.00, the final net income stood at -$428,684.92, better than the projected budget.

Report 9 Summary:
The Community Development Disbursements report for Fallbrook Regional Health District from July 2024 to February 2025 details total expenditures of $747,907.06. Administrative disbursements totaled $20,835.00, primarily for improvements on S. Brandon Road. Wellness Center disbursements amounted to $727,072.06, with expenses allocated to E. Mission Road improvements, including design, engineering, architectural services, and large construction payments. Major disbursements occurred in September, December, and February, reflecting ongoing development and enhancement projects for district facilities.

COMPLIANCE REPORT SUMMARY

This summary covers several financial reports from Fallbrook Regional Health District, spanning **July 2024 to February 2025**. It provides a detailed view of assets, liabilities, income, expenses, and budget performance. The Fallbrook Regional Health District continues to balance its operations effectively, controlling costs and relying on tax revenue and investments. The district's financial health remains stable, with significant support allocated to community health programs and services. Despite some operational losses, the district ends the reporting period with a positive net income, largely driven by strong investment returns. The district operates under conservative financial management, with expenses consistently under budget. Payroll remains the largest expense category, followed by community health contracts and services. Investment income and unrealized gains on investments helped offset operating losses.

LOCAL AGENCY

Through the Pooled Money Investment Account (PMIA), the State Treasurer invests taxpayers' money to manage the State's cash flow and strengthen the financial security of local governmental entities. PMIA policy sets as primary investment objectives safety, liquidity, and yield.

The District's month-end balance was $817,994.51. This represents 10.16% of the District's portfolio. The Average Monthly Effective Yield was 4.333%. The District reported $0.00 in quarterly earnings.

CalTRUST

The CalTRUST Board works closely with the investment manager, State Street Global Advisors, to ensure that public dollars are managed securely and efficiently and are in full compliance with California Law. The primary objective is to safeguard the preservation of principal.

The district is invested in two CalTRUST Funds: Medium Term Fund and Liquidity Fund. The District's closing Net Asset Value was $6,145,076.35. This represents 76.34% of the District's investment portfolio.

The District earned $19,827.64 in dividend income and reported $30,796.04 in unrealized gains. The One Year Yield on the Medium-Term Fund was 4.23% and the One Year Yield on the Liquidity Fund was 5.24%.

California CLASS

The California Cooperative Liquid Assets Securities System (California CLASS) is a pooled investment option that invests in high-quality, short-to-medium-term securities that prioritizes principal preservation. The California CLASS management has appointed Public Trust Advisors, LLC to serve as the Investment Advisor and Administrator. The District's month-end balance was $1,087,094.85. This represents 13.50% of the District's investment portfolio.

The District reported $3,668.49 in earnings. The 30-day yield was 4.4125%.

The investments of the District are in compliance with the District's 2024-2025 Investment Policy. The balances in the District's investment accounts give the District the ability to meet its expenditure requirements for the next twelve (12) months.

Fallbrook Regional Health District

Report #1 - Balance Sheet Comparison

As of February 28, 2025

	TOTAL		
	AS OF FEB 28, 2025	AS OF JAN 31, 2025 (PP)	% CHANGE
ASSETS			
Current Assets			
Bank Accounts			
Banc of California - Checking	756,059.45	1,224,829.37	(38.27 %)
Five Star Bank Account	192,814.09	192,814.09	0.00 %
Petty Cash	138.47	138.47	0.00 %
Total Bank Accounts	**$949,012.01**	**$1,417,781.93**	**(33.06 %)**
Other Current Assets			
Interest Receivable - LAIF	0.00	0.00	
Loan Receivable - FRHD Foundation	25,420.00	25,420.00	0.00 %
Prepaid Expenses	0.00	0.00	
Prepaid Insurance	12,198.05	15,247.57	(20.00 %)
Reimbursement Receivable - CDD	(957.01)	(957.01)	0.00 %
Tax Apportionment Receivable	71,720.79	87,931.52	(18.44 %)
Total Other Current Assets	**$108,381.83**	**$127,642.08**	**(15.09 %)**
Total Current Assets	**$1,057,393.84**	**$1,545,424.01**	**(31.58 %)**
Fixed Assets			
Accumulated Depreciation - All Buildings	(340,095.40)	(335,502.40)	(1.37 %)
Construction in Progress	442,206.52	442,206.52	0.00 %
E. Mission Road	1,441,539.86	1,441,539.86	0.00 %
E. Mission Road - Improvements	1,144,818.64	720,992.47	58.78 %
E. Mission Road - Land	360,629.00	360,629.00	0.00 %
Total E. Mission Road	**2,946,987.50**	**2,523,161.33**	**16.80 %**
Equipment	85,471.17	85,471.17	0.00 %
Equipment - Depreciation	(71,669.40)	(70,777.98)	(1.26 %)
S. Brandon Road	161,578.00	161,578.00	0.00 %
S. Brandon Road - Improvements	254,190.76	254,190.76	0.00 %
S. Brandon Road - Land	129,662.00	129,662.00	0.00 %
Total S. Brandon Road	**545,430.76**	**545,430.76**	**0.00 %**
Total Fixed Assets	**$3,608,331.15**	**$3,189,989.40**	**13.11 %**
Other Assets			
California Class	1,087,094.85	1,083,426.36	0.34 %
CalTrust - Liquidity Fund	1,068,026.85	1,064,433.50	0.34 %
CalTrust - Medium Term Fund	5,077,049.50	5,030,019.17	0.93 %
LAIF	817,994.51	1,136,994.51	(28.06 %)
Note Receivable - East Alvarado Street	0.00	0.00	
Total Other Assets	**$8,050,165.71**	**$8,314,873.54**	**(3.18 %)**
TOTAL ASSETS	**$12,715,890.70**	**$13,050,286.95**	**(2.56 %)**

Fallbrook Regional Health District

Report #1 - Balance Sheet Comparison

As of February 28, 2025

	TOTAL		
	AS OF FEB 28, 2025	AS OF JAN 31, 2025 (PP)	% CHANGE
LIABILITIES AND EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
Accounts Payable (A/P)	18,449.90	33,955.18	(45.66 %)
Total Accounts Payable	**$18,449.90**	**$33,955.18**	**(45.66 %)**
Credit Cards			
Five Star Bank - CC	0.00	0.00	
Umpqua Bank - Credit Card	0.00	0.00	
Total Credit Cards	**$0.00**	**$0.00**	**0.00%**
Other Current Liabilities			
Payroll - Tax Payable	8,881.64	10,461.65	(15.10 %)
Payroll - Vacation & Sick Payable	47,119.17	47,119.17	0.00 %
Payroll - Wages Payable	21,469.51	24,943.96	(13.93 %)
Refundable Deposits - Rental Security	480.00	480.00	0.00 %
Simple IRA Plan - Payable	5,155.48	5,288.55	(2.52 %)
Total Other Current Liabilities	**$83,105.80**	**$88,293.33**	**(5.88 %)**
Total Current Liabilities	**$101,555.70**	**$122,248.51**	**(16.93 %)**
Total Liabilities	**$101,555.70**	**$122,248.51**	**(16.93 %)**
Equity			
Community Development Disbursement	8,821,943.70	8,821,943.70	0.00 %
Opening balance equity	0.00	0.00	
Retained Earnings	0.00	0.00	
Unrestricted Operations Fund	2,871,722.00	2,871,722.00	0.00 %
Net Income	920,669.30	1,234,372.74	(25.41 %)
Total Equity	**$12,614,335.00**	**$12,928,038.44**	**(2.43 %)**
TOTAL LIABILITIES AND EQUITY	**$12,715,890.70**	**$13,050,286.95**	**(2.56 %)**

Fallbrook Regional Health District

Report #2 - Profit and Loss & Fiscal YTD

February 2025

	TOTAL	
	FEB 2025	JUL 2024 - FEB 2025 (YTD)
Income		
Property Tax Revenue	71,720.79	1,631,431.82
Rental Income	40.00	6,505.00
Wellness Center Income - Event/Space Rental		775.00
Total Income	**$71,760.79**	**$1,638,711.82**
GROSS PROFIT	**$71,760.79**	**$1,638,711.82**
Expenses		
Advertising & Promotions	680.19	8,645.50
Ask My Accountant	0.00	0.00
Auto Expenses	50.40	1,616.91
Community Health Contracts		
Bonsall/Fallbrook Little League		5,000.00
Boys & Girls Club No County - Fitness Grant		5,000.00
Boys & Girls Club of North County	10,122.39	52,077.17
Boys Warriors Soccer Booster, Inc.		5,000.00
D'Vine Path	12,750.00	38,250.00
Fallbrook Band Boosters		5,000.00
Fallbrook Food Pantry	21,250.00	63,750.00
Fallbrook Senior Citizens	12,500.00	37,500.00
Foundation for Senior Care	24,862.50	74,587.50
NC Fire JPA (Ambulance)	200,000.00	200,000.00
Palomar Family Counseling	12,207.00	36,621.00
Reins Therapeutic Horsemanship Program	6,250.00	18,750.00
San Diego Children's Discovery Museum	5,000.00	15,000.00
Vista Community Clinic	10,000.00	30,000.00
Voices for Children	3,750.00	11,250.00
Total Community Health Contracts	**318,691.89**	**597,785.67**
District Direct Care Services		
District Sponsored Events	547.10	752.56
Health Services & Clinics	9,260.16	105,080.16
Total District Direct Care Services	**9,807.26**	**105,832.72**
Dues & Subscriptions	584.00	19,359.55
Education & Conferences	1,833.58	35,912.98
Equipment Lease	1,592.55	13,042.78
General Insurance	2,668.36	21,346.88
IT Services	600.00	4,800.00
Legal & Accounting services		
Accounting	3,500.00	28,000.00
Independent Audit		18,500.00

Fallbrook Regional Health District

Report #2 - Profit and Loss & Fiscal YTD

February 2025

	TOTAL	
	FEB 2025	JUL 2024 - FEB 2025 (YTD)
Legal		(2,002.50)
Total Legal & Accounting services	**3,500.00**	**44,497.50**
Medical Records Expense	5,694.23	32,818.97
Meeting Expenses	276.28	3,209.97
Office Expenses		
General Office Expenses	4,727.39	11,249.02
Maintenance & Repairs	3,101.77	52,170.00
Office Equipment & Fixtures		895.99
Office Supplies	1,550.81	6,192.24
Postage & Shipping	155.58	865.91
Software & Website	3,136.14	21,324.95
Total Office Expenses	**12,671.69**	**92,698.11**
Payroll Expenses		
Board Stipends	1,432.25	13,118.75
Employee Benefits	499.64	67,374.44
Payroll Processing Fees	383.04	2,770.67
Payroll Taxes	4,884.50	41,422.16
Salaries	62,373.39	505,064.42
Simple IRA Match	1,864.57	13,031.84
Vacation & Sick Leave		6,911.56
Workers Compensation	381.16	2,652.78
Total Payroll Expenses	**71,818.55**	**652,346.62**
Property Management Fees		825.00
Utilities		
Cell Phones	430.08	2,960.18
General Utilities	2,504.48	23,043.32
Internet/Telephone	868.44	10,278.08
Total Utilities	**3,803.00**	**36,281.58**
Total Expenses	**$434,271.98**	**$1,671,020.74**
NET OPERATING INCOME	**$ (362,511.19)**	**$ (32,308.92)**
Other Income		
Credit Card Rebate		401.63
Grants - Other Income		28,950.00
Interest/Dividend Income	23,496.13	237,766.83
Other Income		1,080.90
Unrealized Gain/Loss - LAIF		4,987.03
Unrealized Gain/Loss CalTrust - Medium Term	30,796.04	60,288.63
Total Other Income	**$54,292.17**	**$333,475.02**
Other Expenses		
Community Development Disbursements Expense		(663,378.56)

Fallbrook Regional Health District

Report #2 - Profit and Loss & Fiscal YTD

February 2025

	TOTAL	
	FEB 2025	JUL 2024 - FEB 2025 (YTD)
Depreciation Expense		
Depreciation Expense - Brandon Road	1,480.92	11,847.36
Depreciation Expense - Mission Road	4,003.50	32,028.00
Total Depreciation Expense	**5,484.42**	**43,875.36**
Total Other Expenses	**$5,484.42**	**$ (619,503.20)**
NET OTHER INCOME	**$48,807.75**	**$952,978.22**
NET INCOME	**$ (313,703.44)**	**$920,669.30**

Fallbrook Regional Health District
Report #3 - Budget vs. Actuals: FY 24-25 - Administration
July 2024 - February 2025

	Administrative			
	Actual	Budget	over Budget	% of Budget
Income				
Property Tax Revenue	1,631,431.82	1,489,964.66	141,467.16	109.49%
Rental Income	4,760.00	7,772.00	(3,012.00)	61.25%
Wellness Center Income - Event/Space Rental	100.00		100.00	
Total Income	**$ 1,636,291.82**	**$ 1,497,736.66**	**$ 138,555.16**	**109.25%**
Gross Profit	**$ 1,636,291.82**	**$ 1,497,736.66**	**$ 138,555.16**	**109.25%**
Expenses				
Advertising & Promotions	3,533.42	2,150.00	1,383.42	164.35%
Ask My Accountant	0.00		0.00	
Auto Expenses	967.60	838.87	128.73	115.35%
Community Health Contracts			0.00	
Bonsall/Fallbrook Little League	5,000.00	5,000.00	0.00	100.00%
Boys & Girls Club No County - Fitness Grant	5,000.00	5,000.00	0.00	100.00%
Boys & Girls Club of North County	52,077.17	52,077.17	0.00	100.00%
Boys Warriors Soccer Booster, Inc.	5,000.00	5,000.00	0.00	100.00%
D'Vine Path	38,250.00	38,250.00	0.00	100.00%
Fallbrook Band Boosters	5,000.00	5,000.00	0.00	100.00%
Fallbrook Food Pantry	63,750.00	63,750.00	0.00	100.00%
Fallbrook Senior Citizens	37,500.00	37,500.00	0.00	100.00%
Foundation for Senior Care	74,587.50	74,587.50	0.00	100.00%
NC Fire JPA (Ambulance)	200,000.00	200,000.00	0.00	100.00%
Palomar Family Counseling	36,621.00	36,621.00	0.00	100.00%
Reins Therapeutic Horsemanship Program	18,750.00	18,750.00	0.00	100.00%
San Diego Children's Discovery Museum	15,000.00	15,000.00	0.00	100.00%
Vista Community Clinic	30,000.00	30,000.00	0.00	100.00%
Voices for Children	11,250.00	11,250.00	0.00	100.00%
Total Community Health Contracts	**$ 597,785.67**	**$ 597,785.67**	**$ -**	**100.00%**
District Direct Care Services			0.00	
District Sponsored Events	200.00	1,500.00	(1,300.00)	13.33%
Health Services & Clinics	38,831.62		38,831.62	
Total District Direct Care Services	**$ 39,031.62**	**$ 1,500.00**	**$ 37,531.62**	**2602.11%**
Dues & Subscriptions	18,900.02	23,974.27	(5,074.25)	78.83%
Education & Conferences	22,730.86	15,215.02	7,515.84	149.40%
Equipment Lease	6,598.71	6,640.00	(41.29)	99.38%
General Election		0.00	0.00	
General Insurance	10,673.44	12,248.00	(1,574.56)	87.14%
IT Services	2,400.00	2,800.00	(400.00)	85.71%
Legal & Accounting services			0.00	
Accounting	28,000.00	28,000.00	0.00	100.00%
Independent Audit	18,500.00	15,500.00	3,000.00	119.35%
Legal	(2,002.50)	12,000.00	(14,002.50)	-16.69%
Total Legal & Accounting services	**$ 44,497.50**	**$ 55,500.00**	**$ (11,002.50)**	**80.18%**

Medical Records Expense	32,818.97	25,134.51	7,684.46	130.57%
Meeting Expenses	2,789.64	1,282.35	1,507.29	217.54%
Office Expenses			0.00	
General Office Expenses	5,943.52	8,009.84	(2,066.32)	74.20%
Maintenance & Repairs	31,678.62	38,250.00	(6,571.38)	82.82%
Office Equipment & Fixtures	895.99		895.99	
Office Supplies	2,515.35	2,575.00	(59.65)	97.68%
Postage & Shipping	843.50	300.00	543.50	281.17%
Software & Website	15,432.35	8,462.46	6,969.89	182.36%
Total Office Expenses	**$ 57,309.33**	**$ 57,597.30**	**$ (287.97)**	**99.50%**
Payroll Expenses			0.00	
Board Stipends	13,118.75	30,000.00	(16,881.25)	43.73%
Employee Benefits	28,090.57	58,280.00	(30,189.43)	48.20%
Payroll Processing Fees	2,770.67	1,253.00	1,517.67	221.12%
Payroll Taxes	27,842.19	24,564.18	3,278.01	113.34%
Salaries	328,358.71	307,051.93	21,306.78	106.94%
Simple IRA Match	8,505.08	9,211.58	(706.50)	92.33%
Vacation & Sick Leave	5,106.70		5,106.70	
Workers Compensation	1,128.14	1,848.00	(719.86)	61.05%
Total Payroll Expenses	**$ 414,920.81**	**$ 432,208.69**	**$ (17,287.88)**	**96.00%**
Property Management Fees	825.00	1,600.00	(775.00)	51.56%
Utilities			0.00	
Cell Phones	1,680.20	1,600.00	80.20	105.01%
General Utilities	9,030.55	10,009.03	(978.48)	90.22%
Internet/Telephone	5,450.48	4,120.00	1,330.48	132.29%
Total Utilities	**$ 16,161.23**	**$ 15,729.03**	**$ 432.20**	**102.75%**
Total Expenses	**$ 1,271,943.82**	**$ 1,252,203.71**	**$ 19,740.11**	**101.58%**
Net Operating Income	**$ 364,348.00**	**$ 245,532.95**	**$ 118,815.05**	**148.39%**
Other Income				
Credit Card Rebate	401.63		401.63	
Grants - Other Income	28,950.00		28,950.00	
Interest/Dividend Income	237,766.83	96,640.35	141,126.48	246.03%
Other Income	1,080.90		1,080.90	
Unrealized Gain/Loss - LAIF	4,987.03		4,987.03	
Unrealized Gain/Loss CalTrust - Medium Term	60,288.63		60,288.63	
Total Other Income	**$ 333,475.02**	**$ 96,640.35**	**$ 236,834.67**	**345.07%**
Other Expenses				
Community Development Disbursements Expense	(663,378.56)		(663,378.56)	
Depreciation Expense			0.00	
Depreciation Expense - Brandon Road	11,847.36		11,847.36	
Total Depreciation Expense	**$ 11,847.36**	**$ -**	**$ 11,847.36**	
Total Other Expenses	**$ (651,531.20)**	**$ -**	**$ (651,531.20)**	
Net Other Income	**$ 985,006.22**	**$ 96,640.35**	**$ 888,365.87**	**1019.25%**
Net Income	**$ 1,349,354.22**	**$ 342,173.30**	**$ 1,007,180.92**	**394.35%**

Fallbrook Regional Health District
Report #3 - Budget vs. Actuals FY 24-25 - Wellness Center
July 2024 - February 2025

	Wellness Center			
	Actual	Budget	over Budget	% of Budget
Income				
Program Fees		2,500.00	(2,500.00)	0.00%
Rental Income	1,745.00		1,745.00	
Wellness Center Income - Event/Space Rental	675.00	750.00	(75.00)	90.00%
Total Income	**$ 2,420.00**	**$ 3,250.00**	**$ (830.00)**	**74.46%**
Gross Profit	**$ 2,420.00**	**$ 3,250.00**	**$ (830.00)**	**74.46%**
Expenses				
Advertising & Promotions	5,112.08	6,666.64	(1,554.56)	76.68%
Auto Expenses	649.31	520.00	129.31	124.87%
District Direct Care Services			0.00	
District Sponsored Events	552.56	7,500.00	(6,947.44)	7.37%
Health Services & Clinics	66,248.54	123,626.64	(57,378.10)	53.59%
Total District Direct Care Services	**$ 66,801.10**	**$ 131,126.64**	**$ (64,325.54)**	**50.94%**
Dues & Subscriptions	459.53	1,160.00	(700.47)	39.61%
Education & Conferences	13,182.12	29,600.00	(16,417.88)	44.53%
Equipment Lease	6,444.07	6,376.00	68.07	101.07%
General Insurance	10,673.44	12,000.00	(1,326.56)	88.95%
IT Services	2,400.00	2,800.00	(400.00)	85.71%
Legal & Accounting services			0.00	
Legal		9,500.00	(9,500.00)	0.00%
Total Legal & Accounting services	**$ -**	**$ 9,500.00**	**$ (9,500.00)**	**0.00%**
Meeting Expenses	420.33	400.00	20.33	105.08%
Office Expenses			0.00	
General Office Expenses	5,305.50	13,700.00	(8,394.50)	38.73%
Maintenance & Repairs	20,491.38	44,000.00	(23,508.62)	46.57%
Office Equipment & Fixtures		10,000.00	(10,000.00)	0.00%
Office Supplies	3,676.89	4,000.00	(323.11)	91.92%
Postage & Shipping	22.41	150.00	(127.59)	14.94%
Software & Website	5,892.60	7,732.64	(1,840.04)	76.20%
Total Office Expenses	**$ 35,388.78**	**$ 79,582.64**	**$ (44,193.86)**	**44.47%**
Payroll Expenses			0.00	
Employee Benefits	39,283.87	46,624.00	(7,340.13)	84.26%
Payroll Processing Fees		972.00	(972.00)	0.00%
Payroll Taxes	13,579.97	13,874.56	(294.59)	97.88%
Salaries	176,705.71	173,431.78	3,273.93	101.89%
Simple IRA Match	4,526.76	5,266.00	(739.24)	85.96%
Vacation & Sick Leave	1,804.86		1,804.86	
Workers Compensation	1,524.64	1,512.00	12.64	100.84%
Total Payroll Expenses	**$ 237,425.81**	**$ 241,680.34**	**$ (4,254.53)**	**98.24%**
Utilities			0.00	

Cell Phones	1,279.98	1,200.00	79.98	106.67%
General Utilities	14,012.77	13,903.82	108.95	100.78%
Internet/Telephone	4,827.60	4,118.64	708.96	117.21%
Total Utilities	**$ 20,120.35**	**$ 19,222.46**	**$ 897.89**	**104.67%**
Total Expenses	**$ 399,076.92**	**$ 540,634.72**	**$ (141,557.80)**	**73.82%**
Net Operating Income	**$ (396,656.92)**	**$ (537,384.72)**	**$ 140,727.80**	**73.81%**
Other Expenses				
Depreciation Expense			0.00	
Depreciation Expense - Mission Road	32,028.00		32,028.00	
Total Depreciation Expense	**$ 32,028.00**	**$ -**	**$ 32,028.00**	
Total Other Expenses	**$ 32,028.00**	**$ -**	**$ 32,028.00**	
Net Other Income	**$ (32,028.00)**	**$ -**	**$ (32,028.00)**	
Net Income	**$ (428,684.92)**	**$ (537,384.72)**	**$ 108,699.80**	**79.77%**

California State Treasurer
Fiona Ma, CPA

Local Agency Investment Fund
P.O. Box 942809
Sacramento, CA 94209-0001
(916) 653-3001

March 11, 2025

LAIF Home
PMIA Average Monthly Yields

FALLBROOK REGIONAL HEALTH DISTRICT

DISTRICT ADMINISTRATOR
138 SOUTH BRANDON ROAD
FALLBROOK, CA 92028

Tran Type Definitions

[redacted]

February 2025 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Web Confirm Number	Authorized Caller	Amount
2/14/2025	2/13/2025	RW	1768697	1729253	RACHEL A. MASON-RUNNELLS	-319,000.00

Account Summary

Total Deposit:	0.00	Beginning Balance:	1,136,994.51
Total Withdrawal:	-319,000.00	Ending Balance:	817,994.51

CalTRUST
PO Box 2709
Granite Bay, CA 95746
www.caltrust.org
Email: admin@caltrust.org
Fax: 402-963-9094
Phone: 833-CALTRUST (225-8787)

Investment Account Summary

02/01/2025 through 02/28/2025

SUMMARY OF INVESTMENTS

Fund	Account Number	Total Shares Owned	Net Asset Value per Share on Feb 28 ($)	Value on Feb 28 ($)	Average Cost Amount ($)	Cumulative Change in Value ($)
FALLBROOK REGIONAL HEALTH DISTRICT	[redacted]					
CalTRUST Medium Term Fund	[redacted]	514,913.742	9.86	5,077,049.50	5,153,469.98	(76,420.48)
CalTRUST Liquidity Fund	[redacted]	1,068,026.850	1.00	1,068,026.85	1,068,026.85	0.00
	Portfolios Total value as of 02/28/2025			**6,145,076.35**		

DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount ($)	Amount in Shares	Balance in Shares	Price per Share ($)	Balance ($)	Average Cost Amt ($)	Realized Gain/(Loss) ($)
CalTRUST Medium Term Fund			**FALLBROOK REGIONAL HEALTH DISTRICT**				**Account Number:** [redacted]	
Beginning Balance	02/01/2025			513,267.262	9.80	5,030,019.17		
Accrual Income Div Reinvestment	**02/28/2025**	**16,234.29**	**1,646.480**	**514,913.742**	**9.86**	**5,077,049.50**	**0.00**	**0.00**
Change in Value						30,796.04		
Closing Balance as of	**Feb 28**			**514,913.742**	**9.86**	**5,077,049.50**		
CalTRUST Liquidity Fund			**FALLBROOK REGIONAL HEALTH DISTRICT**				**Account Number:** [redacted]	
Beginning Balance	02/01/2025			1,064,433.500	1.00	1,064,433.50		
Accrual Income Div Reinvestment	**02/28/2025**	**3,593.35**	**3,593.350**	**1,068,026.850**	**1.00**	**1,068,026.85**	**0.00**	**0.00**
Change in Value						0.00		
Closing Balance as of	**Feb 28**			**1,068,026.850**	**1.00**	**1,068,026.85**		

California CLASS

Summary Statement

February 28, 2025

[redacted]

Fallbrook Regional Health District
138 South Brandon Road
Fallbrook, CA 92028

California CLASS

California CLASS

Average Monthly Yield: 4.4125%

		Beginning Balance	Contributions	Withdrawals	Income Earned	Income Earned YTD	Average Daily Balance	Month End Balance
[redacted]	FRHD_CLASS_Prime	1,083,426.36	0.00	0.00	3,668.49	7,724.09	1,083,557.38	1,087,094.85
TOTAL		**1,083,426.36**	**0.00**	**0.00**	**3,668.49**	**7,724.09**	**1,083,557.38**	**1,087,094.85**

[redacted]

FRHD_CLASS_Prime

Account Summary

Average Monthly Yield: 4.4125%

	Beginning Balance	Contributions	Withdrawals	Income Earned	Income Earned YTD	Average Daily Balance	Month End Balance
California CLASS	1,083,426.36	0.00	0.00	3,668.49	7,724.09	1,083,557.38	1,087,094.85

Transaction Activity

Transaction Date	Transaction Description	Contributions	Withdrawals	Balance	Transaction Number
02/01/2025	Beginning Balance			1,083,426.36	
02/28/2025	Income Dividend Reinvestment	3,668.49			
02/28/2025	Ending Balance			1,087,094.85	

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
Banc of California - Checking				
02/01/2025	Check	14751	U.S. Department of Education	(437.50)
				437.50
02/01/2025	Check	14752	Department of Education - MOHELA	(437.50)
				437.50
02/04/2025	Bill Payment (Check)	14753	Active Power Solutions	(1,961.00)
				(1,961.00)
02/04/2025	Bill Payment (Check)	14754	Amazon Capital Services	(71.69)
				(71.69)
02/04/2025	Bill Payment (Check)	14755	Brand Assassins	(142.75)
				(142.75)
02/04/2025	Bill Payment (Check)	14756	Five Star Bank - CC	(5,040.03)
				(5,040.03)
02/04/2025	Bill Payment (Check)	14757	Fowler Pest Control, Inc.	(158.00)
				(158.00)
02/04/2025	Bill Payment (Check)	14758	Iron Mountain	(3,150.20)
				(3,150.20)
02/04/2025	Bill Payment (Check)	14759	Jasmine Thomas	(5.63)
				(5.63)
02/04/2025	Bill Payment (Check)	14760	Leslie Salmon	(936.10)
				(936.10)
02/04/2025	Bill Payment (Check)	14761	Portero Services	(2,000.00)
				(2,000.00)
02/04/2025	Bill Payment (Check)	14762	Spectrum - Mission	(518.68)
				(518.68)
02/04/2025	Bill Payment (Check)	14763	Spectrum Business-Brandon	(326.19)
				(326.19)
02/04/2025	Bill Payment (Check)	14764	Springston Design LLC	(600.00)
				(600.00)
02/04/2025	Bill Payment (Check)	14765	Susan Woodward	(1,500.00)
				(1,500.00)

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
02/04/2025	Bill Payment (Check)	14766	T-Mobile	(0.22)
				(0.22)
02/04/2025	Check	14767	Boys & Girls Club of North County	(10,122.39)
				10,122.39
02/04/2025	Check	14768	D'Vine Path	(12,750.00)
				12,750.00
02/04/2025	Check	14769	Fallbrook Food Pantry	(21,250.00)
				21,250.00
02/04/2025	Check	14770	Fallbrook Senior Citizens Service Club	(12,500.00)
				12,500.00
02/04/2025	Check	14771	Foundation for Senior Care	(24,862.50)
				24,862.50
02/04/2025	Check	14772	Palomar Family Counseling Service Inc.	(12,207.00)
				12,207.00
02/04/2025	Check	14773	REINS Therapeutic Horsemanship Program	(6,250.00)
				6,250.00
02/04/2025	Check	14774	San Diego Children's Discovery Museum	(5,000.00)
				5,000.00
02/04/2025	Check	14775	Vista Community Clinic	(10,000.00)
				10,000.00
02/04/2025	Check	14776	Voices for Children	(3,750.00)
				3,750.00
02/04/2025	Expense		ADP, LLC	(24,943.96)
				(24,943.96)
02/04/2025	Expense		ADP, LLC	(10,461.65)
				(10,461.65)
02/06/2025	Expense		Pitney Bowes - Purchase Power	(150.00)
				150.00
02/06/2025	Expense		Fallbrook Waste & Recycling - E. Mission	(99.00)
				99.00

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
02/06/2025	Expense		Fallbrook Waste & Recycling - E. Mission	(305.36)
				305.36
02/06/2025	Expense		American Funds Investment	(7,327.31)
				(7,327.31)
02/10/2025	Expense		FPUD - 7720-002 - E. Mission Rd.	(52.36)
				52.36
02/10/2025	Expense		SDG&E - 6994 - Brandon	(767.48)
				767.48
02/10/2025	Expense		FPUD - 7720-003 - E. Mission Rd.	(418.49)
				418.49
02/10/2025	Expense		FPUD - 7721-000	(52.36)
				52.36
02/10/2025	Expense		FPUD - 7720-001	(219.15)
				219.15
02/12/2025	Bill Payment (Check)	14777	24 Hour Elevator Inc.	(260.78)
				(260.78)
02/12/2025	Bill Payment (Check)	14778	Culligan of Escondido	(66.44)
				(66.44)
02/12/2025	Bill Payment (Check)	14779	Culligan of San Diego	(32.95)
				(32.95)
02/12/2025	Bill Payment (Check)	14780	Fallbrook Chamber of Commerce	(95.00)
				(95.00)
02/12/2025	Bill Payment (Check)	14781	Juana Diaz	(180.00)
				(180.00)
02/12/2025	Bill Payment (Check)	14782	Knight Security & Fire Systems	(44.00)
				(44.00)
02/12/2025	Bill Payment (Check)	14783	LDC Always Green Landscape	(1,440.00)
				(1,440.00)
02/12/2025	Bill Payment (Check)	14784	Palomar Family Counseling Service Inc.	(4,680.00)
				(4,680.00)

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
02/12/2025	Bill Payment (Check)	14785	Rotary Club of Fallbrook Village	(35.00)
				(35.00)
02/12/2025	Bill Payment (Check)	14786	Safe and Sound Security	(75.87)
				(75.87)
02/12/2025	Bill Payment (Check)	14787	SDRMA	(720.67)
				(720.67)
02/12/2025	Bill Payment (Check)	14788	WIPFLI LLP	(4,505.00)
				(4,505.00)
02/12/2025	Bill Payment (Check)	14789	WIPFLI LLP	(4,505.00)
				(4,505.00)
02/13/2025	Check	52551060	Department of Education - MOHELA	(437.50)
				437.50
02/14/2025	Expense		ADP, LLC	(211.52)
				211.52
02/15/2025	Check	14790	Skinny Gene Project	(4,200.00)
				4,200.00
02/18/2025	Bill Payment (Check)	14791	Amazon Capital Services	(167.67)
				(167.67)
02/18/2025	Bill Payment (Check)	14792	Juana Diaz	(180.00)
				(180.00)
02/18/2025	Bill Payment (Check)	14793	Michelle’s Place Cancer Resource Center	(3,541.66)
				(3,541.66)
02/18/2025	Bill Payment (Check)	14795	Victoria May	(135.00)
				(135.00)
02/18/2025	Bill Payment (Check)	14796	Village News	(89.95)
				(89.95)
02/18/2025	Bill Payment (Check)	14797	SitelogIQ	(423,826.17)
				(423,826.17)
02/18/2025	Expense		SDG&E - 5971 - E. Mission	(590.28)
				590.28

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
02/19/2025	Expense		ADP, LLC	(9,295.75)
				(9,295.75)
02/19/2025	Expense		ADP, LLC	(21,740.99)
				(21,740.99)
02/19/2025	Expense		Deluxe	(388.83)
				388.83
02/21/2025	Check	14798	VOID	0.00
				0.00
02/21/2025	Check	14800		0.00
				0.00
02/24/2025	Expense		ADP, LLC	(561.12)
				(561.12)
02/24/2025	Expense		ADP, LLC	(1,540.43)
				(1,540.43)
02/25/2025	Bill Payment (Check)	14803	24 Hour Elevator Inc.	(3,201.55)
				(3,201.55)
02/25/2025	Bill Payment (Check)	14804	Amazon Capital Services	(29.08)
				(29.08)
02/25/2025	Bill Payment (Check)	14805	CellGate	(88.20)
				(88.20)
02/25/2025	Bill Payment (Check)	14806	Darren Key	(80.00)
				(80.00)
02/25/2025	Bill Payment (Check)	14807	Fallbrook Land Conservancy	(750.00)
				(750.00)
02/25/2025	Bill Payment (Check)	14808	Fowler Pest Control, Inc.	(88.00)
				(88.00)
02/25/2025	Bill Payment (Check)	14809	JK Drywall and Construction	(4,375.00)
				(4,375.00)
02/25/2025	Bill Payment (Check)	14810	Juana Diaz	(180.00)
				(180.00)

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
02/25/2025	Bill Payment (Check)	14811	North County Fire Protection District	(200,000.00)
				(200,000.00)
02/25/2025	Bill Payment (Check)	14801	Protera CPR	(200.00)
				(200.00)
02/25/2025	Bill Payment (Check)	14812	Rachel Mason	(172.40)
				(172.40)
02/25/2025	Bill Payment (Check)	14799	Theresa Geracitano-reimburse	(28.65)
				(28.65)
02/25/2025	Bill Payment (Check)	14802	Uline	(462.41)
				(462.41)
02/25/2025	Expense		Konica Minolta	(1,592.55)
				796.28
				796.27
02/28/2025	Check	14813	VOID	0.00
				0.00
02/28/2025	Check	14814	VOID	0.00
				0.00
02/28/2025	Check	14815	VOID	0.00
				0.00
02/28/2025	Check	14816	VOID	0.00
				0.00
02/28/2025	Check	14817	VOID	0.00
				0.00
02/28/2025	Check	14818	VOID	0.00
				0.00
02/28/2025	Check	14819	VOID	0.00
				0.00
02/28/2025	Check	14820	VOID	0.00
				0.00
02/28/2025	Check	14821	VOID	0.00

Fallbrook Regional Health District

Report #7 - Check Detail

February 2025

DATE	TRANSACTION TYPE	NUM	NAME	AMOUNT
				0.00
02/28/2025	Check	14822		0.00
				0.00
02/28/2025	Check	14823	VOID	0.00
				0.00
02/28/2025	Check	14824	VOID	0.00
				0.00
02/28/2025	Check	14825	VOID	0.00
				0.00
02/28/2025	Check	14826	VOID	0.00
				0.00
02/28/2025	Check	14827	VOID	0.00
				0.00
02/28/2025	Check	14828	VOID	0.00
				0.00
02/28/2025	Check	14829	VOID	0.00
				0.00
02/28/2025	Expense		ADP, LLC	(171.52)
				171.52

UMPQUA BANK

FALLBROOK REG HEALTH DIST
Account Number: [redacted]
Page 1 of 3

VISA

Account Summary

Billing Cycle		02/28/2025
Days In Billing Cycle		28
Previous Balance		$(120.15)
Purchases	+	$2,698.00
Cash	+	$0.00
Balance Transfers	+	$0.00
Special	+	$0.00
Credits	-	$0.00
Payments	-	$0.00
Other Charges	+	$0.00
Finance Charges	+	$0.00
NEW BALANCE		**$2,577.85**

Credit Summary

Total Credit Line	$12,000.00
Available Credit Line	$9,422.15
Available Cash	$0.00
Amount Over Credit Line	$0.00
Amount Past Due	$0.00
Disputed Amount	$0.00

Account Inquiries

Call us at: (866) 777-9013
Lost or Stolen Card: (866) 839-3485

Go to www.umpquabank.com

Write us at PO BOX 35142 - LB1181, SEATTLE, WA 98124-5142

Payment Summary

NEW BALANCE	**$2,577.85**
MINIMUM PAYMENT	**$2,577.85**
PAYMENT DUE DATE	**03/25/2025**

NOTE: *Grace period to avoid a finance charge on purchases, pay entire new balance by payment due date. Finance charge accrues on cash advances until paid and will be billed on your next statement.*

Cardholder Account Summary

RACHEL MASON [redacted]	Payments & Other Credits	Purchases & Other Charges	Cash Advances	Total Activity
	$0.00	$2,698.00	$0.00	$2,698.00

Cardholder Account Detail

Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
02/24	02/25	PPLN01	24011345055500094171195	ZOOM.COM 888-799-9666 ZOOM.US CA	$2,698.00

PLEASE DETACH COUPON AND RETURN PAYMENT USING THE ENCLOSED ENVELOPE - ALLOW UP TO 7 DAYS FOR RECEIPT - *

UMPQUA BANK
PO BOX 35142 - LB1181
SEATTLE WA 98124-5142

UMPQUA BANK

Account Number
[redacted]

Check box to indicate name/address change on back of this coupon ☐

Closing Date	New Balance	Total Minimum Payment Due	Payment Due Date
02/28/25	$2,577.85	$2,577.85	03/25/25

AMOUNT OF PAYMENT ENCLOSED
$ _____.__

[redacted]
FALLBROOK REG HEALTH DIST
138 SOUTH BRANDON ROAD
FALLBROOK CA 92028

43154

e-Statement

MAKE CHECK PAYABLE TO:
UMPQUA BANK COMMERCIAL CARD OPS
PO BOX 35142 - LB1181
SEATTLE WA 98124-5142

FIVE STAR BANK
PO Box 779000
Rocklin CA 95677

(800) 416-6117
www.fivestarbank.com

2013644
Fallbrook Regional Health District
138 S Brandon Rd
Fallbrook CA 92028

Date 2/28/25 Page 1
Enclosures

Public Checking

Account Number	Ending [redacted]	Number of Enclosures	0
Previous Balance	192,814.09	Statement Dates	2/01/25 thru 2/28/25
Deposits/Credits	.00	Average Ledger	192,814.09
Checks/Debits	.00	Average Collected	192,814.09
Service Charge	.00		
Current Balance	192,814.09	Interest Paid	.00

Daily Balance Information

Date	Balance
2/03	192,814.09

EQUAL HOUSING LENDER
FDIC

FIVE STAR BANK

ACCOUNTS PAYABLE

ACCOUNT SUMMARY

Credit Limit	$15,000.00
Credit Available	$12,608.00
Statement Closing Date	February 28, 2025
Days in Billing Cycle	28
Previous Balance	$5,040.03
- Payments & Credits	$5,040.03
+ Purchases & Other Charges	$2,241.89
+ Cash Advances	$0.00
+ Finance Charges	$0.00
= New Balance	$2,241.89

Questions? Call Cardmember Services 1-855-401-4743
Or Write: PO Box 332509
Murfreesboro, TN 37133-2509
Or visit: MyApexCard.com

PAYMENT INFORMATION

New Balance	$2,241.89
Minimum Payment Due	**$2,241.89**
Payment Due Date	**March 25, 2025**

Notice: SEE REVERSE SIDE FOR MORE IMPORTANT INFORMATION

TRANSACTIONS

Tran Date	Post Date	Reference Number	Transaction Description	Amount
			TOTAL XXXXXXXXXXXX[redacted] $5,040.03-	
02/11	02/11	85593251A00XV10RT	PAYMENT - THANK YOU	5,040.03-
		JUDITH OSWALD	**TOTAL XXXXXXXXXXXX[redacted] $500.90**	
02/03	02/03	575402412MM5EEZWQ	ADOBE *ADOBE 4085366000 CA	149.93
02/05	02/05	2524770161JV8Z699	SOCIETYFORHUMANRESOURC ALEXANDRIA VA	299.00
02/11	02/11	55432861A5ZNPK5HG	WWW COSTCO COM 800-955-2292 WA	48.47
02/22	02/22	55432861M62ZD43SH	VBS*VONAGE BUSINESS 866-901-0242 GA	3.50
		JASMINE THOMAS	**TOTAL XXXXXXXXXXXX[redacted] $215.00**	
02/03	02/03	827111613000374A4	CAPIO CONFERENCE REG CHICO CA	140.00
02/12	02/12	55432861B60112QFB	FACEBK *T8YMKH8H42 FB.ME/ADS CA	75.00
		RACHEL MASON-RUNNELLS	**TOTAL XXXXXXXXXXXX[redacted] $1,041.86**	
02/06	02/06	5543286165YG0EGNM	SOUTHWES 5262307866195 800-435-9792 TX	356.35
			RUNNELLS/RACHEL MASON	
		04/26/25 1	SAN DIEGO PHOENIX	

Transactions continued on next page

Please detach bottom portion and submit with payment using enclosed envelope

FIVE STAR BANK

Cardmember Services
PO BOX 332509
Murfreesboro TN 37133

Payment Information

Account Number:	[redacted]
Payment Due Date	**March 25, 2025**
New Balance	**$2,241.89**
Minimum Payment Due	$2,241.89
Past Due Amount	$0.00
Amount Enclosed:	**$**

Make Check Payable to:

ACCOUNTS PAYABLE
FALLBROOK REGIONAL HD
138 S BRANDON RD
FALLBROOK CA 92028-2205

Cardmember Services
PO BOX 306005
Nashville TN 37230-6005

553312031005094400224189002241893

TRANSACTIONS (continued)

Tran Date	Post Date	Reference Number	Transaction Description	Amount
		04/26/25 2	PHOENIX SEATTLE	
		04/29/25 3	SEATTLE LAS VEGAS	
		04/29/25 4	LAS VEGAS SAN DIEGO	
02/06	02/06	771496917S66GGNYN	MONEY PIT SAN MARCOS CA	36.26
02/11	02/11	55546501B716PKWJL	SMARTSIGN BROOKLYN NY	19.51
02/18	02/18	05314611JEHVDFP4E	OAK GROVE CENTER FOR E MURRIETA CA	128.75
02/18	02/18	87021301H0002FH69	CALNP* INV-1137 SAN FRANCISCO CA	250.00
02/21	02/21	55506291M7A0GG9L0	GARDEN CENTER CAFE FALLBROOK CA	59.51
02/23	02/23	82711161N00068RKD	VOICEOFSANDIEGO.ORG SAN DIEGO CA	10.53
02/25	02/25	57540241RMMH87FY4	UBER *TRIP 8005928996 CA	35.98
02/26	02/26	55500361S7F4V5HN5	CAFETERIA 15L/THE PARK SACRAMENTO CA	25.97
02/27	02/27	75418231S6FMAAPXF	EIG*CONSTANTCONTACT.C WALTHAM MA	119.00
		RAQUEL WILLIAMS	**TOTAL XXXXXXXXXXXX[redacted] $145.71**	
02/07	02/07	05436841700QDW9K4	DOLLAR TREE FALLBROOK CA	12.12
02/12	02/12	05436841QBLJWSL9F	SAMS CLUB #4822 MURRIETTA CA	86.57
02/12	02/12	55263521Q71TPK0AR	ALBERTSONS #4786 FALLBROOK CA	24.46
02/12	02/12	05140481BMHDVVT4H	GROCERY OUTLET OF FA FALLBROOK CA	16.98
02/20	02/20	02305371L00HLRH7P	USPS PO 0525920028 FALLBROOK CA	5.58
		THERESA GERACITANO	**TOTAL XXXXXXXXXXXX[redacted] $338.42**	
02/03	02/03	5550080136T2KE7Y7	FALLBROOK ACE HARDWARE FALLBROOK CA	10.75
02/06	02/06	054368416EHSP0PLY	STARBUCKS 25590 FALLBROOK CA	221.15
02/13	02/13	55263521D72T9TYMH	ALBERTSONS #4786 FALLBROOK CA	26.53
02/24	02/24	82305091R000FY5RE	SP ALLIANCE SHOP LIVONIA MI	12.10
02/25	02/25	75418231R6FHZ47SR	SHAREFILE LLC FORT LAUDERD FL	52.80
02/26	02/26	75418231T6FLFGAB2	SHAREFILE LLC FORT LAUDERD FL	15.09

INTEREST CHARGE CALCULATION

Your **Annual Percentage Rate (APR)** is the annual interest rate on your account

Type of Balance	**ANNUAL PERCENTAGE RATE (APR)**	Expiration Date	Balance Subject to Interest Rate	Days in Billing Cycle	**Interest Charge**
Purchases	23.99% (v)	-	$0.00	28	$0.00
Cash Advances	21.00% (f)	-	$0.00	28	$0.00

(v) = variable (f) = fixed

Fallbrook Regional Health District
Report #9 - Community Development Disbursements
July - January, 2025

	Date	Num	Name	Memo/Description	Split	Amount
Administration						
	10/07/2024	Quote #2201	Vivify Painting		S. Brandon Road:S. Brandon Road - Improvements	15,000.00
	12/15/2024	121684	Nasland Engineering		S. Brandon Road:S. Brandon Road - Improvements	4,835.00
	01/07/2025	Cust 06243-AD13821333	First American Title Company	Administration	S. Brandon Road:S. Brandon Road - Improvements	1,000.00
Total for Administration						**$ 20,835.00**
Wellness Center						
	07/08/2024	726	Arch 5 Design	CDD - SF Studios as-built measure	E. Mission Road:E. Mission Road - Improvements	1,800.00
	07/11/2024		County of San Diego Planning Services	CDD	E. Mission Road:E. Mission Road - Improvements	2,672.71
	07/11/2024		County of San Diego Planning Services	CDD	E. Mission Road:E. Mission Road - Improvements	2,667.48
	07/30/2024		SitelogIQ		E. Mission Road:E. Mission Road - Improvements	49,000.00
July						**$ 56,140.19**
	08/26/2024	754	Arch 5 Design		E. Mission Road:E. Mission Road - Improvements	2,500.00
	08/29/2024	7116	KARN Engineering & Surveying		E. Mission Road:E. Mission Road - Improvements	400.00
August						**$ 2,900.00**
	09/01/2024	1755	Kuhlman Scott Architecture		E. Mission Road:E. Mission Road - Improvements	6,032.52
	09/24/2024		SitelogIQ		E. Mission Road:E. Mission Road - Improvements	164,138.62
	09/30/2024	09302024-2	Five Star Bank - CC		E. Mission Road:E. Mission Road - Improvements	1,946.88
September						**$ 172,118.02**
	10/25/2024	792	Arch 5 Design		E. Mission Road:E. Mission Road - Improvements	2,700.00
	10/31/2024	340764908	Dodge Construction Network	CDD - CHWC Bldg B Construction Notice	E. Mission Road:E. Mission Road - Improvements	625.00
October						**$ 3,325.00**
	11/01/2024	1781	Kuhlman Scott Architecture	CDD - Rendering Views	E. Mission Road:E. Mission Road - Improvements	2,593.79
November						**$ 2,593.79**
	12/30/2024	PUBCAL	SitelogiQ	CDD - Rendering Views	Split	61,607.07
December						**$ 61,607.07**
	01/01/2025	1805	Kuhlman Scott Architecture		E. Mission Road:E. Mission Road - Improvements	3,084.42
	01/13/2025	63208	Christian Wheeler Engineering		E. Mission Road:E. Mission Road - Improvements	1,305.00
January						**$ 4,389.42**
	02/15/2025	PUBCAL 005320	SitelogIQ		E. Mission Road:E. Mission Road - Improvements	423,826.17
	02/25/2025	2252025	Rachel Mason		-Split-	172.40
February						**$ 423,998.57**
Total for Wellness Center						**$ 727,072.06**
Grand Total						**$ 747,907.06**

Monday, Nov 25, 2024 11:38:09 AM GMT-8

RESOLUTION NO. 466

RESOLUTION OF THE BOARD OF DIRECTORS OF THE FALLBROOK REGIONAL HEALTH DISTRICT APPROVING THE INVESTMENT POLICY FOR FISCAL YEAR 2025-2026

WHEREAS, the Fallbrook Regional Health District ("District") is a local agency organized and existing pursuant to the California Healthcare District Law (Health & Safety Code Sections 32000, et seq.);

WHEREAS, the Board of Directors may approve and adopt an Investment Policy; and

WHEREAS, the Investment Policy must be reviewed and adopted annually at a public meeting.

NOW, THEREFORE, the Governing Board of the Fallbrook Regional Health District hereby resolves to adopt the following Investment Policy:

Section 1 - General Provisions and Objectives

District funds not required for immediate expenditure will be invested in compliance with this policy and the provisions of California Government Code Sections 53600, et seq. Criteria for selecting investments and the absolute order of priority are safety, liquidity, and yield. Investments will be made in a range of instruments and maturity dates to ensure diversification and liquidity of assets in an emergency or when a large cash outlay is necessary. In accordance with California Government Code Section 53607, the authority to invest or reinvest the funds of the District is retained by the Board, with the advice of the Finance Committee.

Section 2 – Prudent Investor Standard

All participants in the investment process shall recognize that the investment portfolio is subject to the prudent investor standard as set forth in California Government Code Section 53600.3 and to public review and evaluation and shall seek to act responsibly as fiduciaries of the public trust. Investments shall be made with the exercise of that degree of judgment and care under circumstances then prevailing which persons of prudence, discretion, and intelligence exercise in the management of their own affairs, not for speculation but for investment, considering the preservation of capital, the cash flow needs of the District as well as the income to be derived. In a diversified portfolio, occasional measured losses may be inevitable and must be considered within the context of the overall portfolio's return and the cash flow requirements of the District.

Section 3 – Credit Risk

A. Credit risk is the risk that an issuer or other counter-party to an investment will not fulfill its obligation. Concentration of credit risk is the risk of loss attributed to the

magnitude of a District's investment in a single issuer. All participants in the investment process shall consider aversion to concentration of credit risk by:

1. Limiting investment purchases to those types and amounts permissible by California Government Code § 53601 and Section 6 of this Resolution, including:
   a. Bonds issued by the Fallbrook Regional Health District or by any department, board, agency or authority created by the District.
   b. United States Treasury Bills, Notes & Bonds or Certificates of Indebtedness.
   c. Registered state warrants or treasury notes or bonds issued by the State of California
   d. Bonds, notes, warrants or other evidence of debt issued by a local agency within the State of California, including pooled investment accounts sponsored by the State of California, County Treasurers, other local agencies or Joint Powers Agencies.
   e. Obligations issued by Agencies or Instrumentality of the US Government.
   f. Bankers Acceptances with a term not to exceed 270 days. Not more than 40% of invested funds can be invested in Bankers Acceptances and no more than 30% of invested funds can be invested in the bankers acceptances of any single commercial bank.
   g. Prime Commercial Paper of U S Corporations with assets greater than $500 million with a term not to exceed 180 days and the highest ranking issued by Moody's Investors Service or Standard & Poor's Corp. Purchases of eligible commercial paper may not represent more than 10% of the outstanding papers of an issuing Corporation. Commercial paper cannot exceed 15% of total invested funds, provided, that if the average maturity of all Commercial paper does not exceed 31 days, up to 30% of invested funds can be invested in Commercial paper.
   h. Negotiable Certificates of Deposit issued by federally or state chartered banks or associations. Not more than 30% of invested funds can be invested in certificates of deposit.
   i. Repurchase/Reverse Repurchase Agreements of any securities authorized by this Section. Securities purchased under these agreements shall be no less than 102% of market value. (See special limits in GC 653601 (i).
   j. Medium term notes (not to exceed 5 years) of U S corporations rated "A" or better by Moody's or S&P. Not more than 30% of invested funds can be invested in medium term notes.
   k. Share of beneficial interest issued by diversified management companies (Money Market Mutual Funds) investing in the securities and obligations authorized by GC 653601. Such Funds must carry the highest rating of at least two . of the three largest national rating agencies. Not more than 10% of invested funds can be invested in Money Market Mutual Funds.

l. Funds held under the terms of a Trust Indenture or other contract or agreement may be invested according to the provisions of those indentures or agreements.
m. Collateralized bank deposits with a perfected security interest in accordance with the Uniform Commercial Code (UCC) or applicable federal security regulations.
n. Any mortgage pass-through security, collateralized mortgage obligation, mortgaged backed or other pay-through bond, equipment lease-backed certificate, consumer receivable pass-through certificate or consumer receivable backed bond of a maximum maturity of five years. Securities in this category must be rated AA or better by a nationally recognized rating service. Not more than 30% of invested funds may be invested in this category of securities.
o. Any other investment security authorized under the provisions of GC 653601.

2. Investing no more than twenty-five percent (25%) of the portfolio with one issuer, except as noted in §6 below; and

3. If pursuing a rated investment, investing only in investments with an AA+/A1 or better rating from Standard and Poor's Corporation and AA1/P2 or better from Moody's Investors Service Inc. at the time of purchase.

B. Custodial credit risk is the risk that the District will not be able to recover deposits or the value an investment or collateral securities that are in the possession of an outside party. All participants in the investment process shall consider aversion to custodial credit risk by:

1. Investing no more than twenty-five percent (25%) of the portfolio with one financial institution, with the exception of a Local Government Investment Pool (LGIP), the US Treasury, and funds advanced or in trustee accounts for project construction; and

2. If pursuing a deposit, ensuring that all deposits are fully collateralized as required by California Government Code Section 53652, or are insured by the Federal Deposit Insurance Corporation or National Credit Union Administration, and the "Contract for Deposit of Monies" will indicate the type and amount of collateral.

Section 4 – Interest Rate Risk

Interest rate risk is the risk that changes in interest rates will adversely affect the fair value of an investment. All participants in the investment process shall consider aversion to interest rate risk by limiting the term remaining to maturity on purchased

investments to five years, unless a longer term is permissible within the California Government Code and specifically approved by the Board prior to purchase.

Section 5 - Ethics and Conflict of Interest.

All participants in the investment process shall seek to act responsibly as custodians of the public trust. All officials, officers, and employees involved in the investment process shall refrain from personal business activity that could conflict with proper execution of the investment program or which could impair his/her ability to make impartial investment recommendations and decisions. All officials, officers, and employees involved in the investment process shall adhere to the District's Conflict of Interest Code, which is updated biennially by the Board.

Section 6 – Permissible Investments

The permissible investments are as stated in the California Government Code 53600 et seq.

Pursuant to the provisions of California Government Code Section 53601.1, no investment will be made in financial futures or financial option contracts without the prior approval of the Board of Directors. Investments permitted by the California Government Code, but not by this policy, will be made only with prior approval of the Board of Directors.

A thorough investigation of any pool or fund is required prior to investing, and on a continual basis. The purpose of this investigation is to determine the suitability of a pool or fund and evaluate the risk of placing funds with that pool or fund. The investigation shall, at a minimum, obtain the following information:

A description of interest calculations and how it is distributed, and how gains and losses are distributed;

A description of who may invest in the program, how often, what size deposits and withdrawals are permitted;

A schedule for receiving statements and portfolio listings;

A description of the pool/fund reserves or retained earnings, or whether all income after expenses is distributed to participants; and

A fee schedule which discloses when and how fees are assessed.

Section 7 – Reporting

Pursuant to California Government Code Sections 53646(b) and 53646(d), a monthly report shall be submitted to the Board of Directors within thirty (30) days following

the end of the month covered by the report for review. The report shall include the type of investment, issuer, purchase and maturity dates, rate of interest, dollar amount invested, fund, current market value, and percentage of portfolio. The report shall also state compliance of the portfolio to the statement of the investment policy, or the manner in which the portfolio is not in compliance. The report shall include a statement regarding the ability of the District to meet its expenditure requirements for the next six (6) months.

Section 8 – Finance Committee's Responsibilities.

The Finance Committee is responsible for the review of budgetary, and financial and investment matters related to the District including the annual audit and review of District investment and appraisal of market conditions relating to the prudent investment of District funds. The Finance Committee shall establish and maintain a system of internal controls to be examined and monitored by the District's independent auditor.

PASSED AND ADOPTED by the Board of Directors of the Fallbrook Regional Health District at a regular meeting held on this 14th day of May 2025, by the following roll call vote:

AYES: _____

NOES: _____

ABSTAIN: _____

ABSENT: _____

_____
Jennifer Jeffries, Chair
Board of Directors
Fallbrook Regional Health District

ATTEST:

_____
_____, Secretary
Board of Directors
Fallbrook Regional Health District

Fallbrook Regional HEALTH DISTRICT
community health & wellness center

Wellness Center Administrator Report

April 2025

March was an incredibly active month at the Community Health & Wellness Center, with **90 events held** and a **total attendance nearing 900**. We are steadily working back to our 2024 average of 1,000 visits per month**,** now that Flourish Yoga has a permanent home at another location. Expanded weekend programming has helped broaden our reach and enhance community impact. Community members actively participated in two Pedal Power volunteer sessions.

- **Post-Workshop Surveys Introduced**
  March marked the rollout of post-workshop surveys, which will become a standard tool for evaluating the effectiveness of our educational offerings and their impact on participants.
- **Saturday Programming Continues to Grow**
  Our Healthy Habits Saturdays series continued with a well-attended workshop on sleep. These sessions are specifically designed to attract a younger, working demographic that differs from our weekday participants.
- **Support Groups Show Increased Engagement**
  We are seeing steady growth in various support groups, particularly the Caregivers Support Group and Grief Support Group**.** While the grief group is intended to remain small, new participants are continually joining each 8-week session**.**

March Programming Highlights:

- **Diabetes Prevention Lifestyle Change Program – Fourth Cohort**
  A new group of **24 individuals** began their year-long journey in the Diabetes Prevention Program. Each cohort brings unique dynamics, and we are excited to support them in making meaningful lifestyle changes.
- **Palomar Family Counseling Services (PFCS) – Healthy Relationships Workshop**
  This series was well received, drawing strong attendance and engagement from participants.

April Programming Preview:

- PFCS Workshop – 50 Ways to Rewire Your Anxious Brain
  This new mental wellness series is off to a strong start, with 37 attendees at the first session.
- **LiveWell Saturdays – Managing Stress**
  In recognition of Stress Awareness Month, our Saturday program in April will focus on stress management techniques to support mental and physical well-being.

Wellness Center 2025	**JAN *partial month**	**FEB**	**MAR**
Mental Health First Aid	0	0	4
CCHW	0	16	38
Wellness Wednesday- Health Screening, workshop, resources	18	30	6
Disease Specific Education (including Lifestyle Change)	33	65	99
Partner Health & Wellness activities	156	198	244
Support Groups	74	68	86
Affiliate	7	23	5
FRHD Yoga	124	112	93
Community Safety	0	19	0

Club/ Organizational meetings	87	236	318
District Special Events	0	0	0
Youth Activity	0	0	0
Private Party/Event	0	0	0
Total Wellness Center Visits	**499**	**767**	**893**

Number of Events 2025	**JAN**	**FEB**	**MAR**
Private events	21	31	20
Public Events	33	43	70
Total Events	**54**	**74**	90
Events held by Grantees	11	8	18
Private Health Event/Rental	0	0	0

Community Outreach:

- Hosted the Fallbrook Chamber of Commerce Sun Upper
- Farm Workers Care Coalition
- North County Community Leadership Team
- Rural Sector Telebriefing (County meeting to update on information and services)
- Community Cares Food Distribution- Fallbrook Seventh Day Adventist Church & Vallecitos School District

Press- Village News:

- Press Release 3/14/25: "FRHD offers blood drive and colorectal cancer workshop"

Email Marketing & Constant Contact Overview:

EMAIL MARKETING 2024	JAN	FEB	MAR
Total Contacts	4793	4828	4880
New Contacts Added	59	71	95
Net New Contacts	2	37	50
Number of emails sent	37783	27245	28375
Number of emails opened	18761	12216	12365
Open rate	54%	48%	47%
Open rate over industry average	17%	11%	11%
# of Clicks	734	421	301
Click rate	2%	3%	2%
Click rate over industry average	1%	-1%	-2%

Social Media:

- Website visits continue to grow each month, with many of the increased page visits being to the Community Health & Wellness Center calendar page.

	JAN	FEB
Website Views	***81,686***	***94,987***
Facebook	**JAN**	**FEB**
Overall Reach	20,150	14,411
Organic	8,954	7,487
Ads	13,793	9,338
Content Interactions	282	268
Followers	1275	1285
Added Followers	12	12
Profile Visits	505	389
Overall Post Link Clicks	228	408
Audience:		
Age Women	1) 35-44 2) 65+ 3) 55-64	1) 35-44 2) 65+ 3) 55-64
Age Men	1) 55-64 2) 65+ 3) 35-44	1) 55-64 2) 65+ 3) 35-44
Gender	Women: 82.8% Men: 17.2%	Women: 82.9% Men: 17.1%
Fallbrook Residents	41%	45%
Bonsall Residents	2.60%	3.70%
Rainbow Residents	0%	1.50%
De Luz Residents	0%	0%

Instagram	JAN	FEB
Overall Reach	983	1083
Organic	928	959
Ads	77	167
Content Interactions	189	195
Followers	710	717
Added Followers	12	10
Profile Visits	50	53
Overall Post Link Clicks	3	8
Audience:		
Age Women	1) 35-44 2) 45-54 3) 55-64	1) 35-44 2) 45-54 3) 55-64
Age Men	1) 35-44 2) 45-54 3) 25-34	1) 35-44 2) 45-54 3) 25-34
Gender	Women: 80.2% Men: 19.8%	Women: 79.8% Men: 20.2%
Fallbrook Residents	45.20%	43.40%
Bonsall Residents	5.60%	6.10%
Rainbow Residents	2.70%	3.10%
De Luz Residents	0%	0%

CHIEF EXECUTIVE OFFICER'S REPORT - APRIL

Community Health & Wellness Center:

- Facility construction updates
  - Arch5 – Bldg B – multipurpose rooms, interior and exterior restrooms. RFP failed. Will be reintroducing after adoption of UPPCCA standards – see May meeting.
  - ADA Ramps & Sidewalk. RFP failed. Will be reintroducing after adoption of UPPCCA standards – see May meeting.
  - EDG – Demonstration Kitchen – We have already finished the overall kitchen layout design and have begun work on the architectural drawings that will be used for the construction RFP. However, the electrical room and the SiteLogIQ connection may require some reworking of the initial plans. We'll bring these changes to Facilities.
  - SiteLogIQ – CHWC: Solar and EV charging are working and in use.
    - Admin. – We are still awaiting the boundary adjustment documents. I am waiting on a meeting with Dr Skeoch before we move forward with the next step.
- We will be having the old 5-ton defunct HVAC units removed from Building A. This will require a crane and some patch work in the wall of the building. We will also be replacing the old roof top HVAC unit on Bldg B replace with the same style units that are in that rest of that building. This is expected to occur in late May.
- The County grant request for water bottle refilling stations at the CHWC was placed in the wrong category, I have resubmitted.

Clinical Care Option – Pending additional info

- I had a meeting with Tri-City Medical Center and Greybill Medical Group to discuss potential options for clinical and urgent care services. We are awaiting more information before any next steps.

Administrative Projects:

- Judith and I are still working with consultants at CSDA and CalPERS to better understand the District's current contract for employee health benefits. Our current contract was written in 2000 and has vague language and terms that will need to be updated. Additionally, we are researching better employee retirement plans. We have a Simple IRA plan in place now, but it is extremely limited and may not serve a younger workforce. – Still being reviewed and will be on the agenda to discuss with our new legal counsel.
- Website name change – pending, but we have applied for and are awaiting confirmation of our new domain fallbrookhealth.ca.gov. This new domain will allow us more credibility, and is in the pipeline of requirements for special districts.
- Judith and I have completed the Compensation Study with WIPFLI. The final report has been submitted and was sent to Chair Jeffries for discussion.
- Staff change – We hope you have had a chance to meet Jess Lopez our new Administrative Assistant. She will be serving as our main receptionist and will be picking up some higher skilled tasks to support our operations team.

COMMUNITY HEALTH CONTRACTS
GRANTS FISCAL YEAR 25/26