Fallbrook Regional Health District Grant

Information

Project Title: Fallbrook Union High School District

Cash amount: $25,000

**Goal #1**: Create a trauma-informed/sensitive school environment.

**Objective 1**: By the end of Quarter 2, provide 90% of teachers and staff training on Trauma Informed/Sensitive Schools.

**Objective 2:** Provide parent education at least once per quarter about toxic stress, ACES, substance use or adolescent mental health.

**Measuring Success for Goal #1:** At least 60% of all participants report on follow up at the end of each quarter that they are able to identify at least 1 change in their school/home activities due to the education

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**Goal #2:** Improve student wellness to improve social, interpersonal, and academic outcomes

**Objective 1**: Provide counseling or case management (student/family choice) for a minimum of 15 new students monthly.

**Objective 2**: Conduct 2 events monthly related to health educational, health clinic, or support groups for students related to wellness (health, self-help, mental health) for students.

**Measuring Success for Goal #2**: Students will demonstrate improvements in one of the following areas of GPA, attendance, reduction in referrals or substance use by 65% at the end of treatment time.

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Impact Information

Program Name: Wellness Center

Program Start Date: 07/01/2020

Program End Date: 06/30/2020

Person Submitting Impact Report:

First Name: Mindy

Last Name: Katahara

Title: District Therapist

Address: 2400 S. Stagecoach Lane

City: Fallbrook

State: California

Zip/Postal Code: 92028

Telephone: 7607236300

Email Address: [mkatahara@fuhsd.net](mailto:mkatahara@fuhsd.net)

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**Actual Ages Served:**

Children (Infants to 12): 0

Young Adults: (13-18): 0

Adults (18-60): 0

Seniors (60+): 0

**Actual Genders Served:**

Female: 0

Male: 0

Non-Binary: 0

Unknown: 0

**Income limit category of your target population:**

We do not collect this data

**How many residents directly benefited (participant/client) from this program?**

0

**Approximately how many residents received an indirect benefit?**

0

The following category was identified as the best descriptive of the program’s primary goal and objectives

Ancillary: Services that support our mission to promote health for the people of the district

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You defined the measure of success of the program’s interventions or services during the application process.

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Quarter 1: No services were completed during Quarter 1.

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Funding Expenses

No funding used during Q1.