

Organization

Official Name: BE WELL THERAPY INC
***Legal Name:** Be Well Therapy
***Year Company was Founded:** 2014
***Address:** PO BOX 102
Address (2):
***City:** OCEANSIDE
State: California
Zip/Postal Code: 92049-0102
***Main Telephone:** 7605006238
Main Fax:
Website Address: www.bewelltherapy.net
***Main Email Address:** info@bewelltherapy.net
***Mission Statement and History:** Be Well Therapy, Inc.'s Mission Statement is, "to teach others how to bring balance and harmony into their lives thereby creating optimal healing and wellness. "

Be Well Therapy, Inc. is a North County, San Diego based nonprofit specializing in providing yoga, reiki and mindfulness practices to individuals battling cancer. Founded by two local women, Mary Baker (Carlsbad) and Heidi Borsch (Oceanside), Be Well currently offers 10 donation-based classes throughout San Diego and Riverside Counties. Be Well Therapy's dedicated leadership is guided by a distinguished Board of Directors including, Dr. Sheila Patel, Medical Director at the La Costa Chopra Center for Wellbeing and a board-certified family physician who is passionate about bringing holistic healing practices into the western medical system. Scientific research has proven the benefits that yoga provides to cancer patients including the following: strengthens the immune system, increases range of motion and flexibility, strengthens the spine, helps manage weight, reduces inflammation, reduces high blood pressure, helps manage pain, helps manage fear and anxiety, improves sleep, and enhances body image. Our Be Well classes provide a respectful, safe and nurturing environment for those who are living with a diagnosis of cancer, which greatly enhances overall feelings of empowerment and well-being.

***Board of Directors :** Mary Baker
CFO, Be Well Therapy, Inc. Co-founder
ERYT-500 Yoga Teacher
Certified Yoga of the Heart Instructor
Certified Yoga4Cancer Teacher
Certified Elementary Educator
Board Co-Chair

Heidi Borsch
CEO, Be Well Therapy, Inc. Co-founder
ERYT-200/RYT-500 Yoga Teacher
Certified Yoga of the Heart Instructor
Certified MELT Method Instructor
Board Co-Chair

Dr. Sheila Patel
Medical Director at the Chopra Center for Wellbeing
Board-certified family physician

Brian Shaw
Senior Finance Director for the New Openings Division of Merlin Entertainments
Certified Public Accountant
Graduate University of California, Riverside

Melanie Kriete
Registered Nurse and Certified Registered Nurse Anesthetist
Nurse Case Manager for Hospice by the Sea

Meghan Kelly
Possesses 15 years of experience working in the nonprofit sector in organizations focused on literacy, education and youth development
Researcher at the University of San Diego's Nonprofit Institute

Most Recent 990:

***Most recent audited financial statement with management letter:** Be Well 2019 P&L and BS.xlsx, Balance_Sheet_Report.pdf

Proposal

***Request Owner:** Rachel Mason
Request Source: External (Submitted 04/09/2020)
Proposal Type: Ongoing Program

Agency Capability

Briefly describe your organization's history and accomplishments. :

Be Well Therapy, Inc. was established in March 2014 after Co-founders (Mary Baker and Heidi Borsch) attended a 100-hour specialized training for those battling cancer and heart disease. Both Mary and Heidi had dealt with cancer first hand, Mary lost both parents within 6 months of one another and Heidi lost her mother to cancer 20 years ago. The two felt ill equipped to help their own parents and therefore decided to take the specialized training so they could help others. They began with one Yoga for Cancer Recovery class in Vista and now proudly offer 10 classes in San Diego and Riverside Counties.

In 2016 they began to design their 55-hour Yoga Alliance approved Yoga for Cancer Recovery teacher program which they launched in 2017. By the end of April 2020, Be Well will have 58 certified Yoga for Cancer Recovery teachers with our next training planned for this fall.

Additionally, over the last four years, Be Well has awarded scholarships to over 121 individuals to attend Be Well events free of charge. These events have included two-day wellness retreats, single day retreat events, art therapy events, Chopra Center Meditation Weekends, Chopra Center Women's Retreats, as well as scholarships to attend our reiki training, and our Be Well Yoga for Cancer training (for qualified individuals).

In the fall of 2018, Be Well began providing reiki training at Level 1 and Level 2 led by Be Well certified Yoga for Cancer Recovery teacher and certified Reiki Master, Morgen Brunner. Reiki is a therapy often described as palm healing or hands-on-body healing in which a practitioner places hands lightly on or over a patient's body to facilitate the patient's process of healing. Reiki combines the Japanese and Chinese word-characters of "rei" (spiritual or supernatural) and "ki" (vital energy). Reiki is widely accepted as a complimentary healing modality and is used in many hospitals and treatment centers. We include this modality in many of our Be Well Yoga for Cancer classes as an additional offering to our students. To date, we have graduated 28 individuals in this healing modality. It is our intention that all of our Be Well Certified Yoga for Cancer Recovery Teachers are also certified in reiki Level 1 and 2.

In 2019, Be Well added an additional 5 weekly Be Well Yoga for Cancer Recovery classes, expanding our program into Orange County as well as Downtown San Diego.

In 2020, Be Well established a virtual "Yoga Studio" for their cancer recovery program due to the Covid-19 pandemic. This on-line offering of live streaming Be Well classes is now able to reach students from all over the world. The plan to keep this virtual program in effect on a smaller scale once it is safe for our students to return to public classes. It will be a wonderful addition for students who are unable to attend classes due to a compromised immune system, travel, or to just add in another class to their weekly yoga time.

What are the current activities and/or programs offered by your organization?:

Be Well currently provides 15 weekly Yoga for Cancer Recovery classes serving an estimated 600+ individuals ranging from 26-82 years of age that have been affected by cancer. Additionally, we hold a monthly Women with Cancer Support Group which is facilitated by a cancer survivor and life coach. We also provide a monthly sound healing with Tibetan bowls and gong which is accompanied by restorative yoga at three of our locations.

In addition to group classes, we also offer private yoga and reiki sessions to our students who are unable to attend public classes due to compromised immune systems or declining health.

Be well offers our 55 -hour Yoga for Cancer Recovery Teacher Program twice a year. This program is open to certified yoga teachers, medical and holistic health care providers and fitness professionals. Most of our trainees are currently yoga instructors, however we have graduated a medical doctor, an aromatherapy and reflexology specialist, a physician's assistant, and several nurses. In addition, at least 1/3 of our graduates are cancer survivors themselves who are dedicated and respectful in promoting health with integrity as they go out into their communities and hold public and private sessions with other individuals with cancer.

Reiki Training at Level 1, Level 2 and Reiki Master training are held two to three times a year. Again, our goal is to have all Be Well certified Yoga for Cancer recovery teachers to also be trained in reiki Level 1 and Level 2 so that all Be Well Yoga for Cancer Recovery classes provide this energy healing modality in companionship with yoga.

Be Well holds an annual Gala, our biggest fundraiser of the year in the fall. Additional yearly funding sources include a weekend retreat and local restaurant fundraisers as well as private donations.

List and describe current collaborations with other organizations that enhance your ability to provide services through this program.:

Be Well collaborates with many other non-profits and like-minded agencies to bring our clientele the best we have to offer. Be Well's current partnerships include: Michelle's Place Temecula, The Chopra Center for Wellness, North County Cancer Fitness, several local yoga studios including Sage Yoga Studio, Oceanside Museum of the Arts, Mamma Chia (owned by Bonsall business woman, Janie Hoffman), San Diego Juice Company, Choice Juicery, and Legoland.

Mary Baker and Heidi Borsch continue to collaborate with Michelle's Place to expand our offerings. Two Be Well certified Yoga for Cancer Recovery teachers provide weekly classes at Michelle's Place. Additionally, Be Well provided a full scholarship to a volunteer at the center to take part in our fall 2019 Be Well Teacher Training Program.

Be Well was the first non-profit invited to partner with The Chopra Center. As a result of this partnership, Be Well has been able to provide several scholarships and reduced price entry to wellness events held at the Chopra Center in La Costa, California. In 2018, Be Well held its first annual retreat at the Omni La Costa (home of The Chopra Center) providing, yoga, meditation, MELT, Ayurveda sessions and many various health and wellness seminars. 20 full paid and 10 partial paid scholarships were provide to cancer survivors to attend this weekend retreat.

Be Well partners with North County Cancer Fitness providing referrals to our clients broadening the reach and impact both Be Well and NCCF have on the cancer community.

Legoland has generously provided annual park passes for us to share with families affected by cancer, sponsored a table of 10 for our fall gala and donated many opportunity drawing prizes generating over \$2000 in funds for Be Well.

Thanks to our generous 2019 FRHD Grant, Be Well now offers weekly Yoga for Cancer Recovery classes at Sage Yoga Studio in Fallbrook and Bonsall as well as a weekly bilingual class at the FRHD Wellness Center.

Program Information

Is this application being submitted in collaboration with another agency?: No

Project Title: Be Well Yoga for Cancer Recovery

Requested Cash Amount: \$20,444.00

This is an ongoing program that began on: 07/01/2020

Name of the person submitting the grant: Mary Baker, CFO
760-500-6238
mary@bewelltherapy.net

Name of Program Coordinator: Mary Baker, CFO
760-500-6238
mary@bewelltherapy.net

Is the Program Coordinator responsible for submitting quarterly reports?: No

If the Program Coordinator is not responsible, please provide the responsible person's information: Deb Schork, Admin Assistant
760-532-9602
Debschork@gmail.com

Ages Served: Adults (18-60): 85%
Seniors (60+): 15%

Gender: Female: 95%
Male: 5%

Select the income limit category of your target population: We do not collect this data

Projected number of residents (participant/client) that will directly benefit from this program: 200

Projected number of residents that will indirectly benefit from this program: 750

How will the program be staffed?: Paid: 100%

Statement of Problem/Needs Assessment

Discuss the need for the proposed program or service within the District.:

Be Well Therapy, Inc.'s Mission Statement is, "to teach others how to bring balance and harmony into their lives thereby creating optimal healing and wellness." Our purpose is to provide Yoga and mindfulness practices that complement traditional therapies providing optimal physical and mental healing for the recovering patient as well as to their caregivers and support structure. Approximately 39.3 percent of men and women will be diagnosed with cancer of any site at some point during their lifetime.¹ Numerous studies have proven the effectiveness and benefits of Yoga and mindfulness^{2,3}, and Be Well is honored to have served the needs of the Fallbrook cancer population last year and believe we can further extend our reach and positive impact on residents by expanding our program to include classes for men.

It is estimated that the Fallbrook Regional Health District has approximately 3500+ cancer survivors, a number that unfortunately, will only continue to grow every year. Yoga and mindfulness practices have been scientifically proven as beneficial to those living with a diagnosis of cancer. Medical doctors and treatment centers now recommend Yoga and mindfulness as a complementary practice for their patients.⁴ Be Well continues to be the only organization in North County San Diego (including the Fallbrook Regional Health District), which is offering a specifically tailored Yoga for Cancer Recovery Program led by teachers certified to work with the cancer population. This population not only has very specific needs both physically and mentally, many of them also are facing serious financial hardship due to their on-going cancer related expenses. Our Be Well classes are always donation-based or free in order to allow for our students to receive this much needed wellness services without any financial stresses. Scientific research continues to prove the benefits that yoga provides to all cancer patients including the following: strengthens the immune system, increases range of motion and flexibility, strengthens the spine, helps manage weight, helps manage pain, helps manage fear, anxiety and stress, and enhances body image. Extensive research has been conducted on the benefits of yoga for women with breast cancer which specifically includes reduced inflammation and improved mood issues and fatigue in breast cancer survivors.³

Furthermore, specific research on men with prostate cancer (the leading cause of cancer deaths in men) shows that men who took a yoga class twice a week during treatment reported less fatigue, fewer sexual side effects, and better urinary functioning than men who did not.⁵ For this reason, we strongly believe that a men's only class led by a male teacher would help to attract more of the 1500+ men currently undergoing cancer treatment or are cancer survivors in the FRHD region. Thanks to our generous 2019 FRHD grant funds, Be Well now proudly offers three weekly FREE Be Well Yoga for Cancer Recovery classes in Fallbrook and Bonsall. Two weekly classes are hosted at Sage Yoga Studios in Bonsall and Fallbrook and our bilingual Yoga for Cancer Recovery class, which began in November 2019, is hosted at the FRHD Wellness Center. Since funding last year, our classes have steadily grown from an average of 2-3 students per class to an average of 12-15 students per class. Our request includes the following:

1. The continuation of funding of our three weekly classes 2. Addition of a Be Well Yoga for Mens' Cancer Class, led by a male teacher and specifically adapted to the needs of men with cancer 3. Funds for the training of four new teachers (including two men) to ensure constant coverage of the classes.

Regularly attending Be Well Yoga for Cancer Recovery classes provides attendees with peace of mind, feelings of belonging, renewed hope, integrity, respect, strength, and courage. Expanding our classes to the male population will significantly increase our reach into the Fallbrook community.

Reference your supporting data below.:

1. Lifetime Risk of Developing or Dying From Cancer.

<https://www.cancer.org/cancer/cancer-basics/lifetime-probability-of-developing-or-dying-from-cancer.html>

2. Chandwani, K.D. et al. (2014, April 1) Randomized, Controlled Trial of Yoga in Women with Breast Cancer Undergoing Radiotherapy. *Journal of Clinical Oncology*, 32(10), 1058-1065.

3. Kiecolt-Glaser, J.K. et al. (2014, April 1) Yoga's Impact on Inflammation, Mood, and Fatigue in Breast Cancer Survivors: A Randomized Controlled Trial. *Journal of Clinical Oncology*, 32(10), 1040-1049.

4. Patel, M.D., S. (2018, February 2) Yoga for Cancer Recovery - Medical Considerations and Mind-Body Perspectives. The Chopra Center.

5. Yoga improves treatment-related symptoms in men with prostate cancer

<https://www.health.harvard.edu/blog/yoga-improves-treatment-related-symptoms-men-prostate-cancer-2017080411975>

Testimonials from FRHD residents participating in the Be Well Program:

"I would like to express my gratitude for your grant that lets me participate in the weekly Yoga for Cancer Recovery class. I'm finding that this gentle approach to yoga, with alternative positions and tools to help maintain postures, is helping me regain the strength and balance that I lost during my post-surgical therapies. Teacher Debbie Taylor has been wonderful at training class members to recognize the limits of our bodies and encouraging our progress." Margot Dokken

"This class is something I look forward to weekly. It helps to ground me and inspires me to continue on my own, on a daily basis. Debbie is a warm and caring person as well as a true example of what encouragement can do to validate each person in the class. The reiki has also come to be most rewarding for me." Jill Cole

"I want to thank you for supporting the yoga classes I have attended in Bonsall and Fallbrook, since my cancer diagnosis many months ago. I have given some thought about how I feel the Be Well Yoga for Cancer Survivors makes a big difference for me, other survivors and our families/supporters. Stress is the enemy of wellness and our bodies need deep breathing and relaxation to heal. Be Well yoga is designed by experts, so the classes are critical to stress reduction and healing. Essential oils, proven sound healing, deep breathing, energy, and muscle strengthening exercises combine to multiply our own body defenses for healing. Proof? My blood pressure averaged 146-168 for two years till the doctor put me on medicine. Now with relaxation and essential oils it is usually normal without drugs.

I can sleep more, with fewer nightmares. Walking into a room knowing everyone cares and has a similar experience, lessens my fears. I had an operation to cut out cancer in my bladder and then 6 weeks of immune treatments. My recent tests show no more cancer. And now I am able to help others with their new diagnosis by giving hope-filled encouragement. I have had a long life trying to improve the world and add compassion to lives. This includes working at KPBS for 10-years, directing the Wellness for Children Project in Monterey County 9-years, teaching at CSUMB for 8-years and co-founding CompassionateArts.org presently. I still have 3 years of treatments alternating with tests, but I feel with Be Well, that I have a team of loving support. It means a lot. It can mean the difference between giving up and dying, or sticking with healing modalities that increase my chances for 20 more years of health!" Sincerely, Kira Carrillo Corser

What other organizations within the community offer similar programs/ services that address this need?:

Be Well Therapy is the only organization within the FRHD region offering a Yoga for Cancer Recovery Program. In fact, we are the only wide spread program offering this service throughout San Diego County. We do partner with Michelle's Place in Temecula where two of our Be Well trained teachers are offering classes.

Program/Services Description

The Fallbrook Regional Health District has identified several health disparities that effect the long term health and well being of our community. The following questions address how your program addresses these concerns. :

Which one of the following categories best describes the primary goal and objectives of your program?:

Ancillary: Services that support our mission to promote health for the people of the District.

- Which of the following health disparities does the program address:**
- Behavioral & Mental Health (e.g., Anxiety, Depression, Substance Use,)
 - Cardiovascular health (e.g., High Cholesterol, Hypertension)
 - General Fitness

Describe how the program provides the service.:

Entering the Be Well program is simple and once a student and their caregivers become part of the Be Well family, they immediately begin to benefit from Yoga and mindfulness practices that are tailored to their specific needs. Cancer patients and their caregivers learn about our Be Well Program through various sources such as doctor/nurse referrals, flyers posted at medical centers, support groups, on-line, social media, referrals from friends, or through a hosting yoga studio. Entering the Be Well Program is simple. Students arrive at our classes and are asked to fill in a detailed intake form. This form allows the Be Well teacher and assistant to quickly learn what they need to know to keep each student safe and comfortable during class. The form also provides Be Well with all necessary data for tracking our students. Every class is led by a Be Well certified teacher and an assistant. Assistants are utilized as an extra safety measure, to help students with balance issues or requiring special propping due to various conditions, and to provide loving touch or Reiki energy during class (always with permission). What makes a Be Well class so unique is the training our teachers have received on how to appropriately and safely modify the yoga practice for individuals with cancer. Understanding the side effects of cancer treatment, the many physical limitations brought on by cancer surgeries, as well as the mental and emotional side effects of cancer ensures that our teachers are highly qualified to work with this special population. Our teachers offer multiple options for poses so students always feel safe, successful, and happy no matter what they are dealing with on a given day.

Our Be Well teachers stay in contact with their students via email, phone, and text messages. If a student is missing for more than two sessions, they are contacted to ensure all is well. If a student reports that they are unwell due to low immunity, then private sessions are arranged as needed. This extra attention and care are just one of the benefits our Be Well students experience. Students report feeling peace of mind, increased sense of worth, feelings of belonging, renewed hope, flexibility, integrity, respect, strength, better sleep, and courage. In 2020, we are implementing a Quarterly Student Survey which will provide us with more detailed data from our students on their progress since joining our program. These results will be shared with FRHD in our Quarterly Grant Reports.

While we love our statistics and hearing about new and exciting research on the benefits of yoga and mindfulness for cancer patients, we also know that the real "magic" that happens at our Be Well classes is in the COMMUNITY that our students feel the first time they arrive at class. Newly diagnosed students arrive seeking guidance and encouragement from those who have been on their same journey. Those who are long past treatment continue to attend to offer support and guidance. All feel a warm sense of welcome and belonging. So often cancer patients are sent off from their final treatment with a "congratulations, you can go back to your normal life again". A life with cancer is never normal, no matter how much time has passed. Fear, worry, PTSD, and lingering side effects are always present. Our Be Well classes offer a bridge to a "new normal", an instant family of others who are living with the same altered reality, and a place to learn to love and care for a body that feels violated and betrayed by life. It is this community of love and support that makes our work at Be Well so incredibly rewarding and hugely beneficial to all.

What is/are the program goal(s) and what are the objectives for each goal.:

Define goal #1 for this program :

To continue to grow attendance at our existing three weekly classes in the FRHD Region in our effort to have a greater and lasting impact on the lives of the many individuals living with cancer in the area as well as their support network and caregivers

Number of Objectives for this program:

3

- Objective 1:** To grow our existing three weekly classes from current average total attendance of 25 students per week to an average of 60 students per week.
- Objective 2:** To grow our 2021 program participants to our projection of 200 total public and private students.
- Objective 3:**

To utilize the Be Well Ambassador Program to raise awareness of the Be Well FHRD partnership by engaging in monthly site visits to local service organizations, medical facilities, support groups, etc. Program will also include monthly distribution of print materials (postcards and brochures) in both English and Spanish throughout the region.

Measuring Success for Goal #1: Goal 1 & 2 :

Attendance is taken at every single class including zip codes and will be tracked on a weekly, monthly, and quarterly basis. These metrics are reviewed by the Be Well CEO, CFO on a periodic basis in order to ensure the objectives are being exceeded. Performance against these objectives will also be reported and reviewed by Be Well's board of directors for additional feedback and to ensure the objectives are being exceeded.

Goal 3: Each Be Well Ambassador will be required to submit trip reports to summarize:

Date, time and location of event. Approximate number of attendees along with materials distributed and new contacts (new students, care professionals etc.)

Define goal #2 for this program if applicable.:

To extend Be Well Yoga and mindfulness classes to FRHD's male cancer survivor population with the addition of one weekly Men with Cancer Be Well class.

Number of Objectives for Goal #2 of this program:

3

Objective 1 for Goal #2: Train and certify two male teachers in Be Well's Yoga for Cancer program by October 5, 2020

Objective 2 for Goal #2: Establish one class per week focused on providing Be Well Yoga for cancer recovery for men by November 2020

Objective 3 for Goal #2: Achieve a minimum class attendance of ten male students per week by March 2021

Measuring Success for Goal #2:

Goal 1: Leading up to our training program, which begins in August, the number of male training prospects will be tracked on a monthly basis with a goal of having at least four candidates that are interested in the training leading to a minimum of two trainees signing up.

Goal 2: Three months prior to starting this training class, Be Well will actively promote and track interested male students to ensure awareness and in preparation to achieve our minimum

Goal 3: Attendance will be taken at every single class including zip codes and will be tracked on a weekly, monthly, and quarterly basis. These metrics are reviewed by the Be Well CEO, CFO on a periodic basis in order to ensure the objectives are being exceeded. Performance against these objectives will also be reported and reviewed by Be Well's board of directors for additional feedback and to ensure the objectives are being exceeded

Anticipated Acknowledgment

Acknowledgment: Be Well will acknowledge acceptance of the grant on our website, in our monthly newsletter, and on Facebook and Instagram. FRHD would be listed on our class schedule showing the 3 classes supported by the grant as "made possible in part by Fallbrook Regional Health District." The FRHD logo would also be listed on our community partners page of our website. Marketing materials and banners would include the FRHD logo and sponsor line of "This program made possible/in part by Fallbrook Regional Health District."

We strongly believe in the partnership created between Be Well and FRHD is mutually beneficial and received very positive feedback regarding our efforts acknowledging this partnership. We believe we can build on and improve our public acknowledgments if selected to continue this program.

Financial Reporting & Budget

Has your organization requested funding from FRHD for this program before?: Yes, requested and funded

Have grant funds awarded to your organization ever been withdrawn, reduced or discontinued?: No

Please list other grant funders that have been approached by your organization in the past 3 years, including FRHD. Include Name, Date, Amount Requested, Declined or Pending.:

FRHD - 2018, \$12,000, Declined
FRHD - 2019, \$23,714, Awarded
Sorooptimist - Vista, Carlsbad, Oceanside April 2019, \$23,000, declined
The Thursday Club, October 2019, \$26,000, Declined

Please list the fund raising events conducted by yourself or other organization(s) where proceeds have been designated to your organization as beneficiary of funds raised. Include Name, Date, Amount:

Be Well Annual Gala, October 2019, \$42,000
Brewga, June 2019, \$1000
Cleanse & Create, Jan 2020, \$1000
Facebook fundraisers, 2019 total, \$3,625

Describe your plan for maintenance/ continuation of the proposed program beyond the 2020-2021 fiscal year.:

Be Well will submit a grant application to CHC for funding in order to maintain the integrity of the four classes, allowing them to continue free of charge. Teachers, assistants, administrative fees and marketing would need continued monetary support. If necessary, we consider ourselves a partner in this community and Be Well would work to continue to seek local sponsorship and fundraising events to maintain our class numbers and schedules.

Describe what other funding sources will be used to support this program; include fees for services contracts or other revenue sources?:

This program will continue to be supported via our other funding sources - our Be Well Annual Gala, other fundraisers, and private and corporate donations. Classes that are not supported by grant funding are donation-based and those funds also contribute to the continued support of the classes.

Program Budget File: 2020_2021_FRHD_CHC_Program_Budget_Form_v01.xlsx

Attestation: • I certify that all information presented in or attached to this Application is complete and accurate

Payment

Scan

No matches were found

Approval

Requested Amount: \$20,444.00

***Recommended Amount:**

Prior Approved Grants:

Request Status: External

Contact

Salutation: Ms.

***First Name:** Mary

Middle Name:

***Last Name:** Baker

Title: CFO

Address: PO BOX 102

Address 2:

City: OCEANSIDE

State: California

Province:

Zip/Postal Code: 92049-0102

Country:

Telephone: 7605006238

Fax:

Email Address: mary@bewelltherapy.net

Contact Type:

Creation Date: 03/04/2020

Last Saved By: 1000000010573977

Last Saved Date: 12-MAR-20 02.46.24.158177 PM

Notes:

***Internal Use Only?:** N

Suffix: