

Community Collaborative for Health & Wellness

Agenda

Wednesday, November 18, 2020 | 10:30 am – 12:00 pm

Join Zoom Meeting:

<https://us04web.zoom.us/j/79200448845?pwd=R2NLSzczNmJpcS81MXdXaGFWUEhHUT09>

Meeting ID:792 0044 8845 | Password: zYTA8b

Welcome (3 min)

Janine Loescher, RD, CDE, CLE, Coordinator, [Fallbrook Smiles Project](#)

Mireya Banuelos, MPH, CHES®, Community Health Coordinator, [Fallbrook Regional Health District](#)

Introductions (15 min)

Please let us know your name, title, organization, and if you are a Health District grantee. Please also type this information in the chatbox.

Guided Meditation & Gentle Chair Yoga (15 min)

Heidi Borsch, CEO, [Be Well Therapy](#)

Working Activity (30 min)

[Healthy People 2020](#) Social Determinants of Health(SDoH)

Overview of the SDoH

- (1) Economic Stability
- (2) Education
- (3) Health and Health Care
- (4) Neighborhood and Built Environment
- (5) Social and Community Context

Please write a statement (to be shared in Jan. 2021) of how your current program(s) address the SDoH.

Announcements (15 min)

Please share if any events/updates are coming up within the month.

Closing-Next CCHW(2 min)

Wednesday, January 20, 2021

10:30 am – 12:00 pm

We will **not** meet in December.

Please send all announcements to Mireya Banuelos at mbanuelos@fallbrookhealth.org. A follow-up email is sent by the following Monday morning after the meeting.