



# 2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

**Organization Name** Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14223795)

**Person submitting the impact report** Patricia Sargent

**Ages:** List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served
Children (infants to 12)	
Young Adults (13-18)	
Adults (18-60)	4
Seniors (60+)	96
Unknown	

**Gender:** List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served
Female	63
Male	37
Non-binary	
Unknown	

**Income:** List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Income limits: 4 person family).

	Percentage served
Extremely Low-Income (ceiling of \$32,100)	
Very Low (50% Income (ceiling of \$53,500)	20
Low (80%) Income (ceiling of \$85,600)	70
Higher than listed limits	10
Unknown	

**How many District residents directly benefited (participant/client) from this program:** 31

**Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program:** 62

## **GOALS & OBJECTIVES**

**Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

For Door Through Door Program:

In Q2 of this 2020-2021 reporting year, we had 31 clients participate in our Door-Through-Door program, including 9 who were new clients with the Foundation. COVID-19 and the Stay-at-Home Orders have reduced the volume of clients we might otherwise see. Clients we are seeing now are often more complex since their hospitalizations are typically emergent and their needs more extensive. Even with the reduction of clients, we are currently tracking at about 82% of our quarterly target, or 89% of our FYTD targeted number of clients.

**Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.**

Total Client Served: 31

Total Services and Activities Provided: 200

Medical or Social services consultations and/or referrals:

- Dementia – 7
- Diabetes - 1
- Obesity – 1
- Falls – 10
- Food – 5
- Housing Assistance – 4
- Hospital Palomar – 7
- Hospital Temecula – 10
- Hospital Tri-City – 1
- Hospital Other – 28
- VA - 8
- Home Health – 4
- Skilled Nursing Fallbrook – 3
- Skilled Nursing – 27
- Hospice Care – 8
- IHSS – 3
- APS – 4
- NCFPD Fire – 7
- Caregiver – 15

Legal and Financial Services:

- Medi-Cal – 4
- Insurance – 1
- Financial – 1
- Legal – 2
- Social Security – 1

Other Services:

- Transportation – 11
- Other – 27

## PARTICIPANT SUCCESS STORY

### Participant Success Story:

A Case Manager from a San Diego-based hospital contacted the Foundation regarding a Fallbrook resident being discharged. The individual has a history of untreated mental health challenges. Before being released from the hospital, the Case Manager and Foundation Door-through-Door Coordinator worked together to identify unmet needs and develop solutions. Our goal was to ensure a smooth transition into the home upon arrival. Before coming home from the hospital, the Door-through-Door Coordinator had put meal delivery in place and spoke with the mental health practitioner to arrange for weekly telehealth and monthly medication-checkup appointments. We received permission from the client to speak with family, friends, and neighbors to uphold safety, communication, and a sense of belonging. When the client finally arrived home, the Door-through-Door Coordinator met with them and the family. We were able to focus directly on the needs of the individual and ensure a stress-free transition. Now, each week when the client receives their meal delivery, we get a personal thank you call from the client, grateful for the help that has made all the difference.

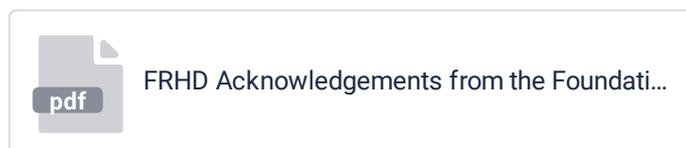
Without the support of the Fallbrook Regional Health District and The Foundation for Senior Care, local citizens like this would most likely be discharged from a hospital to a home situation that would not support their physical, mental or social well-being. So many residents do not have the appropriate support mechanisms or awareness of the issues that led to the cause of hospitalization or the requirements of appropriate ongoing care upon their discharge. Our support of local residents, in coordination with many area hospitals and other agencies, makes all the difference in the lives of these seniors and their families, reducing the churn of hospital readmissions. FRHD supports the Foundation so that we can support the seniors through programs such as our Door Through Door program. Thank you!

## ACKNOWLEDGEMENT

**Please describe how the Fallbrook Regional Health District's investment in this program was acknowledged during this reporting timeframe.**

The FHRD logo is on one of our Care Vans. We include the FRHD logo & support statement on each of our staff's email signatures. We have a "Thank you" banner, acknowledging FHRD, on the fence in front of our campus. Our services brochure acknowledges the generous support of FRHD and uses their logo. We thank FRHD as a generous top supporter on our website, up-front and center. We promote the District's events and messages through our social media posts, as well as posts thanking the District. See attached.

**Acknowledgment example: please upload an example of one method in which the District was acknowledged.**



## BUDGET

**Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.**



**Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.**

We anticipated hiring an additional Senior Advocacy Supervisor this year to take on the Administration and additional Advocacy responsibilities for a growing program. However, due to the COVID reduction in anticipated client volume and home visits, we were not able to hire that resource. Therefore, the actual Program salary expense across the Senior Care Advocacy, Door Through Door Program, and the newer Seniors & Disabled Adults Nutrition Program is less than budgeted. Our existing Senior Care Advocates have worked hard to try to cover all 3 programs.

**Please sign your form:**

*Patty Bargent*

# FRHD Acknowledgements from the Foundation for Senior Care Q2 2020-2021

## Care Van Acknowledgement



## Email Signature & Logo Acknowledgement

All Foundation for Senior Care staff use this signature block, which includes our acknowledgement of FRHD.



**Patty Sargent** *Executive Director*



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**Website:** [www.foundationforseniorcare.org](http://www.foundationforseniorcare.org)

**Address:** 135 S. Mission Rd., Fallbrook, CA 92028

The mission of the Foundation for Senior Care is to provide programs and resources enabling seniors to enhance their well-being and offer them a more meaningful life. Nonprofit tax designation ID# 95-3389263

Grant funding for programming is generously supported by the



# Program Brochure FRHD Logo & Official Sponsor Language

**OUR AREA OF SERVICE**

De Luz Heights  
Rainbow  
Fallbrook  
Bonsall

- FALLBROOK
- BONSCALL
- RAINBOW

\*ASK ABOUT OUR EXPANDED RIDES FOR MEDICAL APPOINTMENTS OUT OF AREA

**FALLBROOK CHAMBER OF COMMERCE**  
2019  
**Non-Profit of the Year**  
AWARD  
Foundation for Senior Care

**OUR SUPPORTERS**

**Fallbrook Regional HEALTH DISTRICT**

**LEGACY ENDOWMENT**  
Your pathway to community giving

**VOLUNTEERS NEEDED**  
HELP SERVE OUR MISSION

**GIVING Heart**

The Foundation for Senior Care is a 501(c)(3) Non-Profit public charity that relies on donor support. Tax ID#95-3389263

**FOUNDATION FOR Senior Care**

**SENIOR RESOURCES FROM A TO Z**

- TRANSPORTATION
- ADVOCACY
- ADULT DAY CARE
- EDUCATION

**VISIT US!**

135 S. Mission Road  
Fallbrook, CA 92028

**760-723-7570**  
[WWW.FOUNDATIONFORSENIORCARE.ORG](http://WWW.FOUNDATIONFORSENIORCARE.ORG)

**SERVING OUR COMMUNITY SINCE 1979**

## Building Entrance “Thank You” Banner

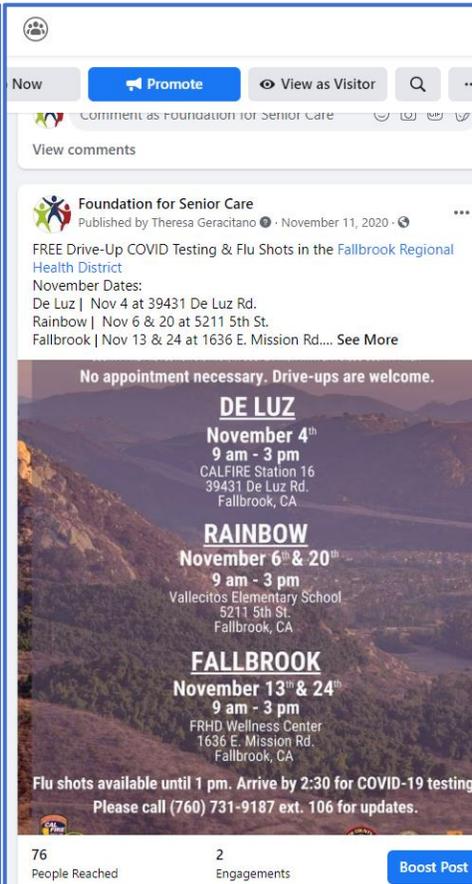
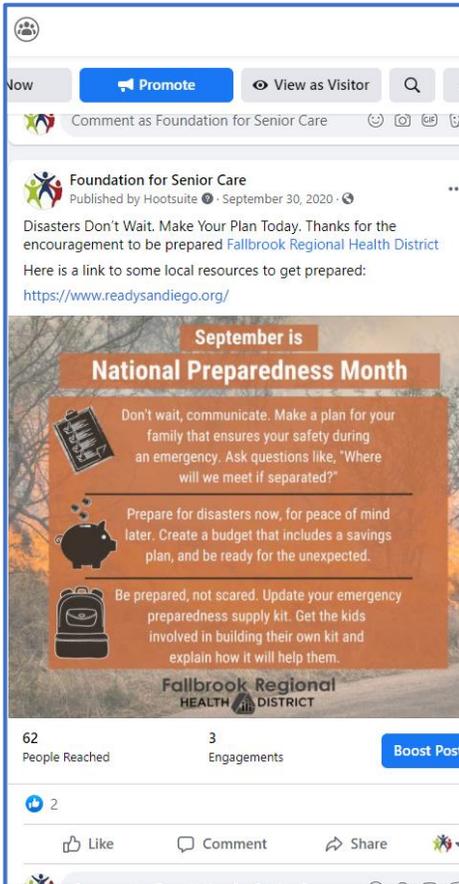


# Website & Promotional E-Mails Acknowledgement



# Sampling of Social Media Posts

## Facebook



Now Promote View as Visitor Q

**Foundation for Senior Care**  
Published by Hootsuite · September 30, 2020

If you are a caregiver you are just an angel! It is no easy thing to be a caregiver, and you need to take care of yourself! Consider being a part of a 5 week long virtual Caregiver Support Group through Hospice of the Valleys. Call 951-200-7800 to register.  
This program is available through a grant from the Fallbrook Regional Health District

## Hospice of the Valleys Caregiver Support Group

Do you live in the Fallbrook area and are a caregiver for a loved one? This group will address the stresses of being a caregiver and offer suggestions for your own self-care in a supportive, sharing environment. This five week group for caregivers will be held virtually on Zoom, and both pre-registration and pre-screening are required prior to joining the group. The group is free and sponsored by the generous donation of Fallbrook Regional Health District.

**FIVE CONSECUTIVE THURSDAYS**  
 October 8 • 2:00-3:00 p.m.  
 October 15 • 2:00-3:00 p.m.  
 October 22 • 2:00-3:00 p.m.  
 October 29 • 2:00-3:00 p.m.  
 November 5 • 2:00-3:00 p.m.

Now Promote View as Visitor Q ...

**Foundation for Senior Care**  
Published by Theresa Geracitano · November 14, 2020

Can you believe it? 1 in 10 Americans are unaware that they have diabetes! Thank you Fallbrook Regional Health District for supporting American Diabetes Month.

## NOVEMBER IS AMERICAN DIABETES MONTH

Diabetes affects nearly 1 in every 10 Americans. 1 in 5 of those Americans are unaware that they have the disease.

Symptoms can present themselves in the form of increased thirst, constant hunger, blurred vision, tingling in hands, and sudden weight loss.

Take steps today to prevent type 2 diabetes. You can take preventative measures by eating healthy, watching your weight, exercising regularly, and getting regular check-ups with your healthcare provider.

Fallbrook Regional Health District

87 People Reached    4 Engagements    Boost Post

3    Like    Comment    Share

Comment as Foundation for Senior Care

Now Promote View as Visitor Q ...

**Foundation for Senior Care**  
Published by Theresa Geracitano · November 17, 2020

November is National Hospice and Palliative Care Month. While we may know what Hospice is about, Palliative Care can be very helpful for those struggling with a life-threatening illness. Thank you Fallbrook Regional Health District for the awareness!

## NATIONAL HOSPICE AND PALLIATIVE CARE MONTH

What is the difference between hospice and palliative care?

Palliative care improves quality of life for individuals facing life threatening illnesses; whereas hospice care focuses on helping individuals and their families make end-of-life decisions.

When a loved one is dying, they typically require an estimated 54 hours per week of care. That is where hospice and palliative care resources make all the difference.

Fallbrook Regional Health District

95 People Reached    6 Engagements    Boost Post

3    Like    Comment    Share

Now Promote View as Visitor Q ...

**Foundation for Senior Care**  
Published by Theresa Geracitano · December 17, 2020 at 2:44 PM

Concerned about COVID and getting together with family? Fallbrook Regional Health District has free COVID testing as well as free flu shots.

## FREE COVID-19 TESTING + FREE FLU SHOTS

OFFERED BY CAL FIRE/SAN DIEGO COUNTY FIRE, FALLBROOK REGIONAL HEALTH DISTRICT, AND NORTH COUNTY FIRE PROTECTION DISTRICT, IN COOPERATION WITH SAN DIEGO COUNTY HHSA

Appointments are recommended.  
Registration opens 5 days prior to testing date.  
Schedule an appointment by calling 211 or visiting 211SanDiego.org

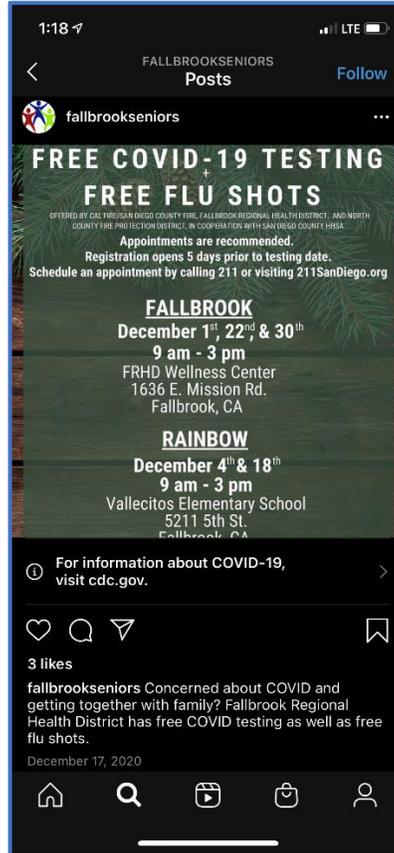
**FALLBROOK**  
December 1<sup>st</sup>, 22<sup>nd</sup>, & 30<sup>th</sup>  
9 am - 3 pm  
FRHD Wellness Center  
1636 E. Mission Rd.  
Fallbrook, CA

**RAINBOW**  
December 4<sup>th</sup> & 18<sup>th</sup>  
9 am - 3 pm  
Vallecitos Elementary School  
5211 5th St.  
Fallbrook, CA

334 People Reached    19 Engagements    Boost Post

2    Like    Comment    Share    3 Shares

Instagram:



Twitter

