



2020-2021 COMMUNITY HEALTH CONTRACT (CHC) GRANT IMPACT REPORT

Organization Name Fallbrook Healthcare Foundation dba Foundation for Senior Care (#14223795)

Person submitting the impact report Patricia Sargent

Ages: List the percentages of your program participants' ages who received services during this reporting time frame.

	Percentage served
Children (infants to 12)	
Young Adults (13-18)	
Adults (18-60)	5
Seniors (60+)	95
Unknown	

Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.

	Percentage served
Female	63
Male	37
Non-binary	
Unknown	

Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Income limits: 4 person family).

	Percentage served
Extremely Low-Income (ceiling of \$32,100)	
Very Low (50% Income (ceiling of \$53,500)	20
Low (80%) Income (ceiling of \$85,600)	70
Higher than listed limits	10
Unknown	

How many District residents directly benefited (participant/client) from this program: 19

Approximately how many residents received an indirectly benefit (# of those benefiting from the participant receiving the service) from this program: 57

GOALS & OBJECTIVES

Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

For: Adult Day Care Grant (Updated Submission)

Although attendance has been reduced due to fears of exposure to COVID-19, our Day Care has continued to remain open and serving our seniors for most days during this reporting period. We averaged 4 scholarship clients per month during this reporting period. In October and November, we exceeded our minimum goal with 5 scholarships each month. In December, we had only 2 scholarship clients attend. We provided a total of 66 respite days for these scholarship clients.

The reduction in clients for December was partially because we had several cases of COVID-19 amongst our Advocacy staff and Board members in late November/early December. Although these resources did not work in the Day Care area, we used extreme caution and closed our facilities, including the Adult Day Care, for a 2-week period from Nov 23rd – Dec 4th. Additionally, we had to close our Day Care for 3 Fridays in December when our Day Care Administrator, who covers as a Friday Day Care Caregiver, was out of the office caring for parents with COVID-19 and using caution about her own exposure to it. Although we adhere to stringent cleaning and disinfecting procedures, our Day Care families were anxious about returning after learning that COVID had hit so close to “home”. Even so, we were able to provide a total of 66 scholarship days during this challenging reporting period.

Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

We did conduct a family caregiver survey in October. The most prevalent responses expressed by our family caregivers were:

- Most are experiencing financial concerns related to caregiving
- All caregivers feel as though they have a strong support system - every caregiver says we play a huge role in their support system. Our families are so thankful for the services we provide and express it often!
- Caregivers do not feel guilty asking for caregiving help
- Most of them have experienced weight gain

We regularly offer support and education to our clients’ family caregivers. Our Day Care Coordinator often meets with family caregivers to discuss their challenges and offer support or advice, as needed. We send out educational material as we receive or identify pertinent information that may be helpful to them. For example, when we receive applicable Provider Information Notices (PINs) from Community Care Licensing, such as at-home safety practices for COVID-19, we forward pertinent parts of that material to our clients’ families to keep them informed on best practices. This fall we also conducted two Senior Webinars, both hosted by Dr. Diane Darby Beach, a noted Gerontologist, called “Communicating and Dementia” and “Planning for the Holidays”. Our clients’ families are encouraged to attend these educational opportunities.

PARTICIPANT SUCCESS STORY

Participant Success Story:

Our Adult Day Care, known affectionately to our clients as “The Club”, is known and differentiated by the care and personal touch we give. We have been told by our clients that they love coming to The Club because this is where their friends are. On sunny days, as we take them outside in our private courtyard, we can hear them singing fun songs and giggling. Their days at The Club are fun, stimulating, and meaningful.

Just after Christmas this year, our clients spent a week preparing for a special New Year’s Eve party. They were making fun, sparkly table decorations, creating a menu, and planning activities. Our Caregivers prepared a special lunch and some festive snacks - chicken and rice, fresh fruit, salad, banana pudding, candy, and sparkling apple pear cider which was served in plastic champagne flutes. Our clients even helped with food preparation, with some reading recipes and others measuring ingredients...working collaboratively with each other to accomplish the task. At 12:00pm (noon) balloons dropped, noise makers sounded, and lunch was served, closing out the year! It was a very fun celebration for all. We had many thankful comments that day by clients (and their families) who truly enjoyed celebrating the special occasion.

Special moments like this, along with birthday and other holiday celebrations, give our clients something to look forward to as they come in each day. They initially come to The Club to give families much needed respite from care giving, but they continue to come because of the fun and absolutely critical socialization that The Club provides. These special events that we incorporate into our program at every opportunity provide mental stimulation, social interaction, and physical movement for our clients, and make life a bit easier for their family caregivers when they return home from a fun day. This involvement contributes to better outcomes and a more satisfying life, helping us to fulfill our mission with these seniors...a mission to “enhance their well-being and give them a more meaningful life”.

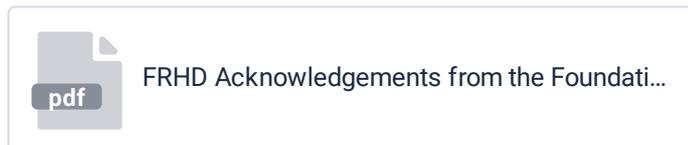
Our ability to serve our seniors, including those low-income scholarship clients who could not otherwise attend, are made possible by the continuing financial and community support of the Fallbrook Regional Healthcare District. We are proud to make a difference in our seniors lives and consider it an honor every day! Thank you for your incredible support, Fallbrook Regional Health District!

ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District’s investment in this program was acknowledged during this reporting timeframe.

The FHRD log is on one of our Care Vans. We include the FRHD logo& support statement on each of our staff’s email signatures. We have a "Thank you" banner, acknowledging FHRD, on the fence in front of our campus. Our services brochure acknowledges the generous support of FRHD, and uses their logo. We thank FRHD as a generous supporter on our website, up-front and center. We promote the District’s support events and messages through our social media posts, as well as posted thanking the District. See attached for examples.

Acknowledgment example: please upload an example of one method in which the District was acknowledged.



BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

Please note that this submission is an updated version. Please disregard the submission from earlier today.

During Q4 we were faced with many COVID-19 related challenges. Our Adult Day Care was closed for 15 business days. Of those days, 3 were for holidays and 12 days were related to COVID19 related shut-downs or staff shortages. This caused a reduction in income, but very minimal difference in expense.

Additionally, because of the scare of COVID19 and the continuing Stay-at-Home Order, many Day Care clients have not returned, or they come only occasionally. We continue to remind them of our safety and disinfection practices, and we take considerable care to provide social distancing among clients, as best as possible, but we look forward to the day when our clients' families will once again feel comfortable with sending their loved ones to The Club. Because of the limited enrollment, we were not able to hire the 2 additional part-time Activities Assistants that we had anticipated needing this FY.

Please sign your form:

Patty Bargeant

FRHD Acknowledgements from the Foundation for Senior Care Q2 2020-2021

Care Van Acknowledgement



Email Signature & Logo Acknowledgement

All Foundation for Senior Care staff use this signature block, which includes our acknowledgement of FRHD.



Patty Sargent *Executive Director*



Office: (760) 723-7570 x104 **Fax:** (760) 723-0358

Email: psargent@foundationforseniorcare.org

Website: www.foundationforseniorcare.org

Address: 135 S. Mission Rd., Fallbrook, CA 92028

The mission of the Foundation for Senior Care is to provide programs and resources enabling seniors to enhance their well-being and offer them a more meaningful life. Nonprofit tax designation ID# 95-3389263

Grant funding for programming is generously supported by the



Program Brochure FRHD Logo & Official Sponsor Language

OUR AREA OF SERVICE

De Luz Heights
Rainbow
Fallbrook
Bonsall

- FALLBROOK
- BONSCALL
- RAINBOW

*ASK ABOUT OUR EXPANDED RIDES FOR MEDICAL APPOINTMENTS OUT OF AREA

FALLBROOK CHAMBER OF COMMERCE
2019
Non-Profit of the Year
AWARD
Foundation for Senior Care

OUR SUPPORTERS

Fallbrook Regional HEALTH DISTRICT

LEGACY ENDOWMENT
Your pathway to community giving

VOLUNTEERS NEEDED
HELP SERVE OUR MISSION

FOUNDATIONAL FOR SENIOR CARE

The Foundation for Senior Care is a 501(c)3 Non-Profit public charity that relies on donor support. Tax ID#95-3389263

VISIT US!
135 S. Mission Road
Fallbrook, CA 92028
760-723-7570
WWW.FOUNDATIONFORSENIORCARE.ORG

FOUNDATION FOR Senior Care

SENIOR RESOURCES FROM A TO Z

- TRANSPORTATION
- ADVOCACY
- ADULT DAY CARE
- EDUCATION

SERVING OUR COMMUNITY SINCE 1979

Building Entrance “Thank You” Banner

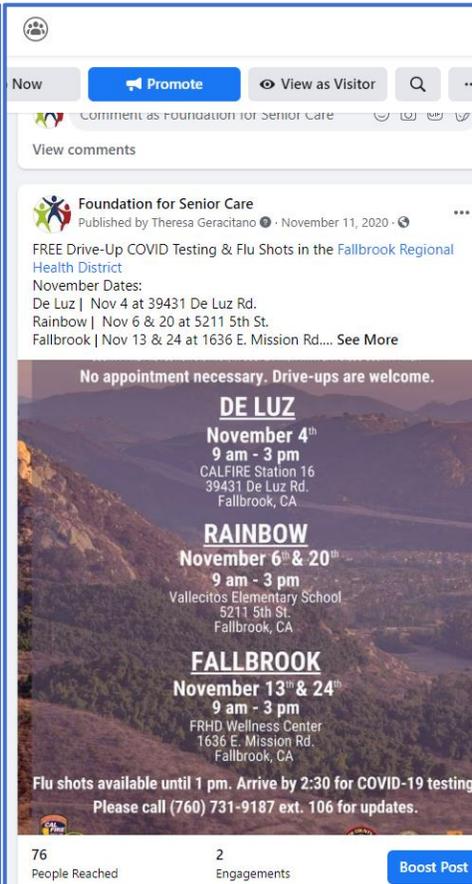
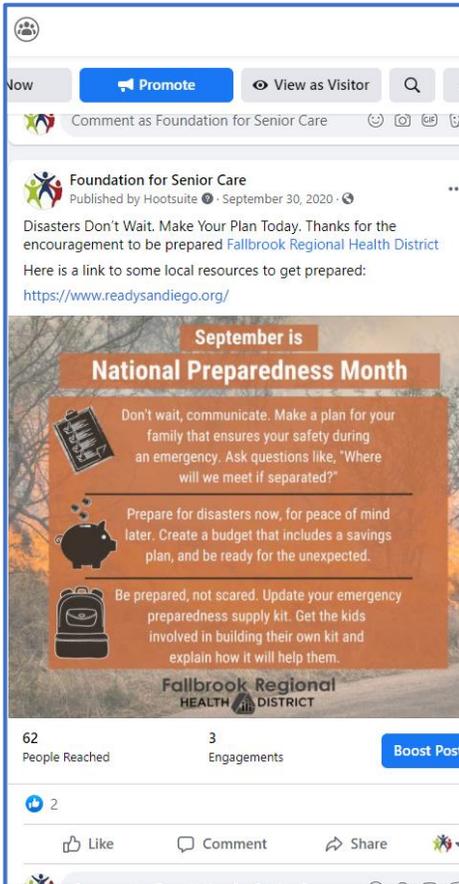


Website & Promotional E-Mails Acknowledgement



Sampling of Social Media Posts

Facebook



Now Promote View as Visitor Q

Foundation for Senior Care
Published by Hootsuite · September 30, 2020 ·

If you are a caregiver you are just an angel! It is no easy thing to be a caregiver, and you need to take care of yourself! Consider being a part of a 5 week long virtual Caregiver Support Group through Hospice of the Valleys. Call 951-200-7800 to register.
This program is available through a grant from the Fallbrook Regional Health District

Hospice of the Valleys Caregiver Support Group

Do you live in the Fallbrook area and are a caregiver for a loved one? This group will address the stresses of being a caregiver and offer suggestions for your own self-care in a supportive, sharing environment. This five week group for caregivers will be held virtually on Zoom, and both pre-registration and pre-screening are required prior to joining the group. The group is free and sponsored by the generous donation of Fallbrook Regional Health District.

FIVE CONSECUTIVE THURSDAYS
 October 8 • 2:00-3:00 p.m.
 October 15 • 2:00-3:00 p.m.
 October 22 • 2:00-3:00 p.m.
 October 29 • 2:00-3:00 p.m.
 November 5 • 2:00-3:00 p.m.

Now Promote View as Visitor Q ...

Foundation for Senior Care
Published by Theresa Geracitano · November 14, 2020 ·

Can you believe it? 1 in 10 Americans are unaware that they have diabetes! Thank you Fallbrook Regional Health District for supporting American Diabetes Month.

NOVEMBER IS AMERICAN DIABETES MONTH

Diabetes affects nearly 1 in every 10 Americans. 1 in 5 of those Americans are unaware that they have the disease.

Symptoms can present themselves in the form of increased thirst, constant hunger, blurred vision, tingling in hands, and sudden weight loss.

Take steps today to prevent type 2 diabetes. You can take preventative measures by eating healthy, watching your weight, exercising regularly, and getting regular check-ups with your healthcare provider.

Fallbrook Regional Health District

87 People Reached 4 Engagements Boost Post

3

Like Comment Share ...

Comment as Foundation for Senior Care ...

Now Promote View as Visitor Q ...

Comment as Foundation for Senior Care ...

Foundation for Senior Care
Published by Theresa Geracitano · November 17, 2020 ·

November is National Hospice and Palliative Care Month. While we may know what Hospice is about, Palliative Care can be very helpful for those struggling with a life-threatening illness. Thank you Fallbrook Regional Health District for the awareness!

NATIONAL HOSPICE AND PALLIATIVE CARE MONTH

What is the difference between hospice and palliative care?

Palliative care improves quality of life for individuals facing life threatening illnesses; whereas hospice care focuses on helping individuals and their families make end-of-life decisions.

When a loved one is dying, they typically require an estimated 54 hours per week of care. That is where hospice and palliative care resources make all the difference.

Fallbrook Regional Health District

95 People Reached 6 Engagements Boost Post

3 1 Share

Like Comment Share ...

Now Promote View as Visitor Q ...

Foundation for Senior Care
Published by Theresa Geracitano · December 17, 2020 at 2:44 PM ·

Concerned about COVID and getting together with family? Fallbrook Regional Health District has free COVID testing as well as free flu shots.

FREE COVID-19 TESTING + FREE FLU SHOTS

OFFERED BY CAL FIRE/SAN DIEGO COUNTY FIRE, FALLBROOK REGIONAL HEALTH DISTRICT, AND NORTH COUNTY FIRE PROTECTION DISTRICT, IN COOPERATION WITH SAN DIEGO COUNTY HHSA

Appointments are recommended.
Registration opens 5 days prior to testing date.
Schedule an appointment by calling 211 or visiting 211SanDiego.org

FALLBROOK
December 1st, 22nd, & 30th
9 am - 3 pm
FRHD Wellness Center
1636 E. Mission Rd.
Fallbrook, CA

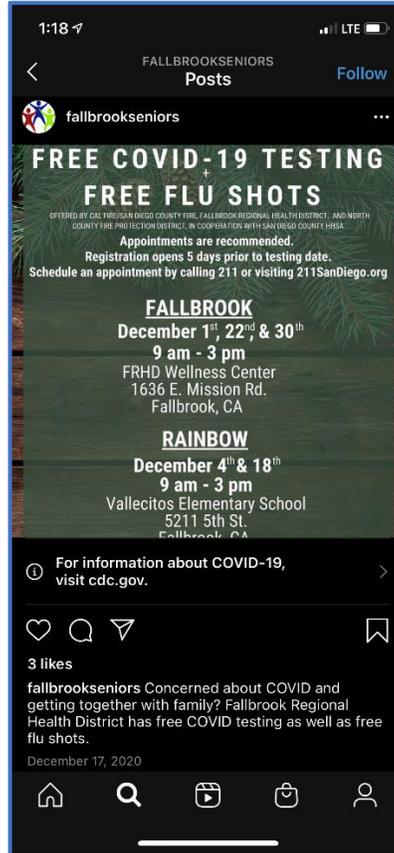
RAINBOW
December 4th & 18th
9 am - 3 pm
Vallecitos Elementary School
5211 5th St.
Fallbrook, CA

334 People Reached 19 Engagements Boost Post

2 3 Shares

Like Comment Share ...

Instagram:



Twitter

