



2021-2022 COMMUNITY HEALTH CONTRACT (CHC) Q2 GRANT IMPACT REPORT

Organization Name Fallbrook Senior Citizens Service Club

Program Name Congregate Meal Program

Person submitting the impact report Susie Gonsalves Director

Ages: List the percentages of your program participants' ages who received services during this reporting time frame.

| | Percentage served | Total Number Served |
|--------------------------|-------------------|---------------------|
| Children (infants to 12) | | |
| Young Adults (13-18) | | |
| Adults (18-60) | 9 | |
| Seniors (60+) | 91 | |
| Unknown | | |

Gender: List the percentages of your program participants' gender identification who received services during this reporting time frame.

| | Percentage served | Total Number Served |
|------------|-------------------|---------------------|
| Female | 56 | |
| Male | 44 | |
| Non-binary | | |
| Unknown | | |

Income: List the percentages of your program participants' income limit category of those who received services during this reporting timeframe (2019 HUD – AMI Incomelimits:4person family).

| | Percentage Served | Total Number Served |
|---|-------------------|---------------------|
| Extremely Low-Income (ceiling of \$32,100) | | |
| Very Low (50%0 Income (ceiling of \$53,500) | | |
| Low (80%) Income (ceiling of \$85,600) | | |
| | | |

| | Percentage Served | Total Number Served |
|---------------------------|-------------------|---------------------|
| Higher than listed limits | | |
| Unknown | 100 | |

How many District residents directly benefited (participant/client) from this program: 152

GOALS & OBJECTIVES

Goal 1 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

Goal 1 Statement: The primary goal of the Congregate Meal Program is to alleviate food insecurity by providing hot, freshly prepared nutritious meals daily to as many seniors as possible in the greater Fallbrook area, who otherwise would not have regular access to such meals.

To meet the stated goal, The Fallbrook Senior Center has provided approximately 30 meals each day, five days a week, at no cost to seniors (60+), in a Congregate setting to encourage socialization. Meals provided were substantial, hot and nutritious, meeting the strict dietary guidelines established by the San Diego County AIS and based on the specific nutritional needs of seniors. Menu plans, food preparation, and meal service successfully passed all the San Diego County inspections conducted during the 2nd quarter thus ensuring that all clients served received one third of their daily nutritional needs. During the second quarter we served 2,245 meals to seniors and 152 residents of the Health District directly benefited from the Congregate Meal Program

Goal 2 & Objectives: From your application, please provide your measurable outcomes for each of your stated objectives.

N/A

PARTICIPANT SUCCESS STORY

Participant Success Story:

The lunch program helps me in at least 2 major ways:

1. Balanced nutritional meals to maintain health
2. Companionable conversation to keep our emotional lives stable. Plus-the sharing of news items to keep us up to date and aware

Nancy C.

Thank you so much for the food and drinks. This is my only meal for the day. I can't afford any more food for me. This is a blessing. Thank you so much.

Anonymous

Your service is greatly appreciated. Great servants, tasty food, satisfying.

Charles H.

Participant Success Story:



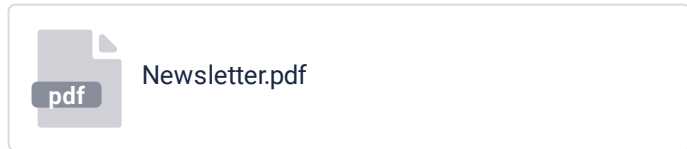
ACKNOWLEDGEMENT

Please describe how the Fallbrook Regional Health District’s investment in this program was acknowledged during this reporting timeframe.

The Fallbrook Regional Health District logo is listed under our Supporters and Partnerships category in our monthly newsletter, The Senior Center Chronicle. The FRHD logo is also on our monthly menu page. The senior Center Chronicle is distributed to close to 400 members every month. We also handed out the Chronicle at our Special Events: Holiday movie at the Mission Theater, Calendar Girl movie at the Mission Theater and International Film night. That was an additional 100 Chronicles distributed. Total outreach for the 2nd quarter was 1300 newsletters distributed.

The FRHD logo is also prominently displayed on our website under About Us - Supporters

Acknowledgment example: please upload an example of one method in which the District was acknowledged.



BUDGET

Please upload a copy of the program budget you submitted with the application, with an additional column demonstrating the current utilization of grant funds.



Please explain any significant differences in budget or services during this quarter. What if any changes were made to address programming challenges.

There were no significant differences in the budget or the services that we provided during this quarter.

Please sign your form:

A handwritten signature in black ink, appearing to be 'Susan' followed by a stylized flourish.