

**FALLBROOK REGIONAL HEALTH DISTRICT  
REGULAR BOARD MEETING  
Wednesday, April 12, 2017, 6:00 p.m.  
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

**MINUTES**

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

President Tinker called the meeting to order at 6:02 p.m. and led the Pledge of Allegiance.  
Present: Directors Salmon, Tinker, Mroz and Leach  
Also present: Legal Counsel Blaise Jackson and Executive Director Bobbi Palmer.

**B. ADDITIONS TO AGENDA**

None

**C. BOARD MEMBER AND PUBLIC COMMENTS – 6:15pm to 7:30pm**

President Tinker welcomed all present to the Town Hall portion of the meeting. He reviewed actions taken by the District in the past year which focused on working collaboratively with other organizations in the community to provide health & wellness services. Some of the actions include the following: Hired a new Executive Director Bobbi Palmer; Revised the Mission Statement to “promoting health for the people of the District; Hired CentraForce to do a health data collection study to determine health disparities in our District. Results indicated our District has higher rates of Diabetes, Pre-diabetes, Hypertension, Heart Disease, and Behavioral Health than in other areas of the County. In addition, the grant program has been redesigned to a Community Health Contract with the intent of meeting some of these health needs through issuing Community Health Contracts to those organizations who will address these needs. There is a new Advisory Committee meeting prior to each Board meeting. A Joint Powers Agreement was signed with North County Fire Protection District to address the common interest of emergency medical services. Discussions are ongoing regarding a pilot EMS community health navigation system (in conjunction with the Foundation for Senior Care) recognizing significant gaps in the current system. This would be based on a first responder model that has been tested in other communities.

Executive Director Bobbi Palmer introduced the Advisory Committee and thanked them for their input regarding a direction for the District. She said Food is Medicine, Exercise is Medicine and Prevent the Preventable are all representative of our new direction. We now focus on health, wellness and prevention.

Attendees had been asked to complete a Request to Speak Form if they wanted to address the Board of Directors. Each speaker was asked to limit their comments to no more than five minutes. President Tinker noted that questions would be responded to at the next Town Hall/Board meeting on May 10<sup>th</sup>. Mrs. Sandra Buckingham addressed the Board about using the facility to promote preventive care. Ms. Miryam Padilla spoke to the board about the need for treatment and prevention of alcohol and drug abuse in the community. Vi Dupre asked the board to consider mental health uses for the old hospital facility. Mr. John Watson stressed the importance and value of a senior wellness/cardio fitness facility. Mr. Roger Milner expressed concerns about District expenditures and health care purposes. Mr. Keith Jameson asked to Board to consider the importance of the facility economically, recalling that the hospital was the second largest employer in town before it closed.

**D. PRESENTATIONS**

- D1. "23 and 1/2 hours: What is the single best thing we can do for our health?" YouTube video  
In this YouTube video, Dr. Mike Evans illustrates that ½ hour of exercise per day is the single best thing we can do for our health.
- D2. Total Health Environment – Health and Wellness Center  
The Total Health Environment and Golden State Construction, Inc. have built wellness centers in Southern California and were present to discuss building or remodeling that focuses on the patient/person receiving services.

**E. CONSENT ITEMS**

- E1. Minutes of February 28, 2017 Special Workshop
- E2. Minutes of March 1, 2017 Finance Committee Meeting
- E3. Minutes of March 8, 2017 Regular Board Meeting
- E4. Minutes of March 23, 2017 Special Board Meeting
- E5. Approval of February 2017 Financial Statements
- E6. Amended Conflict of Interest Code—New District Name
- E7. Commercial Real Estate Brokerage/Land Use Consulting Services—Moosa Agreement  
**Action:** It was moved by Director Salmon, seconded by Director Mroz to approve the Consent Items. Motion carried (4-0).

**F. REPORTS**

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz  
Committee Chair Barbara Mroz presented the Finance Committee report for the April 5<sup>th</sup> meeting. An overview of the financial statements for February 2017 found them to be in order. The outstanding variance in payments was due to distribution of the community health contracts. The LAIF account balance was \$1,445,721.62 and the Cal Trust account balance was \$4,234,218.84. The profit and loss, actual vs. budget, reflected the District was under budget, with administrative costs down by \$54,060.00. The Finance Committee recommended that the Board of Directors consider allocating additional funding for Community Health Contracts in the fiscal year 2017-2018.
- F2. Gov't/Public Relation/Community Relations Committee – Directors Salmon and Tinker  
Committee Chair Howard Salmon reported that he and Executive Director Bobbi Palmer had attended the recent ACHD Legislative Day seminar in Sacramento. He said he met with Assembly Member Cecilia Aguiar-Curry who serves as Chair of the Assembly Local Government Committee. He said the Little Hoover Commission will be meeting again at a yet to be determined date to further consider special districts. He said all health districts want to assure that health services will continue to be available to the residents of the districts and are monitoring the repeal and replacement of the Affordable Care Act.
- F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon  
President Tinker reported that the Facilities Committee had met this week and will continue discussions at an upcoming workshop.
- F4. Executive Director – Bobbi Palmer  
Bobbi Palmer said she and Director Salmon had attended the ACHD Legislative Day on April 3<sup>rd</sup> in Sacramento and met with local legislators, noting the importance of keeping them informed regarding the role and relevance of the District. They both also attended the Stanford Health Promotion Network Annual Summit in March with Director Leach.
- F5. General Counsel – Blaise Jackson  
Legal Counsel said he would defer his comments to Discussion/Action Items

**G. DISCUSSION/ACTION ITEMS**

G1. Second Review – Revised Bylaws for District (name change)

**Discussion:** The Bylaws had been revised regarding the name change and committee structure and presented to the Board for a first read at a prior meeting. Director Salmon had recommended some changes/additions and those were included in this presentation.

**Action:** It was moved by Director Salmon, seconded by Director Mroz to approve the Revised Bylaws as presented. Motion carried. (4-0)

**H. ITEMS FOR SUBSEQUENT MEETINGS**

H1. Other Director/Staff discussion items

H1a. Item(s) for future board agendas

H1b. Announcements of upcoming events:

- Community Collaborative for Health & Wellness Committee (CCHW) meeting – Monday, April 17, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
- NCCCHI meeting – 1<sup>st</sup> Wednesday, May 3, 2017, 2:00-3:00pm Fallbrook Family Health Center, 1328 S Mission Rd., Fallbrook
- Finance Committee of the Whole meeting – Wednesday, May 3, 2017, Fallbrook Regional Health District Board Room
- Woman of Wellness – Thursday, May 4, 2017, 6pm – Fallbrook Library
- CSDA Special Districts Legislative Days – May 16<sup>th</sup> & 17th 2017, Sacramento

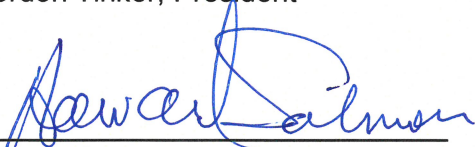
H2. Next Regular Board/Town Hall meeting – Wednesday, May 10, 2017, Fallbrook Public Utility District Board Room

**I. ADJOURNMENT**

There being no further business, the meeting was adjourned at 7:32 p.m.



Gordon Tinker, President



Howard Salmon, Vice President  
(In the absence of the Secretary)