

WOW to learn about acupuncture

FALLBROOK – The next Woman of Wellness (WOW) event will take place in the community room at the Fallbrook Library on Thursday, Nov. 3, from 6 to 7:30 p.m. Light, healthy refreshments will be available and the program will begin at 6:30 p.m. Attendees are asked to bring a non-perishable food item as a donation to the Fallbrook Food Pantry.

Woman of Wellness is pleased to welcome Randall Wegener, L., Ac., Dipl. Ac., MSTOM who will be presenting “Healing the Modern Woman with Ancient Medicine.” Attendees will learn

something about the history of acupuncture and its uses today, especially in the area of women’s health.

Please note: registration to attend is no longer required. Be sure to check in to receive a door prize ticket(s).

The Fallbrook Healthcare District is pleased to sponsor this program for women and invites every woman to sign up and attend these evenings to learn about paths to wellness for herself and her family. There is no cost to join or to attend.