

## HEALTH

# First Wednesday Outreach Program makes its debut



Members of the community gather resources from health and wellness representatives during the First Wednesday Outreach Program at the Fallbrook Community Center, Sept. 7.

Shane Gibson photos



Rose Brown-Salek receives information from SDG&E representative Carolyn Ortiz at the First Wednesday Outreach Program, Sept. 7. SDG&E provides information on how to lower utility bills and other programs for low-income households.



A CSUSM nursing school student provides a free blood screening to a guest attending the First Wednesday Outreach Program at the Fallbrook Community Center.



CSUSM nursing school student Aashna Shah, left, provides a blood screening for Lucy Taylor during the First Wednesday Outreach Program, Sept. 7.



Ann Wade, left, receives a free blood pressure check from CSUSM nursing school student Shelton Redden during the First Wednesday Outreach Program, Sept. 7. Participants receiving free health checks take their results home as well as having them kept on record by the CSUSM nursing school. Participants will be able to follow their health monthly during each First Wednesday Outreach visit at the Fallbrook Community Center.



Janine Loescher, left, receives information from Bo Gonzalez Jr. of the San Marcos Veteran Affairs during the First Wednesday Outreach Program, Sept. 7. The San Marcos VA provides counseling and support programs for veterans and their families.